Getting Ready for Your First Year
First year courses are designed to offer you core foundational knowledge that will prepare you for your second year at UTSC. Find your program below, and follow the first year course enrolment guide for your first year at the University for Toronto Scarborough.

Specialist Program in Mental Health Studies (Coop/Non-Coop)
- PSYA01H3 – Introductory Psychology: Part I
- PSYA02H3 – Introductory Psychology: Part II

Specialist Program in Psychology (Coop/Non-Coop)
- PSYA01H3 – Introductory Psychology: Part I
- PSYA02H3 – Introductory Psychology: Part II

Major Program in Mental Health Studies
- PSYA01H3 – Introductory Psychology: Part I
- PSYA02H3 – Introductory Psychology: Part II

Major Program in Psychology
- PSYA01H3 – Introductory Psychology: Part I
- PSYA02H3 – Introductory Psychology: Part II

Minor Program in Psychology
- PSYA01H3 – Introductory Psychology: Part I
- PSYA02H3 – Introductory Psychology: Part II

***Students may choose to take PSYB07H3 in their first year. This is only recommended for students who have a working knowledge of algebra, and are prepared to study the theory and application of statistics. Please speak with an academic advisor if you are considering taking this in your first year.

Elective Courses
Once you have selected courses to fulfill your first year program requirements, it’s time to think about electives to fill up your schedule. Electives are an essential part of your undergraduate studies, and are requirements for your overall University of Toronto degree.

Determine How Many Courses You Will Take in First Year
Your program requirements as a first year student will not be enough to fill your timetable. A standard course at UTSC is 0.5 credits.

A full-time student can take between 1.5 – 2.5 credits. This is equivalent to three, four, or five courses per semester. A student who wishes to complete their undergraduate degree in four years should aim to complete 5.0 credits in the Fall and Winter semester. You may also choose to reduce your course load, and take courses in the Summer semester. Find a balance that’s right for you.

Academic Support at UTSC
Academic Advising & Career Centre
AccessAbility Services
Office of the Registrar

Track your academic progress online with Degree Explorer
www.rosi.utoronto.ca/degree_explorer.php
This online assessment tool will show you which courses you have completed, which are pending, which are outstanding, and more.

Use this resource with the 2016-2017 Calendar on our website for a comprehensive understanding of your program requirements and expectations.