STUDENT EXPERIENCE GUIDE
2019-2020
On behalf of the Office of Student Affairs & Services, and the University of Toronto Scarborough, welcome to our campus! You have made an excellent choice and we are happy to have you join our community.

The student experience guide provides an overview of the programs, services and other resources available to you. Together, our departments—Academic Advising & Career Centre, AccessAbility Services, Athletics & Recreation, Health & Wellness Centre, Department of Student Life & International Student Centre and Student Housing & Residence Life—are committed to supporting the academic and personal success of all students.

Whether you have questions about your academic or career options, seeking disability support, looking for ways to stay active, interested in joining a club, need to see a doctor or are exploring housing options—we have you covered. Make the most of your student experience and take advantage of the support and resources available.

See you around campus!

Best,
Desmond Pouyat
Dean of Student Affairs
STUDENT AFFAIRS

The Office of Student Affairs & Services, led by Desmond Pouyat, Dean of Student Affairs, supports the academic and personal success of students by ensuring that appropriate, efficient and student-friendly services are always in place.

The Office of Student Affairs & Services provides leadership and general oversight for the following student services:

- Academic Advising & Career Centre
- AccessAbility Services
- Athletics & Recreation
- Health & Wellness Centre
- Department of Student Life
- International Student Centre
- Student Housing & Residence Life

- 270+ clubs on campus
- 600+ work-study student opportunities
- 1,000+ student-run events held each year
- 1,500+ study spaces across campus
- 3,200+ international students from around the world
- 14,000+ undergraduate and graduate students

- UTSC Student Experience App
  The UTSC Student Experience App is a convenient way to access student services on the go and connect with campus events. This student app is free to download from the App Store and Google Play. Download and register:
  uoft.me/utscapp

- Academic Travel Fund
  Supports travel to academic conferences and meetings as well as research activities.

- Global Learning Travel Fund
  Supports travel for a field course, exchange, summer abroad course or an internship.

- Student Enhancement Fund
  Supports initiatives that enhance the quality of student life on campus.

- Partnership Fund
  Supports campus-wide collaborations that align with the strategic priorities of UTSC.

- Equity and Community Fund
  Supports equity-based initiatives on campus or in the local Scarborough community.

Are you interested in attending an upcoming academic conference? Do you have a new idea to improve student engagement? A number of funding opportunities exist for U of T Scarborough students.

The Office of Student Affairs & Services provides funding for undergrads to pursue their passions for expanding their academic and student experience. Students have travelled across the country, continent and overseas – while others hosted large campus events.

For more information on guidelines and deadlines, please visit the Student Affairs website:

uoft.me/utscfunding

Contact
- Arts & Administration Building, AA152
- 416-208-4760
- stuaff@utsc.utoronto.ca
- utsc.utoronto.ca/studentaffairs
- uoftscarborough
- utsc
- uoftscarborough

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The Academic Advising & Career Centre integrates academic advising, learning skills, career development and employment services through online tools, one-on-one appointments, workshops, info sessions, fairs and programs that offer workplace learning experiences. Working closely with our partner, AccessAbility Services, we are committed to student success.

**Programs**
- Get Started Academic Orientation
- Choosing Your Program Month
- Get Hired Conference
- Career Panels & Networking Sessions
- In the Field Program
- Partners in Leadership
- Extern Job Shadowing
- Multiple Mini Interviews Prep

**Services**
- Academic & Learning Skills Appointments
- Degree & Program Planning
- Study Skills & Strategies
- Exam Preparation Sessions
- Further Education
- Job Search Appointments
- Career Development & Exploration
- Resume Writing Tools
- Mock Interviews

The Career & Co-Curricular Learning Network (CLNx) is an online portal for student jobs, events, programs, learning resources and services. CLNx is a tri-campus platform and key resource for students to search for a variety of opportunities to get involved on campus.

To access CLNx, use your UTORid and password. Visit clnx.utoronto.ca and explore the many ways to make the most of your student experience.

**Fairs**
The Academic Advising & Career Centre offers several fairs throughout the year for connecting students with academic, work and volunteer opportunities.

- UTSC Get Experience Fair
- Graduate and Professional Schools Fair
- Summer and Full-Time Job Fair
AccessAbility Services provides services and academic accommodations to students who have a documented mental health, medical, learning, physical, or sensory disability. We lead campus accessibility and education initiatives for students, staff and faculty. We are also connected to the Academic Advising & Career Centre to support your academic and career success.

Academic Accommodations
- Additional time for tests and exams
- Note-taking services
- Conversion of print materials into multiple formats
- Access to assistive technology
- Communication services (e.g. sign language)

Other Services
- Disability-related counselling
- Learning skills and assistive technology training
- Socials to meet other students registered with the service
- Transition programming for incoming students
- Screening and referrals for learning assessments
- Referrals within the university and to community organizations
- Education to encourage and facilitate inclusive practices and accessibility on campus

Get Involved
As a volunteer with AccessAbility Services, you can increase the awareness of disability related issues and gain valuable leadership experience.

- Volunteer Note Taker
- Outreach Team Volunteer
- General Assistance Volunteer
- Work-Study Opportunities

Testimonials
“...the consultant who listened to me was very non-judgmental and understanding.”
“I appreciate the services the staff provided. It was a very welcoming environment and I had no problem interacting with anyone there. I also appreciate the accommodations provided to me as I believe it helped with my academic success this past year.”

Arts & Administration Building, AA142
416-287-7560
utsc.utoronto.ca/ability
ability@utsc.utoronto.ca
Athletics & Recreation is a hub for healthy living and physical activity on campus. Our home, the Toronto Pan Am Sports Centre, is a state-of-the-art facility that features the following amenities: Two Olympic-size pools, 10-metre dive tank, four gymnasiums, 200-metre track, 41-foot climbing wall, two-storey fitness centre and three multi-purpose studios. Working closely with our partner, the Health & Wellness Centre, we are committed to supporting a healthy campus for students.

Fitness & Recreation
- Group Fitness
- Registered Programs (Dance, Martial Arts, Archery and more)
- Aquatics
- Climbing Wall
- Outdoor Recreation
- Women’s Programming
- Walking and Running Trails

Sports
- Tennis
- Drop-in Sports
- Learn to Play Program
- Interhouse League (Recreational & Competitive)
- Intramural League: Basketball, Field Hockey, Flag Football, Ice Hockey, Lacrosse, Soccer, Ultimate Frisbee and Volleyball.

Outdoor Recreation Program
Come experience the serenity, peaceful and adventurous world of the great outdoors on one of our many trips this year:
- Outdoor Rock Climbing
- Treetop Trekking
- Kayaking
- Whitewater Rafting
- Hiking
- Dragon Boating
- Ski and Snowboarding
- Snowshoeing and Tubing

Testimonials
“Women’s fitness hours are a positive space for women to workout and stay active.”
Corinne Smith – Women’s Fitness Ambassador

“The UTSC Swim Club has allowed me to develop my leadership skills while engaging in an activity I’m passionate about.”
Chengli Yang – UTSC Swim Club Member

1,108 recreational club members
590 intramural sports participants
HEALTH & WELLNESS CENTRE

The Health & Wellness Centre is here to support your health and well-being! We have a dedicated team of health care professionals who provide confidential medical care, nursing support and counselling, along with health promotion and health education services to students. We are also connected with Athletics & Recreation to deliver collaborative programming designed to keep you healthy.

Health Services
Doctors and nurses are available to provide assessment, treatment and support for a variety of health concerns and illnesses, in addition to:
- First Aid
- Flu Shots
- Immunization and Vaccines
- Sexual Health
- Nutritional Health

Counselling Services
Counsellors are available to support students providing individual and group therapy through:
- Same Day Walk-In Support
- Short-Term Counselling
- Weekly Groups
- Drop-In Groups

Counsellors are also embedded in various departments across the campus.

Wellness On Campus
The Health & Wellness Centre supports healthy lifestyles through health promotion programs, events and initiatives working with students, staff, faculty and community partners. The Wellness Peer Programs are teams of student volunteers doing outreach across campus to share information on various health topics. Teams include:
- Health & Wellness Centre Ambassadors
- Mental Wellness
- Nutritional Health
- Party In The Right Spirit
- Sexual Health

Wellness Peer Programs
Teams of student volunteers doing outreach across campus to share information on various health topics.

Mental Health Network & Sexual Health Collaborative
By building community capacity through partnerships and collaborations with students, staff, faculty and community partners, the Health & Wellness Centre addresses awareness, stigma, training and programming on mental health and sexual health issues that are relevant to post-secondary students. All are welcome to join these initiatives! Email health-services@utsc.utoronto.ca for more information.

21,207 visits to the Health & Wellness Centre
84% reported needs were met by a counsellor

7,365 connections by health promotion outreach
95% reported they would recommend HWC

Student Centre, SL270
416-287-7065
health-services@utsc.utoronto.ca

utsc.utoronto.ca/hwc

utschealthandwellness

wellnessutsc

wellness_utsc
The Department of Student Life offers leadership development, community engagement and work-integrated learning opportunities that support student engagement and experiential learning outside the classroom.

Programs & Services
- Co-Curricular Record (CCR)
- First Year Experience Program
- LEAD Program
- Indigenous Outreach
- Multi-Faith Engagement
- Imani Academic Mentorship Program
- Campus Groups Recognition and Support
- Community Engagement and Outreach Programs
- First Year Learning Communities

Community Engagement
Students have the opportunity to engage in short- and long-term opportunities within the Scarborough community. Participating in a Community Day event, Alternative Reading Week, or a Community Action Project is a great way to learn about working collaboratively in communities and gain valuable hands-on experience.

Co-Curricular Record
Build your experience and get recognized by U of T for your active involvement. Learn how you can find opportunities beyond the classroom and have your experiences captured on an official document. Use the CCR database to search for opportunities and record your accomplishments.

Visit uoft.me/utscccr to learn more.

First Year Experience Program
Every first year student is automatically enrolled in the First Year Experience Program! Each first year student gets access to a dedicated First Year Peer Advisor for the full year and are invited to attend our weekly cafes, workshops and socials!
The International Student Centre provides support to international students studying at UTSC and to all students seeking a global educational experience. Our team of immigration and transition advisors are available to assist you with settling into university life.

**Programs & Services**
- Immigration and Transition Advising
- Global Learning Opportunities Here and Abroad
- Conversational English Language Development
- Intercultural Learning and Programming

**Immigration Advising**
Immigration advisors support international students on a wide range of topics:
- Temporary Resident Visas (TRV)
- Study Permit
- Off-Campus Work Permit
- Co-op Work Permit
- Post-Graduation Work Permit
- Social Insurance Number (SIN)
- Individual Tax Number (ITN)

**Global Learning Opportunities**
Studying abroad provides students with a unique opportunity to travel the world, immersing themselves in different cultures while earning academic credits. We have international programs for students to study, research, or work abroad!
- Student Exchange Program
- Summer Abroad
- Summer Research Exchange Program
- Explore Program

**University Health Insurance Plan**
The University Health Insurance Plan (UHIP) is a mandatory medical insurance plan for all international students. Each year when you enroll in courses and pay your fees, you will automatically be enrolled in UHIP for the 12 month period. The International Student Centre is available to guide you through the UHIP registration process and supplementary health plans.
Residence fosters a safe, fun and inclusive community that offers a range of social and extracurricular activities that support your academic achievement and personal development. We are here to help guide your transition to living in residence and off-campus.

**Living in Residence**

Students living in residence play an integral and active role directly informing and shaping their residence experience. Residents can create their own experiences by joining the Student Housing Advisory Committee (SHAC), the Scarborough Campus Residence Council (SCRC), or by applying to be a part of the Residence Life Team as a Residence Advisor (RA) or Residence Engagement Facilitator (REF).

Students living in residence have access to support whenever they need it through their RA. RAs are upper year students with significant training and are available 24/7 to help residents with any concerns they may have, and to build community through events and programming. Students living in residence also have access to free counselling through the full-time Residence Counsellor.

**Living Off-Campus**

We offer off-campus housing services including workshops, advising and resources for:

- Housing Search and Listings
- Tenant Rights and Responsibilities
- Lease Agreements
- Costs, Commutes and Community Information

**Testimonials**

“I value the support I received in my personal development, the growth I was able to achieve outside of the classroom and the lifelong friendships I was able to make by being in residence.”

“My residence experience helped me look at the world from different perspectives so as to understand and empathize with students from different cultural, social and academic backgrounds.”

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**50+ residence orientation events**

**925 residence spaces in 2019-20**

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Residence Centre

416-287-7365

utsc.utoronto.ca/residences

residences@utsc.utoronto.ca
ADDITIONAL SERVICES

Centre for Teaching & Learning
utsc.utoronto.ca/ctl

Information & Instructional Technology Services
utsc.utoronto.ca/iits

Registrar’s Office
utsc.utoronto.ca/registrar

Registrar’s Office supports students with registration, financial needs, scholarships, awards, exams, graduation, petitions and TCards. The Registrar’s Office specializes in understanding University policies and procedures to ensure the quality of the support students receive meets their individual needs.

Scarborough Campus Students’ Union
scsu.ca

Scarborough Campus Students’ Union are the elected student representatives that advocate on behalf of all undergraduate students. A range of student services are available including: TTC metropasses, health and dental plan, lockers, graduation photos and many other social events throughout the year.

UTSC Library
utsc.library.utoronto.ca

The UTSC Library offers an extensive network of scholarly materials in digital, visual, audio and print formats to support students. UTSC students also benefit from full access to the entire U of T Library system. Computer stations and study spaces are available as well as assistance in-person, by telephone, email or online chat service.

QUICK LINKS

ACM Connects | www.utsc.utoronto.ca/acm/acm-connects
Admissions & Student Recruitment | www.utsc.utoronto.ca/admissions
Alumni | www.utsc.utoronto.ca/alumni
Bookstore | www.uoftbookstore.com
Campus Community Police | www.utsc.utoronto.ca/police
CopyKats Printing Services | www.utsc.utoronto.ca/businessdev/copykats
Doris McCarthy Gallery | www.utsc.utoronto.ca/~dmg

Equity and Diversity Office | www.utsc.utoronto.ca/edo
Food and Beverage Services | www.utsc.utoronto.ca/programs/utscfood
Meal Plans | www.utsc.utoronto.ca/businessdev/meal-plans
Parking Services | www.utsc.utoronto.ca/parking
Sexual Violence Prevention and Support Centre | www.safety.utoronto.ca
TCard | www.tcardplus.utoronto.ca
Toronto Pan Am Sports Centre | www.tpasc.ca
SERVICES

OFFICE OF STUDENT AFFAIRS & SERVICES
Arts & Administration Building, AA152

ACADEMIC ADVISING & CAREER CENTRE
Academic Resource Centre, AC213

ACCESSIBILITY SERVICES
Arts & Administration Building, AA142

ATHLETICS & RECREATION
Toronto Pan Am Sports Centre

HEALTH & WELLNESS CENTRE
Student Centre, SL270

DEPARTMENT OF STUDENT LIFE
Student Centre, SL157

INTERNATIONAL STUDENT CENTRE
Highland Hall, HL448

STUDENT HOUSING & RESIDENCE LIFE
Residence Centre