



UNIVERSITY OF  
**TORONTO**  
SCARBOROUGH

## UNIVERSITY OF TORONTO SCARBOROUGH DEPARTMENT OF PSYCHOLOGY

### AREAS OF STUDY

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**Psychology** is that branch of science which seeks to understand behaviour and mind. Why organisms - human and infrahuman - act as they do is one of the most compelling and longstanding questions in the history of human thought, and psychology addresses this question through scientific enquiry. Our program in psychology offers the opportunity to understand and further inquire into various areas of psychology: how humans learn, adapt, and remember; how they change over their lifetimes; how they are affected by the presence of others; and, how their behaviour relates to their physiological functions.

**Mental Health Studies** focuses on pathologies of the mind. It seeks to understand the causes of mental disorders from the level of the brain to the impact on everyday life. Some mental health challenges are normal and can arise as a result of certain life experiences whereas others are more severe, pathological and debilitating. Mental Health Studies explores this continuum and applies the science of psychology to their assessment, diagnosis and treatment.

**Neuroscience** encompasses aspects of a variety of disciplines that have the common goal of understanding how the nervous system works. Techniques from constituent disciplines like anatomy, biochemistry, molecular biology, pharmacology, physiology, psychology and zoology are used to unravel some of the mysteries of the brain and its mechanisms of action, including dysfunctions.

### CONTACT US

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[psychology-undergraduate@utsc.utoronto.ca](mailto:psychology-undergraduate@utsc.utoronto.ca)



[www.utsc.utoronto.ca/psych](http://www.utsc.utoronto.ca/psych)



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## WHY STUDY PSYCHOLOGY AT UTSC?

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**Flexibility.** At UTSC, we purposefully keep our entrance requirements light, in respect of the fact that psychology is an incredibly diverse field, with very mathematical areas at one end of the continuum (e.g. neuroscience and brain imaging), to very qualitative, non-mathematical areas at the other end (e.g., qualitative assessment of feelings). Our programs cover the core content areas within the discipline of Psychology, while allowing students the flexibility of focusing on areas of most interest to them.

**Excellence in Teaching.** Our first year Introductory Psychology course (PSYA01) is the largest course of all three U of T campuses, demonstrating its wide appeal. PSYA01 is taught by Dr. Steve Joordens - an instructor that has won the highest teaching award in Canada, the 3M National Teaching Fellow. Over the years, many of our faculty have been recognized for excellence in teaching.

**Diverse Instructional Techniques.** The UTSC Psychology department supports diverse methods of learning, with many of our first and second year courses available in a "WebOption" format. This instructional innovation created by Psychology faculty involves lectures being videotaped and made available online to registered students. Students can choose to attend in-class lectures, watch online, or both!

**Hands-on Learning.** UTSC offers co-operative programs in Psychology, Mental Health Studies, and Neuroscience. These programs give students on-the-job learning within full-time, salaried work terms in industries, organizations and businesses relevant to their field of study.

**Clinical Psychology.** UTSC psychology is arguably the best of the 3 U of T campuses if your goal is to prepare for a career in Clinical Psychology. We house U of T's only research-based graduate program in Clinical Psychology.

**Mental Health & Social Work.** UTSC is the only U of T campus that offers an undergraduate specialization in Mental Health Studies. We also offer a combined BSc & Masters of Social Work Program for students in the Mental Health Studies stream.

**Careers.** The study of psychology can lead to a breadth of career options. Our graduates have gone on to careers in a number of different fields, including: Addictions Counselling, Social Work, Medical Research, Imaging Analysis, Game Design, Human Resources, and Education.

I've been accepted into the "Psychological and Health Sciences" admissions category. What does that mean?

This broad admissions category encompasses three different program areas offered at UTSC:

- Psychology (offered by the Department of Psychology)
- Mental Health Studies (offered by the Department of Psychology)
- Population Health Studies (offered by the Department of Anthropology)

Despite having been accepted into this particular category, once you're here you are not restricted to programs in these areas. You are welcome to enroll in any UTSC courses for which you have the necessary high school prerequisites!

### Choosing Your Program(s)

At the end of the first year, you will need to select your programs. You must choose to complete one of the following program combinations:

- One Specialist program, or
- Two Major programs, or
- One Major and two Minor program

Some programs have unlimited enrollment (anyone can take them!) and some have specific admission requirements (such as the completion of certain courses, and/or GPA requirements). Learn more at: [uoft.me/choosing](http://uoft.me/choosing)

### Programs in the Department of Psychology

Our department offers the following:

Psychology	Mental Health Studies	Neuroscience
<ul style="list-style-type: none"><li>• Co-op Specialist</li><li>• Specialist</li><li>• Major</li><li>• Minor</li></ul>	<ul style="list-style-type: none"><li>• Co-op Specialist</li><li>• Specialist</li><li>• Major</li></ul>	<ul style="list-style-type: none"><li>• Co-op Specialist</li><li>• Specialist</li><li>• Major</li></ul>

*(Note: programs in Psychology and Mental Health Studies cannot be combined)*

The courses required for each program are outlined in the UTSC Calendar:

Psychology & Mental Health Studies:

[uoft.me/2017-UTSC-PSY](http://uoft.me/2017-UTSC-PSY)

Neuroscience:

[uoft.me/2017-UTSC-NRO](http://uoft.me/2017-UTSC-NRO)

Student typically complete 5 half-courses each semester. The sample schedules provided below are examples only – you will select your courses based on your interests and intended program(s)! More info in the registration guide:

<http://www.utsc.utoronto.ca/registrar/registrars-guide>

## I'm interested in Neuroscience! What might my first semester look like?

### COURSES:

#### \* PSYA01

Introductory Psychology: Part I

#### \* BIOA01

Life on Earth: Unifying Principles

#### \* CHMA10

Introductory Chemistry I:  
Structure and Bonding

#### PHYA11

Physics I for the Life Sciences

#### MATA30

Calculus I for Physical Sciences

\* = required for admission to  
Neuroscience programs

	Mon	Tues	Wed	Thurs	Fri
9:AM	PSYA01		PSYA01		PSYA01
10 AM					BIOA01
11 AM		BIOA01		BIOA01	
12 PM	CHMA10	BIOA01 Lab	CHMA10		CHMA10
1 PM				PHYA11 Lab	
2 PM					
3 PM			PHYA11		
4 PM					
5 PM		MATA30		MATA30	
6 PM					
7 PM			MATA30 Tutorial		
8 PM					

## I'm interested in Psychology or Mental Health Studies! What might my first semester look like?

### COURSES:

#### \* PSYA01

Introductory Psychology: Part I

#### STAB23

Introduction to Statistics for the  
Social Sciences

#### SOCA03

Introduction to Sociology

#### HLTA02

Foundations of Health Studies I

#### VPMA73

Concert Band Ia

\* = required for admission to  
PSY/MHS programs

	Mon	Tues	Wed	Thurs	Fri
8AM			STAB23		
9:AM	PSYA01		PSYA01		PSYA01
10 AM	STAB23 Tutorial		HLTA02 Tutorial		
11 AM		HLTA02			
12 PM				STAB23	
1 PM					
2 PM		STAB23		SOCA03	
3 PM					
4 PM					
5 PM				VPMA73	
6 PM					