Getting Ready for Your First Year

First year courses are designed to offer you core foundational knowledge that will prepare you for your second year at UTSC. Find your program below, and follow the first year course enrollment guide for your first year at the University for Toronto Scarborough.

Please use this resource with the Calendar for a comprehensive understanding of your program requirements and expectations.

Health Studies: Population Health – Major Program (Coop and Non-Coop)

- BIOA11H3 – Introduction to the Biology of Humans
  OR
- BIOA01H3 – Life on Earth: Unifying Principles &
  BIOA02H3 – Life on Earth: Form, Function, and Interaction
- HLTA02H3 – Foundations of Health Studies I
- HLTA03H3 – Foundations of Health Studies II

*Please note: Students who choose to complete BIOA01H3 & BIOA02H3 instead of BIOA11 will only receive 0.5 credit toward the program.

Health Studies: Health Policy – Major Program (Coop and Non-Coop)

- HLTA02H3 – Foundations of Health Studies I
- HLTA03H3 – Foundations of Health Studies II

Elective Courses

Once you have selected courses to fulfill your first year program requirements, it’s time to think about electives to fill up your schedule. Electives are an essential part of your undergraduate studies, and are requirements for your overall University of Toronto degree.

Determine How Many Courses You Will Take in First Year

Your program requirements as a first year student will not be enough to fill your timetable. A standard course at UTSC is 0.5 credits.

A full-time student can take between 1.5 – 2.5 credits. This is equivalent to three, four, or five courses per semester. A student who wishes to complete their undergraduate degree in four years should aim to complete 5.0 credits in the Fall and Winter semester. You may also choose to reduce your course load, and take courses in the Summer semester. Find a balance that’s right for you.

Academic Support at UTSC

Academic Advising & Career Centre
AccessAbility Services
Office of the Registrar

Track your academic progress online with Degree Explorer

www.rosi.utoronto.ca/degree_explorer.php
This online assessment tool will show you which courses you have completed, which are pending, which are outstanding, and more.

Use this resource with the 2016-2017 Calendar on our website for a comprehensive understanding of your program requirements and expectations.