Practicum Site Brochures

December 2018

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2019-2020

Director-of-Training: Dr. Christine Sloss

Clinical Practicum Training
Program in Psychology
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General Information

Practicum Site: Broadview Psychology
Clinic Director: Dr. Christine Sloss, Ph.D., C. Psych.
Practicum Coordinator: Maggie Stein
Email: mstein@broadviewpsychology.com
Clinic Phone: 647-348-5140
Overview of Broadview Psychology

Broadview Psychology is situated in a large house on Broadview Avenue, just north of the Broadview Subway Station. We have a secondary office in Stouffville, Ontario to increase access to our services for clients north of Toronto. Our Broadview Psychology team consists of fourteen clinicians, including psychologists, social workers, psychology interns and students, a behaviour therapist and a dietician. We work as a team to provide a range of assessment and treatment services to children, adolescents, families, couples and adults.

Broadview Psychology has a particular specialization in offering adherent and comprehensive Dialectical Behaviour Therapy (DBT) to individuals with Borderline Personality Disorder (BPD), substance use disorders, Bipolar Disorder, eating disorders, anxiety disorders, depressive disorders and other forms of emotion dysregulation. We have a unique DBT program for children and their families, as well as DBT programs for young adolescents, adolescents, young adults, and adults. We offer 9 DBT skills groups (for different ages), 3 advanced DBT skills grad groups, 4 parent DBT skills groups, and 1 partner/family member DBT skills group. In addition, we offer CBT groups for mood and anxiety problems for adolescents, young adults and adults. We also offer adjunctive behaviour therapy (e.g. behavioural activation, exposure therapy) and educational/employment coaching.

We promote prevention by providing treatment and support to individuals experiencing difficult life circumstances, whether or not they are exhibiting mental health challenges. We focus on clients’ strengths and resources, and how these help them to cope with and adapt to stressful life experiences. We work with clients within their context, and whenever relevant, involve family members, partners, friends, teachers and community members. We strive to listen, understand and validate our clients and families. We work with other professionals within the community to provide coordinated, holistic and informed services. We use treatment approaches with research evidence of their effectiveness. We continue to expand our knowledge of empirically validated treatments, such as CBT, DBT, RO-DBT, EFT and ACT, through reading, consultation and continuing education.
Advanced Practicum at Broadview Psychology

We, the Broadview Psychology team, are excited to meet you and hope that we will get the chance to work with you next year.

We believe that we offer a unique and rich practicum in adult, adolescent and/or child clinical psychology.

If you join our team at Broadview Psychology, you will:

- Work with diverse ages and clients.
- Work with at least five-six clients individually using CBT or DBT.
- Learn how to provide text/phone coaching.
- Co-facilitate at least one DBT or CBT group.
- Receive individual supervision (of an hour weekly) from one or more of the following psychologists: Dr. Christine Sloss, Dr. Michele Locke, Dr. Stacey Schell, Dr. Kevin Corney, Dr. Leann Lapp or Dr. Christine Klinkhoff.
- Receive feedback from audiotaped sessions.
- Participate in weekly 2-hour DBT consultation team meetings.
- Participate in regular trainings that are offered by our clinic, including an extensive training in providing DBT to adolescents and families.
- Receive informal consultation from many clinicians in the clinic.
- Learn about work in a private practice.

**Hours**: 16-hours per week.

**Days**: We require you to be present on Wednesdays for a DBT consultation team lunch and meeting and a weekly DBT training. The other hours/days are negotiable.

**Length**: We ask that you do a minimum of 10-months, as we primarily work with longer term clients and want to give you more time to learn to provide DBT.

**Perks**: We extensive offer on-site training, team lunches, financial coverage to attend one day of training off-site, and periodic team building events.

**Educational Training/Research Opportunities**:

Practicum students will have the opportunity to learn DBT and CBT (and perhaps also RO-DBT, ACT and EFT), through supervision, observation, reviewing videotapes, and regular team trainings with internal and external psychologists. Additionally, Practicum students are able to assist in program evaluation, assessments and additional research projects.

Broadview Psychology offers a 13-week, *Practicing DBT with Adolescents and Families*, training course each fall. **This training would be a mandatory requirement** for those wishing to complete their practicum at Broadview Psychology.

Broadview Psychology will pay for one day of an off-site training/workshop that is relevant.
Supervision and Consultation

Individual Supervision:

- Once weekly on an individual basis with one or more supervisors.

Team Consultation:

- A 2-hour DBT consultation team meeting once weekly.

Practicum Supervisors

Dr. Christine Sloss, Ph.D., C.Psych.

Broadview Psychology Clinic Director

Dr. Sloss is a licensed clinical psychologist with over 20 years of experience working with children, youth, parents, families, couples and adults. She treats clients struggling with mood and anxiety disorders, eating disorders, personality disorders (e.g. BPD), addictions, trauma, relationship issues, and family or parenting challenges.

Christine is competent providing a range of treatments, and has a particular specialization in DBT, RO-DBT, and CBT. In all of her work, Christine is empathic, compassionate and caring. She focuses on clients’ strengths and resilience, believes in them, and is dedicated to helping them live healthy and meaningful lives. She has a strong family focus and seeks to involve families, partners, or parents in treatment whenever relevant. Christine relies on research to inform her work, and is able to be flexible and creative to adapt empirically validated treatments to the unique needs and responses of individual clients and families.

Dr. Michele Locke, Ph.D., C.Psych.

Program Lead for Adolescent DBT

Dr. Locke graduated with her doctorate from the Clinical Developmental Psychology program at the University of Guelph. Michele works with children, youth, parents and families using a variety of therapeutic approaches based on the needs of her clients. Her training and experience is primarily in cognitive-behavioural therapy (CBT), trauma-focused cognitive behavioral therapy (TF-CBT), and dialectical-behaviour therapy (DBT).

Michele strives to work collaboratively with her clients in an effort to provide a positive therapeutic experience. Her goal is to ensure clients and families are active participants in developing treatment goals and plans, in order to best facilitate positive change. Michele aims to provide the most appropriate evidence-based care, though ensuring interventions are individualized to meet client needs. She believes strongly in the importance of promoting resilience, building interpersonal strengths, early intervention,
and open dialogue/collaboration with her clients. Where possible and appropriate, Michele aims to include caregivers in children’s care.

**Dr. Stacey Schell, Ph.D., C.Psych.**
*Program Lead Psychological Assessment and Program Evaluation*

Graduated with a Ph.D in Clinical Developmental Psychology from the University of Guelph. In her clinical work with clients, Stacey works with children, youth, young adults, and their parents. She is committed to client-centred practice, and approaches her work in a manner that emphasizes autonomy and engages youth and families in the process of assessment and treatment.

Stacey has extensive experience working with clients with a variety of mental health concerns (e.g., anxiety, mood, trauma, suicidal and self-harm behaviour, behaviour difficulties, substance use, eating issues). She provides several forms of evidence-based treatment, including: Dialectical Behaviour Therapy (DBT), Cognitive Behavioural Therapy (CBT), Trauma-Focused Cognitive Behavioural Therapy (TF-CBT), and Prolonged Exposure (PE). Stacey also has extensive training in providing comprehensive psychological assessments for youth experiencing complex difficulties in the areas of learning, attention, behaviour, and social-emotional functioning.

**Dr. Kevin Corney, Ph.D., C.Psych.**

Dr. Corney has a doctoral degree in Clinical and Counselling Psychology from the University of Toronto (OISE/UT). Kevin works with adults and adolescents using primarily cognitive-behavioural therapy (CBT) dialectical-behaviour therapy (DBT) and Emotion Focused Therapy (EFT) approaches.

Prior to joining Broadview Psychology, Kevin worked for eight years as a therapist and assessor at another private clinic in Toronto. He completed his pre-doctoral internship at Ontario Shores Centre for Mental Health Sciences in both psychiatric adult inpatient and forensic units. He has worked previously as a career counselor, as a group facilitator at Wellspring (cancer support centre) and has had additional clinical training at Ontario Shores’ Adolescent Inpatient Services and the University of Toronto’s Health and Wellness Centre (formerly the Counselling and Psychological Services).

**Dr. Leann Lapp, Ph.D., C.Psych (Supervised Practice until December 2018)**

Dr. Lapp graduated with a PhD in Clinical Psychology from Ryerson University. She works with adults and older adults experiencing issues such as depression, anxiety (generalized anxiety, health anxiety, social anxiety, phobias, panic disorder), OCD, insomnia, psychosis, and personality disorders. She provides empirically-supported treatments such as CBT and DBT, tailoring these approaches to each of her individual clients. Leann is currently continuing her professional training to expand her work with athletes and other high performers.
Dr. Christine Klinkhoff, PysD., C.Psych.  (Supervised Practice until December 2018)

Dr. Klinkhoff received her Doctorate in Clinical Psychology at the Philadelphia College of Osteopathic Medicine, and completed her internship at Northwell Health in New York. She has experience working with adolescents and adults in both outpatient and hospital settings, and has received extensive training in CBT, ERP, and DBT.

Christine utilizes a collaborative approach to treatment that is goal-directed and skills-focused. Her specialties include treating mood and anxiety disorders, Obsessive Compulsive Disorder, and Borderline Personality Disorder. She incorporates evidence-based interventions with the aim of helping clients achieve greater self-awareness as they work toward their treatment goals.
Practicum Application Overview

Applications are to include:

1. The completed *Broadview Psychology: Psychology Practicum Placement Form* (see below on the last page of this Information Package)
2. A one page statement of training goals and objectives
3. An up-to-date curriculum vitae (CV)
4. Three letters of reference (one from academic; two from previous clinical positions/practica)
5. Transcript (optional)
6. On-site interview

Please assemble all materials (except reference letters) prior to submission, and email them to Maggie Stein at mstein@broadviewpsychology.com. Please ask referees to email reference letters with the name of the applicant in the subject line.

Once your completed application is received, and deemed completed, your application will be sent to potential supervisors for selection. If selected, we will contact you for an interview. Most interviews take place within 4 weeks of the application deadline.

* Further recommendations: Given that Broadview Psychology works with a complex client population, we would recommend that students apply to Broadview Psychology after completing one clinical and one assessment practica. We would also recommend that they have attended at least one DBT training workshop (though this is not necessary)

Broadview Psychology participates in *Common Notification Day* with other GTA sites which is **WEDNESDAY MARCH 22, 2018**. You will be notified that day if we are offering you a placement. **If your university does not have an affiliation agreement with Broadview Psychology, this will need to be obtained before your acceptance.**
Broadview Psychology:
Psychology Practicum Placement Form
For 2019-2020 Academic Term

(Applications are due on or before February 1, 2019)

Contact Information
Full Name:
Address:
Telephone:
Email Address:

Educational Information
University Affiliation:
Director of Clinical Training:
Program Title:
Level of Practicum Seeking: M.A_____ Ph.D_____
Area of Interest: Child/Adolescent ____ Adult____ Both _____

Anticipated Start Date of Practicum: _________
WHO WE ARE

CITC, founded in 2003 by Dr. Carolina McBride, is a leading psychology practice that offers specialized treatment in Cognitive Behaviour Therapy (CBT) and Interpersonal Psychotherapy (IPT) to adults, adolescents, children and couples. Both CBT and IPT are empirically-proven, highly effective treatments, and have become the preferred treatment for most emotional and behavioural concerns. Our team is made of Clinical Psychologists and M.A. level Psychotherapists who have extensive experience in CBT and IPT. We are also a teaching centre and have M.A. and Ph.D. level student therapists at a reduced sliding scale rate.

CITC embraces the vision that both cognitive and interpersonal factors play a significant role in psychological health, and that by making changes to the ways in which you think and relate to others, you can have a profound positive impact on your day-to-day functioning.

At CITC we believe that our services should offer you the best of these empirically validated treatments, and with that in mind we personally tailor treatment to meet your specific needs.

CONTACT

Yonge & Eglinton Centre
20 Eglinton Ave West, Suite 1007
Toronto, ON, M4R 1K8
416-570-5050
info@citcassociates.com

For more information on the services we provide, please visit our website at...

www.citcassociates.com

TAKE CHARGE OF YOUR MENTAL HEALTH
WHAT WE OFFER

CITC offers Psychological assessment and treatment for adults, adolescents, children and couples. We specialize in Cognitive Behaviour Therapy and Interpersonal Therapy, and treat a large range of problems including:

Mood Disorders
- Major / Minor / Subclinical Depression
- Bipolar Disorder

Anxiety Disorders
- Generalized / Social Anxiety
- Health / Subclinical Anxiety
- Panic Disorder
- Specific Phobias
- OCD (Obsessive Compulsive Disorder)
- PTSD

Other Issues
- Insomnia & Sleep / Eating Disorders
- Interpersonal and Relationship Problems
- Grief and Bereavement and Other Losses
- Difficulty Coping With Medical Illness
- Postpartum Depression and Anxiety
- Coping with Infertility
- Coping With Chronic Illness
- Transitions and Adjustments
- Trauma
- Chronic Pain

Health & Wellness
- Stress / Anger Management & Reduction
- Improving Self-Esteem
- Lifestyle Changes & Well Being
- Conflict Resolution

WHAT IS CBT?

Cognitive Behaviour Therapy (CBT) is a short-term therapy that emphasizes the role of thinking in how we feel and what we do. This type of therapy focuses on the relationship between a person’s thoughts, behaviours, and emotions and the role that they play in a person’s symptoms, daily functioning and quality of life. By focusing on your thought patterns, changes can be made to your mental health and well being.

Research studies have shown that CBT is an effective treatment for a wide range of psychological problems including anxiety, depression, eating disorders and insomnia. CBT is also helpful in teaching you stress management and relaxation techniques. In fact, studies that have looked at people’s brains before and after treatment have shown that engaging in CBT treatment can have a profound positive effect on brain activity, suggesting that the brain is actually improving its functioning because of this treatment.

WHAT IS IPT?

Interpersonal Psychotherapy (IPT) is a short-term therapy that emphasizes the role of interpersonal issues and relationships. The focus of therapy is on interpersonal stressors in your life, and how they relate to psychological distress. Usually these involve a recent transition, a dispute, a recent loss, or negative interpersonal patterns. Once these interpersonal issues are resolved, you will find that your quality of life will improve, and your relationships with others will strengthen.

Research studies have shown IPT to be an effective treatment for a range of issues for both adults and adolescents including depression, anxiety, stress, and eating disorders. IPT is also helpful for improving interpersonal relationships, increasing self-esteem, teaching you how to effectively communicate and take leadership roles, and giving you a sense of confidence in interpersonal situations.

FAQ

How Do I Book an Appointment?
If you would like to be considered for treatment call 416-570-5050 or email info@citicassociates.com. An appointment will be scheduled with one of our therapists who will conduct a comprehensive intake interview and determine the need for psychological treatment. You or your family doctor can also fill out the referral form on our website www.citicassociates.com.

What Will Happen in the First Session?
The goal of the first session is to fully assess the nature of your personal situation and formulate an appropriate plan of treatment. On occasion, this assessment process may include psychological testing or consultation with other sources such as your family doctor. Once the full assessment is complete, your therapist will review your treatment recommendations and options and will develop an appropriate treatment plan for you.

Do I Need to Choose Either CBT or IPT?
No. All of the therapists at CITC are trained in both CBT and IPT, and both therapies complement each other well. However, at times, one therapy approach will be recommended over the other. You and your therapist will discuss the different treatment options during the first session and come up with a good treatment plan that best suits your needs.

How Long Will Therapy Last?
The frequency of your appointments will be determined during the first few therapy sessions, and will vary depending upon your specific needs. Usually, after six to eight sessions, you and your therapist will discuss your progress. Treatment goals will be reviewed periodically and may be revised when necessary.

Are Psychological Services Covered by OHIP?
Psychological services are not covered by OHIP, but are partially covered by extended health insurance plans. The coverage for each carrier is different, so please check your plan to see what the coverage is for psychological services and the claim procedure. Our fees follow the guidelines set by the Ontario Psychological Association (OPA).
Centre for Student Development & Counselling

Set in the heart of Ryerson's downtown campus, Ryerson is home to more than 35,000 full-time undergraduate students and 3,000 graduate students. Practicum and internship settings at Ryerson University provide exciting opportunities to work with an exceptionally diverse student body through the Centre for Student Development and Counselling.

The focus of training opportunities at Ryerson will include:

• cognitive behavioural therapy for depression and anxiety disorders
• emotion focused therapy for depression, anxiety disorders and trauma
• group therapy training: CBT for depression, generalized anxiety or social anxiety; support for eating disorders, emotion-focused therapy targeting critic splits; mindfulness meditation for stress reduction; relationship lab; facing loss, etc.
• crisis intervention skills, suicide risk assessment training

CBT: Skill development will focus on formulating a collaborative case conceptualization incorporating predisposing and protective factors; using standard CBT session structure; forming and sustaining a positive therapeutic alliance; and following CBT treatment protocols.

EFT: Skill development will focus on use of empathy, building rapport, application of emotion theory to practice, and development of competence in a range of marker-driven emotion-focused therapy interventions.

The Centre for Student Development and Counselling provides direct service to over 3,000 students annually through individual and group therapy programs, psychoeducational workshops, and in-class presentations. A complete listing of current therapy programs may be viewed at the CSDC website at www.ryerson.ca/counselling.

In addition to weekly individual supervision, practicum students and interns will be expected to participate in weekly microskills training, biweekly group supervision and monthly educational/professional development seminars.

Preference will be given to students with previous counselling experience and training in CBT or EFT. Please submit applications by February 1 for Practicum (MA and PhD) 2-3 days per week (academic year) or 4 days a week (summer).
### Site Description

**Placements Offered**

**Setting:**
University Counselling Centre

**Populations Served:**
University students

**Areas of Focus:**
Individual Psychotherapy, Group Therapy

**Primary Models:**
CBT, EFT and Group Therapy

**Specific Training Offered:**
Individual Therapy and Group Therapy

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### Practicum & Internship Opportunities

- M.A. practicum
- Ph.D. practicum
- Pre-doctoral internship (through the Toronto Area Internship Consortium)

Preference given to students with previous counselling experience and training in CBT or EFT

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### Application Process

Please submit your application by February 1. Specify if you want to focus on either EFT or CBT training. We will shortlist and offer interviews during the month of February and early March for Practicum students. Please note that we accept practicum students for two days a week during the academic year, and 3 to 4 days a week over the summer (May to September).

Please provide a cover letter and CV identifying your goals, interests and relevant experience, along with 2 letters of reference.

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### Contact Information

Dr. Andrea Martin, C. Psych.
Coordinator of Practicum and Internship Training Program, Ryerson University Centre for Student Development and Counselling
350 Victoria Street,
Toronto, Ontario, M5B 2K3.

Tel: (416) 979-5000, 1, ext. 6757.
Email: csdcpracticum@ryerson.ca

[www.ryerson.ca/counselling](http://www.ryerson.ca/counselling)

### Application Deadline:

February 1st
In a caring and supportive environment, our fully-trained and professional staff listen to you so we understand your unique circumstances. Using our expertise and experience, we work with your strengths to set goals and find the best path to achieve success. And, we open doors to resources and supports that will help ensure lasting success.

We work closely with other agencies, funders, businesses, donors and volunteers to create and deliver effective programs and services that meet the diverse and growing needs of our community.

**Vision**
Communities where all children, youth, adults and families experience mental wellness, financial stability and a safe place to live.

**Mission**
We inspire hope and strengthen lives by offering high quality mental health, employment and housing services.

**Values**
- Respect for Others
- Care
- Working Together
- Accountable

Here When You Need Us

**Administration**
Children’s Mental Health Centre
Lutherwood Child & Family Foundation
285 Benjamin Rd., Waterloo, N2J 3Z4
519-884-1470

**Front Door: Access to Child & Youth Mental Health Services**
1770 King St. E., Kitchener, N2G 2P1
519-749-9932

**Employment Services**
35 Dickson St., Cambridge, N1R 7A6
519-623-9380
165 King St. E., Kitchener, N2G 2K8
519-743-9460
89 Wyndham St. N., Guelph, N1H 4E9
519-822-4141

**Housing Services**
35 Dickson St., Cambridge, N1R 7A6
519-622-1670
41 Weber St. W., Kitchener, N2H 3Z1
519-749-9450

**Safe Haven Youth Services**
41 Weber St. W., Kitchener, N2H 3Z1
519-749-1450

Services are delivered in English and can be accessed through a translator where required.

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Today's world is moving fast, changing constantly and very uncertain. For some people, this can present difficult and even overwhelming challenges that affect health, work, home, relationships and quality of life. Lutherwood can help.

Lutherwood is a not-for-profit organization that offers mental health, employment and housing services to more than 14,000 people each year in Waterloo Region and Wellington County. Our five-decade reputation for strengthening lives is built on a solid foundation of innovation and proven practices, and is earned through our compassion for people.

**Our Services**

**Children's Mental Health**

Working with families, we help children and youth cope with serious mental health and behavioural challenges.

**Employment**

We help people find jobs, connect with employers and access training, and we help employers recruit and train employees.

**Housing**

We help individuals and families who are experiencing homelessness or facing issues maintaining their housing.

**Lead Agency**

As lead agency, we work with other service partners to improve access to and quality of local child and youth mental health services.

**Safe Haven Youth Services**

Safe Haven is a prevention-based service providing youth between the ages of 12-17 with respite, crisis and shelter services.

**Child and Parent Place**

We help separated/divorced parents and non-custodial parties maintain relationships with children by offering a safe, child-focused environment for visits and exchanges.

**Child and Family Foundation**

We work closely with our donors to match their support to the services that matter most to them.

“Lutherwood changed my life. Now I have a full-time job, a place to live and am continuing my training. I don’t know what people would do if this place wasn’t here.”

- Former Client
Community Services

Zero2Six and Partners*
Lutherwood offers intensive in-home support services to strengthen families. The Zero2Six and Partners programs help families build on their strengths and learn strategies that help make positive changes in areas such as parenting, understanding child development and accessing community resources.

Mobile Crisis*
Mobile Crisis provides a variety of supports and services that focus on an urgent need for stabilization of children (0 to 18 years of age) and families during a crisis. While not emergency services, Mobile Crisis offers a rapid response to urgent matters, short-term crisis-stabilization, development of coping/safety plans and links to community supports.

Safe Haven Youth Services
Safe Haven is a prevention-based service providing youth between the ages of 12 and up to their 18th birthday with respite, crisis and shelter services.

Youth Justice Services
Lutherwood provides services to 12-18 year old youth referred through the court and probation systems, to address mental health challenges that may have contributed to their involvement in the justice system.

• The Mental Health Youth Court Worker provides assistance, consultation and diversion services to youth, families and officers of the Youth Court where mental health issues are believed to be a factor.
• Our Intensive Support and Supervision Program (ISSP) provides intensive individual and family support and therapy for youth with complex mental health challenges as an alternative to custody when youth will be better served through home and community supports.
• Our Youth Contact program provides community support to youth who are considered high risk of re-offending or not following through with probation terms or community supervision orders.
• Our Parklands open custody residential program uses an individualized treatment plan to address each youth's specific mental health needs.

* jointly operated with Carizon.

Treatment Programs

Day Treatment
Our Day Treatment program is for 12-18 year old youth who are experiencing serious mental health difficulties. It combines a supportive school environment with therapeutic and skill-building activities designed to achieve treatment goals and foster positive adolescent growth.

Residential Treatment
Lutherwood operates two residential programs for 12-18 year old youth requiring longer term treatment. Woodlands – a specialized Monday to Friday program – combines a family-based treatment model and a supportive school environment with therapeutic and skills training activities. Bridgelands – a specialized seven day program for complex, hard to serve youth – provides stable, consistent therapeutic treatment and transition services. Both programs operate 24 hours a day in a home-like environment where youth follow house rules and participate in structured groups, recreational activities and chores.

Other Community-Based Services*
• Our Community Mental Health Team offers flexible assessment, treatment and case management support to families needing additional support to address their needs.
• Our Intensive Support & Resource Coordination Program helps families of children with serious mental health, emotional and behavioural problems find the services and supports they need, and receive a smooth transition between services when needs change.
Lutherwood is a not-for-profit health and social service organization that supports youth with mental health issues, workers looking for employment, and people at risk of being homeless. Its services are accessed by more than 14,000 people annually in Waterloo Region and Wellington County.

As the lead agency responsible for child and youth mental health services in Waterloo Region, Lutherwood works with other service providers to plan, improve access to, and improve the quality of local child and youth mental health services.

Lutherwood is accredited by the Canadian Centre for Accreditation.

**Contact Us**

**Administration**
Children’s Mental Health Centre
285 Benjamin Road, Waterloo N2J 3Z4
519-884-1470

Front Door – Access to Service
1770 King Street East, Kitchener N2G 2P1
519-749-2932

Safe Haven Youth Services
41 Weber Street West, Kitchener N2H 3Z1
519-749-1450

To get started, come to a free and confidential walk-in counselling session on your own or with a supportive person. For more information and hours of operation, visit www.frontdoormentalhealth.ca.

Jointly operated by Lutherwood and Carizon, Front Door can be reached at 519-749-2932.

Services delivered in English can be accessed through a translator where required.
Student Training Opportunities in Psychology 2019-2020

University Health Network

Princess Margaret Cancer Center

Toronto General Hospital

Toronto Western Hospital

Toronto Rehab
Clinical and research opportunities (unfunded) are available to Psychology graduate students and fellows interested in gaining experience with diverse patient populations on an individual, couple, or group basis. Please note that UHN does not have CPA or APA accreditation for Psychology practica training at this time. A list of potential placement settings is provided below. Please contact the respective psychologist directly to learn more about their placement options, or for information about available practicum spots or the semester during which practica are available, if not indicated.

**PRINCESS MARGARET CANCER CENTER - DEPARTMENT OF SUPPORTIVE CARE:**

**CLINICAL HEALTH PSYCHOLOGY:**
*Population:* adult survivors of childhood cancer; young adult cancer survivors; post-treatment cancer survivors of all ages  
*Clinical Assessments:* psychosocial functioning; distress screening  
*Clinical Intervention:* individual psychotherapy  
*Research:* impact of late effects of cancer and cancer treatment on psychosocial development; transition from pediatric to adult health care; quality of life  
*Contact:* Norma D’agostino, Ph.D. C.Psych. Norma.D’agostino@uhn.ca

Population: urologic cancers: prostate, testicular, kidney, bladder cancer patients  
Clinical Assessments: health psychological assessment  
Clinical Intervention: individual psychotherapy; couple therapy; sex therapy  
Research: health-related quality of life and survivorship in cancer patients  
Contact: Andrew Matthew, Ph.D. C.Psych. Andrew(Matthew@uhn.ca  
Dr. Matthew and Dr. D’agostino co-supervise all students. Number of practicum spots for Fall-Winter 2019-20 = 2

Population: adults with a cancer diagnosis and their family members  
Clinical Assessments: semi-structured interviews for distress and psychosocial functioning  
Clinical Intervention: individual psychotherapy; couple therapy  
Research: qualitative and mixed-method research focusing on psychosocial interventions in oncology  
Contact: Rinat Nissim, Ph.D. C.Psych. rinat.nissim@uhn.ca

Population: patients with advanced cancer  
Research: death anxiety; attachment security; psychometrics and scale development  
Contact: Chris Lo, Ph.D. chrislo@uhnresearch.ca
NEUROPSYCHOLOGY
Population: brain tumor patients; adult survivors of childhood cancer; young adult cancer survivors.
Clinical Assessments: neuropsychological assessment
Clinical Intervention: education; recommendations/strategies
Research: neurocognitive outcomes in cancer survivors; late effects of cancer treatment on neurocognitive function; circadian rhythms and cancer
Contact: Kim Edelstein, Ph.D. C.Psych. kim.edelstein@uhn.ca
Number of practicum spots for Fall-Winter 2019-20 = 1; taking Ph.D. level students only

Population: adult cancer survivors
Research: neurocognitive outcomes of cancer survivors, psychoeducational and cognitive rehabilitation
Contact: Lori Bernstein, Ph.D. C.Psych. lori.bernstein@uhn.ca
(taking on research students only)

TORONTO GENERAL HOSPITAL:

CARDIOLOGY
Population: adult patients with cardiovascular conditions
Clinical Assessments: psychophysiology tests (e.g. vagal-heart rate modulation and baroreflex sensitivity) during reactivity/recovery from mild-to-moderate psychological and physical stressors; cognitive-emotional adjustment to cardiovascular disease; quality of life; and lifestyle behaviors
Clinical Intervention: individual, group and e-health in the context of the health psychology/behavioral cardiology clinical service. Treatment modalities include cognitive-behavioral therapy, motivational interviewing, and biofeedback.
Research: (i) Efficacy of Behavioral Neurocardiac Training with vagal-heart rate biofeedback for patients with hypertension or chronic heart failure; (ii) cardiovascular reactivity/recovery following physical or psychological tasks; (iii) e-counseling to augment risk reduction for cardiovascular disease.
Contact: Robert Nolan, Ph.D. C.Psych. rnolan@uhnres.utoronto.ca

ANAESTHESIA & PAIN MANAGEMENT
Population: inpatient and outpatient adults suffering from acute and chronic pain at Toronto General Hospital and Toronto Western Hospital
Clinical Assessments: brief assessment of inpatients and outpatients with respect to pain, distress, opioid medication use, and disability prior to psychological intervention; assessment of chronic pain patients prior to specialized interventions such as ketamine infusions and spinal cord stimulator implants
Clinical Intervention: psychoeducation on pain and pain management, mindfulness for pain, Acceptance and Commitment Therapy (the ACT Matrix) to reduce distress, opioid use, and disability; clinical hynosis for pain relief; interventions offered in individual and group formats
Research: impact of novel pre- and post-surgical behavioral interventions on pain, distress, and disability
Contact: Aliza Weinrib, Ph.D., C.Psych. aliza.weinrib@uhn.ca
Number of practicum spots for Fall-Winter 2019-20 = 2

EATING DISORDER PROGRAM, CENTRE FOR MENTAL HEALTH
Population: Adults with Anorexia Nervosa, Bulimia Nervosa, and Other Specified Feeding and Eating Disorder (OSFED), as well as comorbidities including Anxiety Disorders, Mood Disorders, Substance Use Disorders, Posttraumatic Stress Disorder, and Personality Disorders. This is an intervention and assessment practicum.
Clinical Intervention: Our program provides intensive treatment for eating disorders including inpatient and day hospital treatments, and a relapse prevention program. The practicum provides opportunities for training in group and individual CBT, and DBT skills groups.
Clinical Assessments: The practicum provides opportunities for training in structured clinical interviewing and diagnostic assessment
Research: Our program conducts research on the etiology and maintenance of eating disorders, treatment efficacy and effectiveness, prediction of relapse, relapse prevention. Research opportunities may be available as part of the practicum.
Psychologists:
Danielle MacDonald, Ph.D., C.Psych. danielle.macdonald@uhn.ca
Michelle Mahan, Ph.D., C.Psych. michelle.mahan@uhn.ca
Traci McFarlane, Ph.D., C.Psych. traci.mcfarlane@uhn.ca
Marion Olmsted, Ph.D., C. Psych. marion.olmsted@uhn.ca
Kathryn Trottier, Ph.D., C.Psych. kathryn.trottier@uhn.ca
Contact: danielle.macdonald@uhn.ca
Number of practicum spots for Fall-Winter 2019-20 = 1

TORONTO WESTERN HOSPITAL:

TOURETTE SYNDROME NEURODEVELOPMENTAL CLINIC, NEUROPSYCHIATRY
Population: children, adolescents, & adults with Tourette syndrome and its comorbidities (e.g., OCD, ADHD, Autism Spectrum Disorder)

Clinical Assessments: assessments of mood and anxiety; Complex Autism Diagnostic Team assessments
Clinical Intervention: (children and adolescents) cognitive-behavioural therapy; Comprehensive Behavioral Intervention for Tics (CBIT); parent training using Collaborative and Proactive Solutions (CPS); school consultation
Jody Levenbach, Ph.D., C.Psych. jody.levenbach@uhn.ca
Number of practicum spots for Fall-Winter 2019-20 = 1
Clinical Assessments: neuropsychological assessments (children, adolescents, and young adults); Complex Autism Diagnostic Team assessments
Clinical Intervention: psychoeducation; school consultation
Jennifer Stanga, Ph.D., C.Psych. jennifer.stanga@uhn.ca
Number of practicum spots for Fall-Winter 2019-20 = 1

COMMUNITY MENTAL HEALTH AND ADDICTIONS PROGRAM
Population: adult psychiatric outpatients suffering from Mood and Anxiety Substance use, PTSD OCD and Sleep Disorders, Also Chronic health problems including pain, HBP, cholesterol, Diabetes, Cardiovascular and GI and Stress related somatic problems and adjustments related to immigration.
Clinical Assessments: clinical interview and diagnostic assessment formulation understanding underlying issues related to presenting problems and developing of research based treatment plans
Clinical Intervention: short term individual and group treatments, working on underlying and unresolved issues and including life style modifications
Treatment modalities include Cognitive Behavioural (CBT) psychoeducational and Dynamic therapy: in English, Spanish and Portuguese
Contact: Alicia Sorkin, D. Ps., C.Psych. AliciaAraujo.Sorkin@uhn.ca

BARIATRIC SURGERY PROGRAM
Population: Adult bariatric patients undergoing weight-loss surgery, both pre and post-surgery. Students will have the opportunity to work with patients with a variety of mental health presentations including mood disorders, anxiety disorders, trauma-related disorders, eating disorders, and substance use disorders. Patients also present with a variety of medical problems including diabetes, heart disease and sleep apnea.
Clinical Assessments (required): semi-structured psychodiagnostic and psychosocial assessments are the focus of this placement.
Clinical Intervention (optional): (1) Groups: there are opportunities for students to observe a variety of patient groups including support groups, CBT and mindfulness groups. (2) Individual psychotherapy: students can provide individual treatment to 1-2 patients each week.
Interdisciplinary Collaboration: assessment and intervention involve collaborating with an interdisciplinary team and includes weekly team rounds.
Research: students can attend departmental research meetings that occur every other month. The program is active in research and topics include the impact of psychological status on adjustment to surgery; mindfulness for bariatric patients; and outcomes from teleCBT
Psychologists (email inquiries and applications should be addressed to both):
Susan Wnuk, Ph.D. C. Psych. susan.wnuk@uhn.ca
Sarah Royal, Ph.D., C. Psych. sarah.royal@uhn.ca
Number of practicum spots for Summer 2019 = 2; Number of practicum spots for Fall-Winter 2019-20 = 2; students from accredited programs preferred)
NEUROPSYCHOLOGY CLINIC, KREMBIL NEUROSCIENCE CENTRE
Population: neurology/neurosurgery outpatients, primarily in epilepsy and Parkinson’s disease but includes other neurological disorders affecting cognition
Clinical Assessments: neuropsychological assessments
Clinical Interventions: recommendations; assessment of suitability for surgery
Research: impact of neurological disorders and neurosurgical/neurostimulation treatment on memory, language and executive functions; functional and structural neuroimaging in neurocognitive disorders.
Psychologists:
Melanie Cohn, Ph.D. C.Psych. melanie.cohn@uhn.ca
David Gold, Ph.D. C.Psych. david.gold@uhn.ca
Marta Statucka, Ph.D., C.Psych. marta.statucka@uhn.ca
Mary Pat McAndrews, Ph.D. C.Psych. marypat.mcandrews@uhn.ca
Email inquiries and applications should be addressed to marta.statucka@uhn.ca
*Ph.D. level students only
Number of practicum spots for Summer 2019 = 1; Number of practicum spots for Fall-Winter 2019-20 = 3

TORONTO REHAB:

NEUROPSYCHOLOGY, UNIVERSITY SITE - DAY HOSPITAL
Population: acquired brain injury - outpatients
Clinical Assessments: neuropsychological assessments
Clinical Interventions: feedback to patients and family, treatment recommendations, education
Contacts:
Psychologist: Paul Comper, Ph.D., C.Psych. paul.comper@uhn.ca
Behaviour Therapist: Nathalie Brown nathalie.brown@uhn.ca
NOT TAKING STUDENTS FOR 2019-2020 YEAR

NEUROPSYCHOLOGY, UNIVERSITY SITE - NEUROLOGY SERVICE
Population: head, neck & acquired brain injury – often work-related - outpatient
Clinical Assessments: neuropsychological assessment
Psychologists:
Dalia Slonim, Psy.D., C.Psych. dalia.slonim@uhn.ca
Michelle Busse, Ph.D., C.Psych. michelle.busse@uhn.ca

NEUROPSYCHOLOGY, UNIVERSITY SITE - COMPLEX INJURY OUTPATIENT
Population: acquired brain injury (mild to severe), multiple fractures, multiple system injuries, stroke, mood disorders – often work-related - outpatient
Clinical Assessments: neuropsychological assessment; psychological assessment
Clinical Interventions: Patient and caregiver support & education; supportive counselling; cognitive behavioural therapy
Psychologists:
Valery Kleiman, MA, Dipl.Psych., C.Psych.Assoc. valery.kleiman@uhn.ca
Sabrina Lombardi, Ph.D., C.Psych. sabrina.lombardi@uhn.ca
Colleen Ray, Ph.D., C.Psych. colleen.ray@uhn.ca
Chris Lepage, Ph.D., C.Psych. (Supervised Practice) chris.lepage@uhn.ca

NOT TAKING STUDENTS FOR 2019-2020 YEAR

CARDIAC REHAB, RUMSEY SITE
Population: adult patients with cardiovascular conditions, diabetes, stroke and breast cancer
Clinical Assessments: psychosocial functioning, comorbid psychiatric disorders, cognitive-emotional adjustment to cardiovascular disease, lifestyle behaviors, and quality of life
Clinical Interventions: individual and group treatment
Program Evaluation and Research: Efficacy of a Stress Reduction Program in improving distress among a range of outpatients with chronic medical conditions.
Contact: Jaan Reitav, Ph.D., C.Psych. jaan.reitav@uhn.ca

NEUROPSYCHOLOGY – RUMSEY SITE
Population: adults with wide range of acquired brain injuries – outpatients only
Clinical Assessments: neuropsychological assessments
Clinical Interventions: feedback to patients and family, treatment recommendations, psychoeducation
Contact: Lesley Ruttan, Ph.D., C.Psych. lesley.ruttan@uhn.ca
Ph.D. level students only – joint placement with Spinal Cord program (see below)

SPINAL CORD REHAB, LYNDHURST SITE
Population: spinal cord injury patients – inpatient and outpatient
Clinical Assessments: clinical psychological and/or neuropsychological assessments, behavioural health assessment
Clinical Interventions: behavioural medicine; cognitive behavioural intervention; emotion focused therapy; supportive counseling, cognitive remediation, individual and group interventions
Psychologists:
   Martha McKay, Ph.D., C.Psych. martha.mckay@uhn.ca
   Christie Yao, Ph.D., C.Psych. Christie.yao2@uhn.ca
Email inquiries and applications should be addressed to Martha.mckay@uhn.ca
Ph.D. level students only – joint placement with Neuropsychology – Rumsey Site
Number of practicum spots for the joint placement for Fall-Winter 2019 = 1

RESEARCH, UNIVERSITY SITE
Areas of Focus: Neuropsychology, Mild-Severe TBI, Sub-acute neurodegeneration post TBI, Post-recovery cognitive decline, Development of interventions to minimize decline
Contact: Robin Green, Ph.D., C.Psych. robin.green@uhn.ca (Research Scientist)
APPLICATION PROCEDURE:

Please note that UHN does not have a centralized application process. Candidates should submit their applications via email to the respective contact person(s) listed above for each clinic or program to which they are applying. Candidates can apply to more than one program or clinic and applications should consist of the following:

1. A curriculum vitae
2. Undergraduate/Graduate transcripts (unofficial acceptable)
3. 2 letters of recommendation from clinical or academic supervisors
4. A cover letter, which should include a description of what the student hopes to achieve from a practicum at UHN, and short and long-term career goals
5. A listing of Psychological and/or Neuropsychological tests that the student has administered, scored, interpreted and written reports for

The deadline for receipt of all application materials is **February 2019** (specific date TBD). Notification date for applicants is **March 2019** (specific date TBD).

*Please be in touch with the respective contact person for further information on mailing address for use when submitting hard copies of application materials, if applicable*

*NOTE: Health clearance needs to be completed prior to all placements. Supervisor will send information prior to placement about the online student registration system which details the required information. Please note that health clearance is the responsibility of the school/student and won't be done at UHN.*
We can help with:

- Addictions
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Anger
- Anxiety, Stress & Worry
- Career Transitions & Executive Coaching
- Chronic Pain
- Depression
- Family & Relationship Difficulties
- Grief & Loss
- Learning Difficulties
- Obsessive-Compulsive Disorder (OCD)
- Panic Disorder & Phobias
- Post-traumatic Stress Disorder (PTSD)
- Psycho-educational Assessments
- Sleep problems & Insomnia
- Social Anxiety

We’re here to help

The Mindful Living Centre provides individual, couples and family counseling, as well as comprehensive psychological and psycho-educational assessments.

Adults

- Individual counseling is available for a variety of personal, family, social and work-related issues.

Couples

- Counseling can help couples improve communication and increase intimacy, while overcoming issues related to infidelity, personality differences and life stresses.

Children & Adolescents

- Assessments can benefit children and adolescents struggling with academic, behavioural and/or social difficulties by developing a better understanding of their strengths and areas of need.
- Assessments can help diagnose learning, emotional and behavioural difficulties and provide specific recommendations for parents, the child, and school professionals.
- Individual or family counseling can benefit children and adolescents who struggle with anxiety, low mood, stresses or fears that contribute to withdrawal, sensitivity and/or aggression.
- Counseling can help adolescents navigate a time of significant physiological, emotional and social change, and overcome difficult family situations, conflict with the law, and/or self-harm behaviours.

400 Bronte St. South, Unit 219
Milton, ON, L9T 0H7
Tel: (289) 270-1757    Fax: (289) 270-1751
www.mindfullivingcentre.ca

Tel: (289) 270-1757
www.mindfullivingcentre.ca
What is Mindfulness and how can it help?

Mindfulness refers to a unique way of paying attention to our thoughts, feelings and behaviour, that:

- Involves more than simply “going through the motions” of life
- Promotes greater self-awareness and recognition of how thoughts and behaviour affect mood
- Helps clarify what is really important to you and encourages authentic living — making thoughtful decisions based on personal core values, instead of reacting to emotional states

"Mindfulness gives you time. Time gives you choices. Choices, skillfully made, lead to freedom. You don’t have to be swept away by your feeling. You can respond with wisdom and kindness, rather than habit and reactivity.” — Bhante Henepola Gunaratana

At The Mindful Living Centre, we strive to help clients build mindfulness skills to better cope with unpleasant thoughts, emotions and difficult life circumstances, while increasing their sense of contentment, gratitude and life satisfaction.

What is CBT?

CBT is a collaborative, scientifically-proven therapy approach that aims to provide clients with strategies to cope more effectively with a wide range of problems such as depression, anxiety, stressful life events, and relationship issues. CBT is based on the idea that our thoughts (“cognitions”) influence, and are influenced by, our feelings and behaviour. This means we can easily become “stuck” in a vicious cycle, where negative thoughts and feelings feed each other and lead to unhelpful patterns of behaviour:

Many of these processes happen automatically, and often outside of our awareness, so it can be difficult to get “unstuck”. However, CBT can help clients to become more aware of their negative thoughts and feelings while they occur, enabling them to break unhelpful patterns of behaviour. In addition, clients are able to discover more helpful ways of thinking and coping that they can use in difficult situations.

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**Chris Parrish, Ph.D., C.Psych.**

Dr. Parrish enjoys working with individuals and couples seeking help with life’s inevitable struggles. A specialist in Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT), Dr. Parrish has expertise in helping with:

- Fear, anxiety and worry
- Marital counseling and relationship issues
- Life direction guidance for emerging adults

He can be reached at: cparrish@mindfullivingcentre.ca

**Giovanni Foti, Ph.D., C.Psych.**

Dr. Foti specializes in working with children, adolescents and families. With extensive experience in Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT), his primary areas of interest include:

- Assessment and treatment of academic, mood, anxiety and behavioural issues
- Behaviour management training for parents
- Counseling youth engaged in high-risk behaviours, including self-harm, substance abuse and unlawful acts

He can be reached at: gfoti@mindfullivingcentre.ca

**Susan Sergeant, Ph.D., C.Psych.**

Dr. Sergeant works with adults and adolescents seeking assistance in dealing with various life stressors and day-to-day challenges. Dr. Sergeant specializes in working with individuals who are experiencing:

- Low mood, depression
- Fear, anxiety and worry
- Difficulties related to traumatic experiences

She can be reached at: ssergeant@mindfullivingcentre.ca
CLINICAL PRACTICUM TRAINING
PROGRAM IN PSYCHOLOGY

2018-2019
Director-of-Training: Dr. Longena Ng, Ph.D., C.Psych.
Psychology Division Chief: Dr. Sean Kidd, Ph.D., C.Psych.
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OVERVIEW OF CAMH

Working for Better Understanding, Prevention and Care

CAMH is the largest mental health and addiction facility in Canada and is recognized for its excellence. It was founded in early 1998 through the merger of the Addiction Research Foundation, Clark Institute of Psychiatry and, Donwood Institute, and Queen Street Mental Health Center and is affiliated with the University of Toronto. Since the merger, CAMH has focused on a seamless integration of addiction and mental health services in a functional and flexible environment. Internationally, CAMH has been designated by the World Health Organization as one of only four Centres of Excellence in mental health and addiction in the world. Through accessible treatment, community services, research, education and prevention, CAMH works to improve the quality of life for people who are struggling with mental illness or addiction and to support their family and friends.

“For me it was the courage, and I guess the courage comes from saying ‘hey, let’s make a change.’ And the courage to continue to do that. It’s so great now … it is so good for me now. I love my life.”

Susan E. Gapka, Courage to Come Back Award Recipient

Care

“One of the things about working with people who suffer from mental illness or people who struggle with addictions is that, to the public, this may seem like a discouraging environment – a place that’s not filed with hope. But for those of us who work clinically, just the opposite is true. I find a great deal of professional fulfillment in this environment because many, many people get better.”

Dr. David Goldbloom, former Physician-in-Chief

CAMH is committed to providing comprehensive, well-coordinated, accessible care for people with addictions or severe mental illness. We have created a continuum of clinical programs, support and rehabilitation to meet the diverse needs of people who are at risk and at different stages of their lives and illnesses. Our services include assessment, brief early interventions, inpatient programs, continuing care, and family support. We also address the larger issues relating to the four major factors affecting health: housing, employment, social support and income support. Our client-centred philosophy of care recognizes that the client has individual social, physical, emotional, spiritual and psychological needs.

Mental Health

CAMH provides a wide range of inpatient, outpatient, and community-based treatment programs including: Child, Youth, and Emerging Adult; Borderline Personality; Forensics; Mood and Anxiety; Gender Identity; Work, Stress & Health, and others.
Addiction

CAMH's addiction treatment is based on a harm reduction philosophy, an approach that focuses on decreasing adverse health, social, and economic consequences of alcohol or drug use. Clients' goals range from reduced use to total abstinence. Concurrent Disorders programs offer an integrated treatment approach for people facing concurrent addiction and mental health problems.

Prevention

"Prevention involves a host of things. It's not just about preventing substance abuse or mental health problems. It's about supporting health and well-being and having environments that really are healthy environments."

Akwatu Khenti, former Director of Education and Training Services

CAMH is committed to working with communities throughout Ontario to create environments that support health and prevent illness. CAMH consultants work with individuals, local service providers and community groups to apply initiatives in the community and design evidence-based systems and approaches. Consultation, support, and training focus on preventing problems, promoting health and planning and delivering treatment. By providing information to the general public, we empower people with the knowledge to reduce the likelihood, recurrence and/or intensity of addiction or mental health problems for themselves or others.

Understanding

“Only through education can we hope to improve the understanding of mental health and addiction problems and thus foster support for people who struggle with these challenges.”

Dr. Paul Garfinkel, former President and CEO

One of CAMH's goals is to be a leader in creating, applying and disseminating knowledge. Each year, the Centre receives many research grants, fellowships and awards, resulting in the publication of hundreds of scientific articles and studies. Our research guides our public policy priorities and is transformed into practical resource materials and training programs, which inform the practice of professionals and help educate the general public. Advancing our understanding of mental illness and addiction is key to future improvements in prevention and clinical care. Working with communities, we aim to foster understanding and reduce the stigma associated with these illnesses.
OVERVIEW OF THE APPLICATION PROCEDURE

Clinical placements are available across a large number of specialty clinics, to be described below. All placements are for a minimum duration of **500 hours**, and are offered either on a part-time or full-time basis. Traditionally, placements are either 2-3 days per week from September to May, or 4-5 days a week from May to August. Other combinations are possible and at the student and supervisor’s discretion.

The deadline for applications is **FRIDAY FEBRUARY 1st, 2019** for Spring-Summer 2019 and Fall-Winter 2019-2020 placements. Applications submitted after this deadline will be reviewed after the Common Notification Day (TBD) pending the availability of practicum spots (no exception and no phone calls or emails about exceptions please).

Applications are to include:
1) The completed application form (on the last 2 pages of this brochure)
2) A one page statement of training goals and objectives
3) An up-to-date curriculum vitae
4) Undergraduate and graduate transcripts (can be unofficial)
5) Two letters of reference (at least one from a professor; other can be work or volunteer supervisor) **sent as a word or PDF attachment.** Please advise referees **NOT** to send reference letter in the body of an email.

If you are from a CPA and/or APA accredited university program, please assemble all materials (except reference letters) prior to submission, and **email** them to Dr. Longena Ng at Psychology.PracticumApplications@camh.ca. Please ask referees to **email reference letters** with the name of the applicant in the subject line.

Students from non-accredited programs are asked to apply to potential supervisors directly (please review below which rotations are accepting non-accredited students).

Once your completed application is received, your submission will be reviewed. If deemed appropriate, your application will be sent to potential supervisors who may contact you for an interview. Most interviews take place within 4 weeks of the application deadline.

CAMH participates in **Common Notification Day** (TBD) with other GTA sites. You will be notified that day if we are offering you a placement. **If your university does not have an affiliation agreement with CAMH, this will need to be obtained before your acceptance.**
OVERVIEW OF CLINICAL ROTATIONS

— CHILD and YOUTH TRACK —

The CHILD, YOUTH, and EMERGING ADULT Program (CYEAP) is newly organized, incorporating the former Child Psychiatry Program and the Youth Addictions Service, both long-standing services at the Centre for Addiction and Mental Health.

Assessment and psychological testing includes objective tests, observational techniques, psychoeducational assessment, and structured diagnostic interviews. Such training includes development of integrated psychological report writing and the process of providing clinically sensitive feedback to parents and children. Therapeutic approaches rely on empirically-validated and best-practice models of intervention. These include individual psychotherapy, group therapy, family therapy, and parent counseling in various modalities (e.g., cognitive-behavioral, behavioral, solution-focused and strength-focused, and core conflictual relationship theme therapy). Services within the CYEAP often work within a multidisciplinary team of psychologists, psychiatrists, social workers, nurses, and child and youth workers. Thus, practicum students are able to enhance their understanding of the roles of multiple disciplines and develop skills in working together constructively.

Practicum students will receive intensive training in clinical assessment and diagnosis, psychological testing, consultation, and therapeutic intervention; however, these vary by rotation. Such training includes experience in clinical interviewing of children, youth, and their families, and diagnostic formulation, which includes a strong focus on the use of the DSM-5. The program also serves a diverse and multicultural population, giving the practicum student an awareness of their own personal and professional strengths, limitations, and areas of growth as a clinician, while developing the knowledge, sensitivity, and skills needed to work with diverse populations.

Training staff have a variety of theoretical interests, including attachment theory, the interface between developmental psychology and psychopathology, and evolutionary psychology.

Youth Justice Assessment Clinic
Supervisor: Julia Vinik, Ph.D., C.Psych
Teresa Grimbos, Ph.D., C.Psych.
Tracey A. Skilling, Ph.D, C.Psych.

* accepts applicants from non-accredited programs

The Youth Justice Assessment Clinic provides comprehensive assessment-only services to youth aged 12 and older. These youth are actively involved in the juvenile justice system or have other legal issues and are referred to the clinic because of their complex needs. Psychodiagnostic, psychoeducational, and risk/need assessments related to antisocial behaviour are completed with the youth and recommendations offered to the courts, families, and other involved agencies on how best to meet the needs identified. Comprehensive treatment plans are developed as part of the assessment process and treatment referrals to community agencies are recommended. Practicum students will have the rare
opportunity to conduct comprehensive psychodiagnostic and psychoeducational assessments for third parties within a youth justice context. Students will complete these assessments utilizing structured and semi-structured interviews, well validated cognitive and academic assessment measures, as well as self-report psychometrics. Students will also provide feedback to clients, families and referral agents. Assessments are often completed as a multidisciplinary team and students will have opportunities to work closely with professionals from other disciplines, including psychiatry and social work.

Students will also have the opportunity to observe court proceedings as well as visit a youth detention facility. Students may also have the opportunity to be involved in clinical research projects underway in the Clinic.

Experience with forensic assessments is not required.

**Better Behaviours Service**  
Supervisor: Brendan Andrade, Ph.D., C.Psych.

The Better Behaviours Service (BBS) provides therapeutic services for children, youth and their families who have challenges with disruptive behaviour, aggression, emotional difficulties, social skills difficulties, inattention and non-compliance at home and/or at school. Through semi-structured assessment, factors contributing to behavioural difficulties are identified. Individual, family and group based treatments are offered to help children build skills, reduce emotional and behavioural difficulties and help caregivers develop more effective parenting strategies to reduce family conflict.

This is a clinical-research practicum. Students will be involved in assessment, detailed clinical formulation, intervention and consultation in the context of one or more clinical-research projects operating within the BBS. Students complete brief assessments and participate in delivery of structured group, individual and parent-child treatment. Training and supervision of implementation of Cognitive-Behavioural treatment and other evidence-informed approaches will be provided. Students will also have the opportunity to use existing clinical-research data to complete an applied research study, with the goal of manuscript submission.

Note: This is an intervention practicum. Only students who have completed an assessment practicum will be considered for this rotation.

**Focus on Youth Psychosis Prevention (FYPP) Clinic**  
Supervisor: Cory Gerritsen, Ph.D., C.Psych.

The FYPP Clinic is a specialized service focused on identifying and treating youth/emerging adults (aged 16-35) who are at Clinical High Risk (CHR) for psychotic disorders. CHR syndromes predict the onset of a psychotic episode within the coming three years and include symptoms ranging from mild perceptual changes to ‘pseudodelusions’ and disorganization of near-psychotic intensity. Comorbid conditions are common in this population.

Psychological care providers in FYPP perform assessment, psychotherapy and clinical consultation within a multidisciplinary team including psychiatrists and others with both sociocultural and biological
research backgrounds. Psychology provides psychodiagnostic services to differentially diagnose the CHR state and to respond to other questions that arise during consultation. Such questions include personality, psychopathology and neuropsychological queries, as well as questions of symptom validity. Psychology practicum students may therefore be exposed to a wide range of assessment measures and referral questions, as well as a variety of common differential or comorbid diagnoses including mood and anxiety disorders; OCD; borderline, schizotypal and schizoid personality; autism spectrum disorders; neurocognitive disorders; substance use disorders; somatoform disorders and frank first episode psychosis. Assessment instruments commonly used include the SCID and SCID-PD, SIPS and CAARMS (structured interviews for identifying CHR states), MMPI-2-RF, NEO-3, MCCB, RBANS, WAIS-4 and WASI-2. Opportunities for supervised neuropsychological assessment exist but are not the main focus of this practicum. Students will prepare integrative assessment reports and provide feedback to referrers and clients.

Psychology practicum students will also be assigned a small caseload of individual psychotherapy clients. The intervention model applied will depend on the referral and the student’s interest, with opportunities for supervision available in client-centred, CBT, DBT-informed, mindfulness-based, psychodynamic and EFT models. They will also co-lead group therapy sessions. Common intervention targets include mood and anxiety symptoms, psychotic-like experiences, dissociative experiences, substance misuse, stress coping and existential questions.

Weekly individual supervision is provided. Students will have the opportunity to attend weekly interdisciplinary clinic rounds and didactic trainings.

**Psychological Assessment Team for Children and Youth Service**
(Only available for Fall-Winter Practicum)

Psychometry service offers students opportunities for conducting comprehensive psychological assessments for children and youth (age 4-17) who are referred internally within the Child, Youth and Family Program. Assessments are typically requested for psycho-educational, socio-emotional, and psycho-diagnostic considerations.

Practicum students will gain experience with regard to clinical and diagnostic interviewing, administering and interpreting standardized psychological assessment measures and tests, integrating clinical information with psychological test data, and provision of written and verbal feedback to clients, families, and referring agents.

Assessment tools include cognitive measurement, academic testing, assessment of learning, memory, and language, as well as socio-emotional, personality, and projective measures. Practicum students are trained via individual supervision and group supervision.
— ADULT TRACK —

ACUTE CARE PROGRAM

Addictions and Concurrent Disorders
Supervisors: Christian Hendershot, Ph.D., C.Psych
Margaret Reid, Psy.D., C.Psych
Julianne Vandervoort, Psy.D., C.Psych

The Addictions and Concurrent Disorders rotation offers assessment and intervention experience with clients presenting with substance use disorders, often in the context of co-occurring mental health concerns. This rotation is based primarily in the Concurrent Outpatient Medical & Psychosocial Addiction Support Service (COMPASS) within the CAMH Acute Care program. Students will gain experience working in a specialty psychiatric hospital alongside a multi-disciplinary team (psychologists, physicians, nurses, social workers) under the supervision of a licensed psychologist.

Potential experiences include assessment and intervention opportunities in a multi-disciplinary addiction medicine clinic (which primarily serves clients with alcohol, cannabis, or opioid dependence) and co-facilitating group treatments for specific populations (e.g., cannabis use disorder; concurrent alcohol use disorder and mood disorder; acquired brain injury). Efforts are made to tailor clinic placements to students’ skills and areas of interests.

This rotation includes both assessment and intervention experiences. Intervention approaches emphasize a biopsychosocial approach (i.e., behavioral and pharmacological interventions). Psychosocial interventions are guided by cognitive-behavioral (e.g., relapse prevention) and motivational enhancement principles and incorporate a harm reduction philosophy. Group treatment is the primary modality for psychosocial interventions. Students will receive weekly individual supervision, in addition to team meetings specific to individual clinics. Students will also have opportunities to attend a wide range of training and didactic seminars at CAMH.

Because this placement emphasizes a scientist-practitioner model, the ideal candidates for this rotation are those with strong motivation for pursuing both clinical and research experiences in the area of addiction and concurrent disorders. Students will typically have the opportunity for involvement in a research project as a complement to clinical training.

This rotation is only available as a part-time placement for the academic year (summer-only placements are not currently available).

Gender Identity Clinic
Supervisors: Rylie Moore, Ph.D., C.Psych.

The Gender Identity Clinic (GIC) is an outpatient clinic that assesses and treats adults who are referred because of gender dysphoria and/or the comorbid mental health concerns. The GIC sees a broad array of individuals including those who are considering or pursuing a social and/or medical transition. We
also provide individual and group treatment for people of trans experience. Trainees may be interested in the wide diversity of clients, from various cultural and socioeconomic backgrounds, with presentations across a spectrum of diagnostic categories and levels of functioning, including complex cases. Our clients have unique health care needs, and our clinic is dedicated to providing training in high quality care for individuals across the gender spectrum. While our clients are population-specific, this practicum provides trainees with excellent opportunities to sharpen general diagnostic, assessment and intervention skills.

The GIC offers trainees comprehensive training in holistic psychodiagnostic interviewing that appreciates the social determinants of health, including the impact of marginalization. The results of these assessments provide relevant diagnoses and for those seeking medical interventions, evaluate a person’s eligibility and readiness using the principles articulated in the current World Professional Association for Transgender Health (WPATH) Standards of Care (SOC 7). Trainees will conduct initial clinical assessments, as well as follow-up and surgery readiness appointments. As part of the assessment process, trainees will work in an active circle of care that includes contact with other providers such as family doctors, psychiatrists and therapists. Trainees will also have the opportunity to provide time-limited psychotherapy and other relevant support where indicated. Trainees will become familiar with the literature, receive weekly individual supervision, and will actively participate in weekly multidisciplinary case conference meetings that include all clinic staff. Participation in research activities is available when there are active projects, and as time permits.

Psychology trainees at the Doctoral level are welcome to apply; familiarity with LGBTQ communities is preferred but not required.

**Integrated Day Treatment (IDT)**

Supervisor: Judith Levy-Ajzenkopf, Ph.D., C.Psych.

The Integrated Day Treatment (IDT) is an intensive day-based service focused on improving access to care for clients (18 years and older) who would benefit from intensive programming for mood and anxiety, trauma and addictions. The program offers multiple group-based therapy streams for complex clients with a primary diagnosis of a mood and anxiety disorders. Clients may also experience secondary comorbid conditions including personality disorders, substance use disorders and trauma related conditions.

Clients enter the program by one of three treatment streams. What stream clients begin in is determined based on the client’s unique needs and the severity of symptom presentation. The Initial Intensive Stream is a 4 week, 5 half-days per week, open group focused on psychoeducation, activation, and skills building. The Recovery Connections Program is a 10 week, 2 half-days per week, open group which builds on skills learned in the Initial Intensive Stream and expands on DBT and CBT skills for management of mood and anxiety disorders. The Mapping Wellness stream is an 8 week, 5 half-days per week, closed stream, focused on psychoeducation, skills building, interpersonal effectiveness and DBT/CBT skills. The program utilizes a group therapy approach as well as individual clinical care including case management, psychiatric care and community linkage.
Students will have the opportunity to work closely within an intra-professional team (psychology, psychiatry, social work, nursing, occupational therapy, recreationist, peer support worker) offering brief group therapy focused on CBT and DBT based skills. Students will also have the opportunity to provide limited (up to six sessions) individual therapy to clients focused on CBT skills for mood and anxiety disorder. Another focus of the placement will be completing psychodiagnostic assessments for Axis I and II disorders (using the SCID-I and SCID-II) to provide diagnostic clarification and determine treatment suitability. In addition to regular individual supervision, students will have the opportunity to fully participate in team meetings, client rounds, and educational rounds.

**Mood and Anxiety Ambulatory Services**  
Supervisor: Judith Laposa, Ph.D., C.Psych.

The Mood and Anxiety Ambulatory Services is a clinical and research unit staffed by individuals from a wide range of disciplines including psychology, psychiatry, social work, nursing, and occupational therapy. Our service is a high demand out-patient treatment service that offers specialized training in empirically supported treatments, namely in short-term cognitive behavioural therapy for mood, obsessive compulsive related, and anxiety disorders (clients receive treatment lasting for 12-15 weeks) as well as relapse oriented treatment (mindfulness-based cognitive therapy (MBCT). This rotation offers experiences with mood, obsessive compulsive related, and anxiety disorders.

A main focus of the practicum rotation involves collaborating with clinical practicum students in order to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability (e.g., considering the client’s level of functioning, treatment modality, treatment format, acute phase treatment vs. relapse prevention treatment). Practicum students will gain proficiency in the administration of the Structured Clinical Interview for the DSM-5 (SCID-5) and they will also learn to administer the treatment suitability interview for determination of suitability for short-term cognitive-behavioural treatment. In addition, there is a strong emphasis on the importance of case formulation skills, in order to optimally apply CBT principles to complex diagnostic presentations.

Practicum students have the opportunity to co-lead CBT treatment groups for depression, panic disorder, generalized anxiety, social phobia, and obsessive-compulsive disorder during the rotation, as well as transdiagnostic groups. Supervision includes direct individual supervision, and weekly clinical rounds that include all clinic staff. Practicum students may have additional opportunities to work with other disorders that interface with mood, obsessive compulsive related, and anxiety disorders, as opportunities arise.

Practicum students will develop clinical decision making skills, learn how to effectively communicate/collaborate with other health professionals, and train in empirically supported treatments. Practicum students are valued members of the treatment team, and they become familiar with the relevant clinical and research literature. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and psychological treatment of the disorder.
In addition to offering clinical services, the Mood and Anxiety Ambulatory Services is an active research centre. Depending on the practicum student’s interests and experience, opportunities to participate in clinical research projects may be available as time permits.

**Work, Stress and Health**  
(available for fall-winter placements only)  
Supervisors: Longena Ng, Ph.D., C.Psych.  
Alison Bury, Ph.D., C.Psych.  
Donna Ferguson, Psy.D., C. Psych.  
Samantha Fuss, Ph.D., C.Psych.  
Niki Fitzgerald, Ph.D., C. Psych.  
Julie Irving, Ph.D., C.Psych.

This rotation is conducted in the Work, Stress and Health Program (WSH) of the Mood and Anxiety Program. The WSH is a large multidisciplinary outpatient clinic that provides comprehensive independent assessment and treatment for individuals who develop primary anxiety or mood disorders in response to workplace related traumatic events.

The program provides students with the rare training opportunity to conduct comprehensive psychodiagnostic assessments for third parties within a civil-legal context. These assessments involve the thorough evaluation of Axis I psychopathology, Axis II personality pathology, and response style (i.e. malingering or defensive responding) utilizing structures and semi-structures interviews (e.g. SCID-I, CAPS, M-FAST, SIRS), as well as self-report psychometrics (e.g., MMPI-2-RF). The WSH assessment service sees a wide range of diagnostic presentations, but the majority of those assessed suffer from anxiety (e.g. PTSD, Panic Disorder), mood, and somatoform disorders. The WSH treatment service specializes in the treatment of primary anxiety and mood disorders (PTSD, depression and a range of other anxiety disorders) utilizing CBT. Once students are proficient in the assessment protocol, there is the opportunity to participate in group treatment or provide individual treatment. Students will receive both individual and group supervision.

Both the assessment and treatment services function within a multidisciplinary team approach and students work closely with the professionals from other mental health disciplines (e.g. psychiatry, occupational therapy) in the provision of services. WSH clients are of diverse ethno racial and cultural backgrounds.

Psychology students at the Doctoral level are welcome to apply.
ADULT NEURODEVELOPMENTAL SERVICES (ANS)

The ANS at CAMH works with adults who have a confirmed diagnosis of intellectual disability and/or an Autism Spectrum Disorder with mental health concerns.

The Psychologist’s role within Adult Neurodevelopmental Services includes both assessment and therapy delivery. Specifically, the psychologist is involved in conducting outpatient assessments of intellectual disability and autism in adults with comorbid mental health issues, in addition to consulting to other inpatient and outpatient services at CAMH. As a tertiary service we do provide time limited treatment on an outpatient basis for clients who are willing and able to come to the premises. In addition our program offers Cognitive Behavioural Therapy (CBT) group-based treatment for adults with autism without ID, with symptoms of anxiety and depression, and group based interventions for parents of adolescents and adults with disabilities. (This is a 13 week program based on CBT model.) Practicum students will have the opportunity to co-lead the group with the psychologist (therapist). A successful candidate will need to have exposure to CBT work through their course work and if possible through practical exposure of conducting a CBT group.

Supervision includes weekly individual supervision, in addition to direct biweekly meetings and, if able to attend, weekly clinical rounds that all clinicians of the ANS team attend.

Our service is comprised of different disciplines including social work, occupational therapy, behaviour therapy, nursing, psychiatry and developmental services. Practicum students will be exposed to working as part of the interprofessional team.

CLINICAL RESEARCH
(Only available as part-time, eight month practicum)
Supervisor: Lena C. Quilty, Ph.D., C.Psych.

This rotation is conducted in the Clinical Research Laboratory (CRL) at the Russell Street site. The CRL is a dynamic, integrated clinical, research and training setting, conducting a variety of basic clinical research and treatment outcome studies each year. The CRL provides specialized training in the provision of psychological services as part of applied research protocols, including psychodiagnostic and cognitive assessment, as well as manualized individual psychotherapy. The CRLactive conducts several treatment trials every year, frequently involving pharmacotherapy and psychotherapy, such as manualized cognitive behavioural therapy, motivational enhancement, and behavioural activation, for depression and/or substance use disorders. Computer-based cognitive interventions are also frequently a focus of investigation. The CRL also provides consultation and training to other mental health professionals. Practicum students may be involved in assessment and/or therapy, as determined by student training, experience and interests, as well as current research initiatives and opportunities.
Assessment practicum students receive in-depth training, supervision and experience in psychodiagnostic assessment, including the *Structured Clinical Interview for DSM-5 (SCID-5)*. Students also receive training in structured interview, self-report, and performance-based measures of psychopathology, bias and cognition. Supervision is provided on an individual basis. Training and supervision experience may be available for advanced students. Therapy practicum students receive in-depth training, supervision and experience in the provision of cognitive behavioural therapy or behavioural activation. Supervision is provided on an individual basis. Practicum students will develop specific skills in empirically validated instruments and techniques, as well as general skills in clinical interviewing and decision making and effective communication with other health professionals. Opportunities to participate in research projects are available, based on trainee interest and availability.

**COMPLEX CARE AND RECOVERY PROGRAM**

Our clients have a primary diagnosis on the psychosis spectrum and typically also have multiple comorbidities such as social anxiety, OCD, depression and substance use. Our rotations offer challenging and rewarding training opportunities in assessment and intervention in outpatient, inpatient and day hospital settings.

The Complex Care and Recovery Program offers Fall/Winter practicum placements (2-3 days a week) in either the Assessment Service or the Cognitive Behavioural Therapy Service. Summer Practicum placements are also available, and these would involve a full-time commitment (5 days a week) with rotations in both the Assessment and CBT Services.

**Assessment Service of the Complex Care and Recovery Program**

Supervisors: Sylvain Roy, Ph.D., C.Psych.

Practicum students will have the opportunity to participate in the Complex Care and Recovery Program’s psychological assessment service. In this service they will gain experience in clinical interviewing, administering and interpreting psychological and neuropsychological assessment tools, writing comprehensive assessment reports, and providing feedback to clients, family members, and service providers. Assessments address questions related to community functioning (e.g., psycho-educational and psycho-vocational assessments) and issues of diagnosis and comorbidity among persons with psychosis. Weekly supervision meetings will be held with students and there are opportunities to attend a range of clinical rounds and interdisciplinary team meetings.

**Cognitive Behaviour Therapy Service of the Complex Care and Recovery Program**

Supervisors: Faye Doell, Ph.D., C.Psych
Larry Baer, Ph.D., C.Psych.
James Watson-Gaze, Ph.D., C. Psych.

The primary focus of our service is to facilitate recovery from psychotic disorders by aiding clients in their efforts to gain or regain the valued roles, skills, and supports needed to have fulfilling lives in the
community. We offer individual psychotherapy (typically 6-9 months in duration) for outpatient clients experiencing psychosis and related comorbidities. We also offer brief individual therapy through the Partial Hospitalization (day hospital) Program and Inpatient Services. There are also numerous opportunities for group therapy with inpatient, day hospital and outpatient populations. Students will receive both individual and group supervision.

Training opportunities in intervention include specialized training in the application of CBT techniques to psychosis (targeting positive symptoms such as delusions and hallucinations, as well as negative symptoms and comorbid symptoms of mood and anxiety) in both individual and group therapy formats. Clients often also suffer from cognitive deficits, low self-esteem and self-stigma related to having a serious and chronic mental illness, all of which may also be addressed in therapy. Therapy will typically integrate elements of metacognitive, DBT, compassion-focused and mindfulness-based approaches. Our portfolio of group therapy interventions includes CBT for psychosis, as well as compassion-focused therapy, DBT skills and CBT treatments for social anxiety and other comorbid disorders of high prevalence amongst individuals with psychosis.

**LAW AND MENTAL HEALTH PROGRAM**

The Law and Mental Health Program was one of the first forensic centers established in Canada and continues to be at the forefront of research and treatment innovations. The Law and Mental Health Program specializes in the assessment and treatment of individuals who have ongoing involvement with the legal system.

**Adult Forensic Outpatient Service**  
(Only available for Fall-Winter Practicum)  
Supervisor: John Arrowood, Ph.D., C.Psych.

The Adult Forensic Outpatient rotation is part of the CAMH Forensic Division of the Complex Mental Illness Program (previously the Law and Mental Health Program) and is one of the first forensic centers established in Canada (as part of the Clarke Institute of Psychiatry) and continues to be at the forefront of research and treatment innovations.

The Adult Forensic Outpatient rotation takes place on a clinical and research outpatient unit which specializes in the assessment and treatment of individuals involved in the criminal justice system. Practicum students also have the opportunity to take on specialized assessments within the Psycholegal Assessment Clinic. Clinical activities in which practicum students are involved include diagnostic and sexological assessment, assessment of psychopathic personality, clinical and actuarial assessment of risk for reoffense, assessment of malingering, and assessment of Posttraumatic Stress Disorder. Practicum students will become familiar with the psycholegal standards in forensic practice and in reporting to probation and parole officers, attorneys, and the courts. Interns also take on individual psychotherapy clients and run treatment groups in the sex offender treatment program.

Supervision is provided on an individual basis as well as in team meetings and case conferences. Additionally, students will have the opportunity to attend Forensic Division seminar series. Possibilities
also exist for participation in clinical research as time permits.

**Adult Forensic Inpatient Service**  
Supervisor: Percy Wright, Ph.D., C.Psych.

The Law and Mental Health Program is comprised of several assessment and rehabilitative inpatient units that serve mentally ill individuals who are involved with the legal system. Relevant legal issues include clients’ fitness (competency) to stand trial and/or their criminal responsibility (legal defense) for their crimes.

Specialized clinical activities in which practicum students are involved include the assessment of intellectual, cognitive, and neuropsychological functioning, personality, and malingering. In addition, practicum students would have the opportunity to learn necessary skills for the assessment of psychopathy and risk for future offending.

Students will become familiar with the psycholegal standards involved in forensic assessment and reporting to the courts; in addition, he or she will be preparing clinical reports for relevant legal bodies, such as the Ontario Review Board, that guide and monitor the supervision and clinical care of our rehabilitation clients. Opportunities for individual and group therapy are available on a variety of topics (e.g., substance abuse, anger management, risk management, symptom management) according to students’ interests. Supervision is provided on an individual basis.

**Forensic Consultation and Assessment Team (FORCAT: Adult Forensic Inpatient and Outpatient Service)**  
Supervisors: Smita Vir Tyagi, Ph.D., C.Psych.  
Emily Cripps, Ph.D., CPsych  
Brain Pauls, Ph.D, C.Psych.

FORCAT is part of the CAMH Forensic Division of the Complex Care and Recovery Program. Staff at FORCAT are involved in providing specialized forensic assessments and intervention to patients found Not Criminally Responsible on Account of Mental Disorder who are before the Ontario Review Board. Forensic assessments include risk assessment, personality assessment and cognitive assessments within the context of risk assessment and risk management. Students will have opportunities for group facilitation and individual psychotherapy. Students will be exposed to a range of assessment techniques and measures as well as specific interventions targeting risk, gain experience in forensic report writing and become familiar with standards of forensic practice. Students will have the opportunity to work on in-patient units as well with outpatient clients who are quite diverse ranging from those with extensive criminal histories, intellectual challenges and women to individuals who are of Aboriginal descent or cultural or visible minorities. Additionally, students will have opportunities for providing consultations on risk management to clinical teams across the hospital. Supervision is provided on an individual basis as well as in team meetings and case conferences. The ideal candidate
for the Adult Forensic rotation is one with a strong interest in assessment and treatment of clients within a forensic setting and some experience of assessment prior.

Sexual Behaviours Clinic (SBC)
Supervisor: Ainslie Heasman, Ph.D., C.Psych

* accepts applicants from non-accredited programs

The Sexual Behaviours Clinic (SBC) is part of the CAMH Complex Mental Illness Program. The SBC outpatient unit specializes in the assessment and treatment of individuals with sexual behaviour problems. Some individuals have engaged in sexual offences and have involvement with the legal system which results in their referral to the SBC, while others have self-identified concerns over sexual behaviour and/or interests (i.e. hypersexuality or paraphilias). An increasing number of non-offending individuals with pedophilia present to the clinic for treatment.

Students typically engage in sexological and diagnostic assessments of individuals in an outpatient context, and may also have the opportunity to assess individuals on an inpatient unit for sexual behaviour concerns. While psychological testing is not routinely conducted in these assessments, there is an opportunity for students to incorporate assessment tools on occasion, or assist in a more structured psychological assessment of clients referred by another SBC staff member. Students will learn to become proficient in the scoring of the Static-99R and attending to dynamic risk factors in assessment and treatment. Treatment groups for sexual behaviour problems are provided to outpatient groups and students can participate in co-facilitation. Co-facilitation can occur with the supervisor in a hypersexuality (non-forensic) group and/or a group for men with sexual offences, depending on the treatment schedule. There is an opportunity for individual therapy cases as well, addressing the same presenting sexual behaviour problems. Students will become familiar with the psycholegal standards involved in forensic assessment and how to work with key stakeholders in the system (i.e. probation).

Supervision is provided on an individual basis, as well as in team meetings and weekly case conferences. Students will also have the opportunity to participate in various departmental and hospital wide seminars.

WOMEN’S PROGRAM
(available for Fall and Winter placements)
Supervisor: Donna Akman, Ph.D., C. Psych.

The Women’s Program offers services for women with chronic and complex mental health problems who often have a history of trauma and/or addictions. Our main service is an inpatient treatment program that is trauma-informed and integrates psychotherapeutic, psychopharmacological, and psycho-educational modalities of care. The Women’s Program is staffed by an interdisciplinary team from psychiatry, psychology, nursing, therapeutic recreation, and social work.
Clinical activities in which students are involved include providing individual therapy with both inpatients and outpatients and co-facilitating inpatient groups. Students are expected to participate in clinical rounds, team meetings, and educational events.

Applicants should be enrolled in a Doctoral level program.
CLINICAL PRACTICUM FACULTY SUPERVISORS


Larry Baer, PhD, C. Psych. Concordia University, 2014. Clinical and Research Interests: assessment and treatment of individuals with psychosis spectrum disorders and comorbidities such as social anxiety.


**Sean Kidd, Ph.D., C.Psych.,** Clinical Interests: complex trauma, mindfulness, and emotion-focused therapy. Research Interests: examining mechanisms of resilience among marginalized persons and the effectiveness of psychiatric rehabilitation interventions.


**Lena C. Quilty, Ph.D.** University of Waterloo, Clinical and research interests: include psychological assessment and treatment of mood and anxiety disorders. Research interests include the role of personality and cognition as mediators and moderators of treatment outcome in depression, the hierarchical structure of personality and psychopathology, and the psychometric evaluation of measures of psychopathology and other individual difference variables.


**Sylvian Roy, Ph.D., C.Psych.** University to Montreal, 2011. Clinical interests: Neuropsychology and Neurorehabilitation. One of my roles will be to assess patients for brain injury and/or neurocognitive impairments stemming from complex medical conditions / concurrent disorders in addition to schizophrenia. Neurorehabilitation efforts may focus on cognitive remediation and/or compensation. Supervision can be offered in French or English.


James Watson-Gaze, Ph.D., C.Psych., York University, 2017. Clinical and Research Interests: Assessment and treatment of people with psychotic disorders using CBT, DBT, and MI approaches; treatment of people with psychosis and comorbid substance use and/or emotion dysregulation

Centre for Addiction and Mental Health
Psychology Practicum Application Form
For 2019-2020 Academic Term

(Applications are due on or before **February 1, 2019**)

Name: _________________________________________

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**Educational Background:**

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**Director of Clinical Training:** ________________________________

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Rankings:
Based on the aforementioned descriptions provided, please rank order of the following rotations you would be interested in participating in (e.g., 1= 1st choice [most preferred rotation], 2= 2nd choice, 3= 3rd choice, etc.).

Please note that there are:
   (1) Child, Youth and Family, and
   (2) Adult tracks

It is possible, but unusual for candidates to have in-depth training in both child and adult work. If you have both, you may rank across Child and Adult tracks. Otherwise, you should rank within one track only.

You do not have to rank as many as 3 services (only rank those in which you are interested), but please do not rank more than 3 choices in total.

CHILD and YOUTH TRACK

Better Behaviours Service
Focus on Youth Psychosis Prevention (FYPP) Clinic
Psychological Assessment Team for Children and Youth
Youth Justice Assessment Clinic

ADULT TRACK

Addictions and Concurrent Disorders
Clinical Research
Complex Care and Recovery Program - Assessment Service
Complex Care and Recovery Program - Cognitive Behaviour Therapy Service
Forensic Inpatient Service
Forensic Outpatient Service
Forensic Consultation and Assessment Team
Gender Identity Clinic
Integrated Day Treatment Program
Mood and Anxiety Ambulatory Services
Adult Neurodevelopmental Services
Sexual Behaviours Clinic
Women's Program
Work, Stress and Health Program
Student Practicum Opportunities at Mind Forward Brain Injury Services
Mind Forward Brain Injury Services (formerly known as Peel Halton Dufferin Acquired Brain Injury Services), is a not-for-profit organization funded by the Ministry of Health, Mississauga-Halton and Central West LHINs. We provide services for clients with ABI, ranging from day programs and clinical services such as psychological and neuropsychiatric care, to residential services, such as supported independent living and housing. We also offer services and education for individuals who are struggling with concussion or post-concussion symptoms. We have over 400 in-service clients that attend our programs regularly, and serve some of the hardest to serve individuals with brain injuries in the province of Ontario.

We are looking for Psychology graduate students or fellows who are interested in gaining clinical and/or research experience in the field of brain injury with individuals, couples, group, or families and their caregivers.

Clinical duties can include intake assessments, psychological assessments, and one on one or couples/families/caregiver counselling. There will be opportunities to run group therapeutic and educational interventions. If interested, many of our programs have a behavioural psychological component, and as such, the opportunity to work with our behaviour therapist to design and implement behavioural interventions exists as well. Opportunities to help co-facilitate once monthly family support groups, and group interventions exist as well.

Our organization is extremely data driven, and students will be expected to collect and analyze data to make clinical decisions based on evidence-based methods. Both assessment and intervention involve collaborating with an interdisciplinary team and includes monthly team meetings.

If interested in research, we have various interdisciplinary research topics that explore the impact of brain injury on clients living with ABI and their caregivers.

Please note that at present Mind Forward does not have CPA or APA accreditation.

Psychologist:
Dr. Deborah Tang, PhD., C.Psych with specializations in Neuropsychology and Rehabilitation

Dr. Tang is the Clinical Director at Mind Forward Brain Injury Services. She has research interests in concussion, resiliency following acquired brain injury, and the importance of the role of caregiving in helping individuals with brain injury. In her work, she has contributed to the development of mild TBI/concussion guidelines from the Ontario Neurotrauma Foundation (ONF), as well as worked on the implementation of the moderate to severe ABI guidelines. She currently is part of a research group that holds a partner development grant from SSHRC, and also lead her team to being awarded a development grant from the Ontario Trillium Foundation to pilot and develop programming for caregivers.
PRACTICA
We will be offering one practicum placement for **Fall/Winter**
September 15 – May 15. There is some flexibility in the start and end dates.

We will provide students access to an office, a computer, and a telephone line. Students will get to work directly with clients with acquired brain injury and their families in a community-based setting. This is a very rewarding environment, as we work with our clients often on a long-term basis, and develop strong relationships with clients and their families.