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Background and Organization

This section of the Graduate Handbook contains historical information about Clinical Psychology at the University of Toronto Scarborough, its philosophy and mission, and its position within the larger Counselling and Clinical Psychology Graduate Program.

The Counselling and Clinical Psychology Graduate Program at the University of Toronto was borne out of a major modification to the existing Counselling Psychology Graduate Program housed at the Ontario Institute for Studies in Education (OISE). In 2013, a new field was introduced to the program to offer specialty research and professional training in Clinical Psychology, a field that is administratively housed at the University of Toronto Scarborough (UTSC). The graduate program is intended for students pursuing careers in research, teaching, and clinical practice.

Program Philosophy

Clinical Psychology at UTSC adheres to a Clinical Science model of training (see Kazdin, 2008; McFall, 1991). Housed within the Graduate Department of Psychological Clinical Science (GD-PCS), the primary and overriding objective of graduate training in Clinical Psychology at UTSC is to produce exceptional clinical scientists according to the highest standards of research and professional practice.

<table>
<thead>
<tr>
<th>Mission</th>
<th>We are innovators in clinical science to advance research, training and practice.</th>
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<tbody>
<tr>
<td>Goal</td>
<td>To generate clinical scientists, who can be employed in all professional settings, including research, applied or administrative settings.</td>
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Values

Equity, Collegiality, Accountability and Transparency, and Diversity and Inclusivity.

Administrative Structure

The tri-campus graduate program is housed across two Departments: The Graduate Department of Psychological Clinical Science at UTSC and the Department of Applied Psychology and Human Development at OISE. Each department offers one field of study of the Counselling and Clinical Psychology Degree Program, and has a Director of Clinical Training (DCT) and a Program Coordinator. In the GD-PCS, the DCT is combined with the Graduate Chair into a single consolidated position. See Appendix A for administrative positions currently held by faculty.

Administrative Positions Held by Clinical Psychology Faculty at UTSC

To view the names of faculty holding administrative positions in the GD-PCS, please see Appendix A.

Administrative Position

Graduate Chair/Director of Clinical Training

Oversees all functions of the program, including strategic planning, academic, and clinical components, as well as a positive learning environment and equity, diversity, and inclusion. Specifically is the lead for: all unit and field reviews including submission to response (UTQAP and CPA accreditation); oversees development and revision of program policy and procedures as needed; oversees curriculum development and management; first response for all clinical faculty concerns regarding the program and students; first administrative response for all student concerns regarding more complex issues across the program, practicum, and internship sites (e.g., more significant conflict, code of conduct, safety, changes of supervision); extensions, and other changes to program requirements; receives reports from all program committees; represents the program on clinical hiring, tenure, and promotion committees; works with Psychology Chair on workload and PTR evaluation of clinical faculty for graduate duties; represents graduate program at Chair and Directors meetings at UTSC, School of Graduate Studies meetings (SGS), University-wide meetings (PDA&C), and College of Psychologists of Ontario meetings; advocates on behalf of the graduate program to CPA, UTSC, SGS, and regulatory bodies; develops and maintains relationships with internal practica groups (e.g., UTSC Health & Wellness Centre) and those outside of UTSC (e.g., external practicum sites); manages all elements related to internship
applications and APPIC; oversees Final Oral Exam procedures; oversees graduate program budget; supervises administrative staff.

**Program Coordinator**

First administrative response and student advising for problem resolution related to academic, practicum, and supervisory-related matters for students (if possible, students should first discuss issues with their supervisor(s) for guidance; in addition, program coordinator may then direct students to the Graduate Chair/DCT when necessary); coordinating annual review of students as chair of the Student Evaluation Committee; facilitates all student award applications (e.g., Tri-council, OGS, Vanier) and reports to the agencies on progress; represents GD-PCS on the SGS Awards Committee; oversees admissions and recruitment (as Chair of Admissions Committee); consults with students and liaises with both internal and external practica supervisors to address any issues regarding student performance (as per review of the midterm and final evaluations), as well as to address student concerns; approves program-sanctioned practicum hours; manages documentation and record keeping regarding students’ progression and evaluation during practicum placements; oversees the development and maintenance of a listing of practicum sites in the GTA; representative of the program for GTA practicum Match Day; approves Directed Reading courses; coordinates activities of the student representatives; together with the Graduate Program Administrator updates the Graduate Handbook and maintains the Psychological Clinical Science Testing Library.

The **Graduate Program Administrator** provides oversight on daily administrative operations, develops and implements processes according to SGS policy, and serves as a first point for all programmatic inquiries. Primary duties include managing all matters of curriculum, including program and course modifications as well as syllabi review, processing transfer credits, course exemption requests and directed reading paperwork including final grades, handling all administrative components of the final oral examination process, as well as supporting unit reviews. The Graduate Program Administrator communicates and administers all scholarship and award opportunities, and works with the Dean’s Office to implement graduate student funding packages. As well, all forms used to track student progress through the program should be sent to the Graduate Program Administrators attention. This role works alongside the Program Coordinator when monitoring program milestones including the tracking of clinical hours and supporting Match Day activities. Additional front-line student services include booking in-person and remote meetings, checking out materials from the Testing Library and updating the department website. The Graduate Program Administrator also supports the delivery of effective program administration through maintaining documentation necessary for unit reviews, timetabling and scheduling courses (this also includes the scheduling of sessional dates), coordinating the admissions process alongside the Program Coordinator, assisting the Graduate Chair with internship readiness, overseeing the Graduate Faculty Membership process, coordinating events, and supporting departmental committees and special projects.
Graduate Student Leadership Roles

Graduate students in Clinical Psychology at UTSC are encouraged to assume leadership roles, representing the student voice in the program and mentoring peers in various capacities. A description of these roles is described below. Students interested in a leadership position should consult the Program Coordinator or Graduate Program Administrator to learn more about these opportunities. Nominations for open positions will be solicited annually in April. To view the names of students who currently hold these positions, please see Appendix B.

a) **Student Ambassador (1-2 positions, 2-year term):** The Student Ambassador(s) represent(s) the program within the University of Toronto and the broader community; attend(s) recruitment events to promote graduate training in Clinical Psychology at UTSC; meet(s) with incoming graduate students during orientation activities; and work(s) alongside administrative support staff to plan and coordinate social events, including those that take place during the graduate admissions process.

b) **MA/PhD Graduate Student Representative (2 positions, 2-year term):** The Graduate Student Representatives attend Program Committee Meetings; serve as faculty liaisons, representing the voices of MA and PhD students in Clinical Psychology; maintain regular lines of communication among students, faculty and administrators; meet on a monthly basis with the Program Coordinator to develop effective strategies to manage student questions and concerns; and co-chair sessional student meetings with the Program Coordinator.

c) **Curriculum and Academic Program Requirements Committee (1 position, 2-year term):** The Graduate Student Representative on this committee will work alongside faculty and staff in processes related to curriculum and academic program requirements.

d) **Inclusivity Committee (2 positions, 2-year term):** The Graduate Student Representatives on this committee will work alongside faculty and staff to coordinate the annual Invited Diversity Speaker Series, which includes identifying potential speakers and helping to coordinate logistics. Additionally, the students will work with the Inclusivity Committee to foster an inclusive environment for all department members.

e) **Graduate Department Academic Appeals Committee (1 position and 1 alternate member, 2-year term):** The Graduate Department Academic Appeals Committee is responsible for reviewing formal complaints from students regarding substantive or procedural academic matters. The Graduate Student Representative on this committee, along with the alternate member, are normally chosen by fellow graduate students.
f) **Professional Development & Seminars/Workshop Committee (1 position, 2-year term):** The Graduate Student Representative on this committee will work alongside faculty and staff to identify, organize, and promote academic events that will enhance the training program and connect the department to the broader clinical psychology community.

**Core Clinical Faculty Members**

*Note: Applicants to the MA and PhD programs should consult the GD-PCS website for an up-to-date listing of core and associate faculty who are considering accepting new graduate students for the current admissions cycle. Associate faculty members provide graduate co-supervision with a core faculty member.*

**R. Michael Bagby, Ph.D., ABAP., C.Psych. (Professor),** is a clinical psychologist whose main research focus is on the relationship between personality and psychopathology, with particular attention to anxiety disorders, affective disorders and, more recently, schizophrenia-spectrum disorders. He is also interested in personality disorders, dimensional models of personality and the effect personality has on individual response to different modes of treatment for major depression (such as cognitive therapy and pharmacotherapy); psychodiagnosis and the detection of malingering. He is also Senior Collaborator Scientist in the Clinical Research and Clinical Imaging Programs at the Centre for Addiction and Mental Health; he also holds the rank of Professor in the Department of Psychiatry, University of Toronto.

**Michael W. Best, Ph.D., C.Psych. (Assistant Professor),** is an Assistant Professor in the Department of Psychology and the Graduate Department of Psychological Clinical Science at the University of Toronto Scarborough. His research examines cognitive behavioural therapy and cognitive remediation therapy for individuals experiencing psychotic disorders. This research program employs a multi-method approach, incorporating EEG, psychological, and behavioural assessments to examine the effectiveness of these interventions. Additionally, physiological and psychological mechanisms of change from therapy are examined in order to determine appropriate treatment targets and refine the efficiency and efficacy of these interventions.

**Andrew Cooper, Ph.D.* (Assistant Professor, Teaching Stream),** is an Assistant Professor, Teaching Stream in the Department of Psychology and Graduate Department of Psychological Clinical Science at UTSC. His primary role is as an instructor of both undergraduate and graduate courses, with an emphasis on scientific communication, statistics, meta-science, and psychotherapy. His research is focused on how and for whom cognitive behavioural therapies work best. Specific areas of interest include processes and predictors of change in psychotherapy, and novel approaches to predicting and attenuating risk of attrition.

*Note: Dr. Cooper does not provide research supervision to graduate students.*
Jessica Dere, Ph.D., C.Psych.* (Associate Professor, Teaching Stream), is a clinical psychologist whose research interests lie at the intersection of clinical and cultural psychology. She has a particular interest in the interplay between cultural variables and emotional processes, including the experience and expression of emotional distress. Specific topics within this research program include the cultural shaping of depressive and anxious symptom presentation, and cultural variations in beliefs about depression. She aims to conduct research that holds direct implications for culturally informed clinical practice.

*Note: Dr. Dere does not provide research supervision to graduate students.

Vina M. Goghari, Ph.D., C.Psych. (Professor and Vice-Dean Research and Program Innovation, School of Graduate Studies), is a clinical psychologist, whose research brings together multiple methodologies, including neuroimaging, behavioural genetics (i.e., family studies), cognitive and affective experimental psychology, and clinical assessment. The main aim of her research is to advance scientific knowledge in the causes, course and outcome, and treatment of psychosis. Her laboratory also studies other disorders that present with cognitive deficits, including mood disorders and addictive disorders. A secondary aim in her laboratory is to better understand basic cognitive, social and affective processes in the healthy population. She has also published in the area of training and education in both undergraduate and graduate studies. She was awarded two prestigious national awards in 2021, the Canadian Psychological Association Award for Distinguished Contributions to Education and Training in Psychology and the Canadian Council of Professional Psychology Program Award for Excellence in Professional Training – Academic. She is the Editor of Canadian Psychology, the flagship journal of the Canadian Psychological Association, and an Associate Editor of Clinical Psychological Science.

Anthony C. Ruocco, Ph.D., C.Psych. (Professor and Interim Graduate Chair/ Director of Clinical Training), is a clinical psychologist who conducts research at the intersections of clinical psychology, neuropsychology, and cognitive-affective neuroscience. His research focuses primarily on cognition and psychopathology, including symptoms and maladaptive traits. His research encompasses neurocognitive, social-cognitive, and neuroimaging studies of externalizing psychopathology (e.g., disinhibited behaviours, personality disorder diagnoses and traits, substance use disorders), suicidal thinking and behaviours, and depression, with a particular emphasis on executive functions, especially cognitive control. His research extends to family studies and investigations that incorporate measures of brain structure and function, including using magnetic resonance imaging and near-infrared spectroscopy brain imaging techniques.

Zinder V. Segal, Ph.D., C.Psych. (Distinguished Professor of Psychology in Mood Disorders), is a clinical psychologist whose research examines the use of mindfulness meditation in promoting affect regulation skills in people suffering from a depressive and anxiety based disorder. His research program has two broad thrusts
involving 1) the use of brain imaging to identify neural markers of depressive relapse or resilience associated with long-term practice of mindfulness meditation and 2) evaluating the efficacy of mindfulness-based clinical interventions delivered via online or mobile platforms as a means of increasing access to care.

Amanda A. Uliaszek, Ph.D., C.Psych. (Associate Professor and Program Coordinator), is a clinical psychologist with a research program exploring transdiagnostic factors related to personality pathology and emotion dysregulation; this includes an examination of structural models, etiological factors, and prognostic indicators. This program of study extends to dialectical behavior therapy, with a specific focus on understanding and improving treatments for adolescents and university students. Dr. Uliaszek’s current research more broadly prioritizes psychotherapy mechanisms, outcomes, program improvement and evaluation, as well as barriers to treatment implementation, in a variety of hospital, community, and residential treatment settings.

Konstantine K. Zakzanis, Ph.D., C.Psych. (Professor), is a Professor in the Department of Psychology at the University of Toronto Scarborough and the Graduate Departments of Psychology and Psychological Clinical Science at the University of Toronto. Dr. Zakzanis is also a licensed clinical neuropsychologist and psychologist with the College of Psychologists of Ontario. His primary research interest is in placing the practice of diagnostic assessment on firmer scientific grounds using various neuropsychological, neuroimaging, computer-based and virtual reality measures. Here, he is engaged in the development of novel theoretical constructs and psychometric measures to improve clinical diagnostic inference as it pertains to real world functioning and to improve and predict outcome in the context of various clinical disorders, including primarily that of traumatic brain injury, depression, schizophrenia, and dementia.

Associate Members

Refer to the GD-PCS website for full profiles.

Ofer Agid, M.D. is staff psychiatrist and a clinician scientist in the Schizophrenia Program at the Centre for Addiction and Mental Health in Toronto. Dr. Agid is the Medical Head, Ambulatory Services and the Lead Psychiatrist, Partial Hospital Program at the Schizophrenia Program. He is also Associate Professor in the Department of Psychiatry, Faculty of Medicine, University of Toronto and Associate Member, Institute of Medical Science (IMS), University of Toronto. Dr. Agid's research focus is psychopharmacology in schizophrenia, specifically early response to antipsychotic medications, early predictors of response and treatment resistant schizophrenia. His work has uncovered a new “early onset of action” hypothesis of antipsychotics, which has impacted current practice guidelines for the treatment of schizophrenia.

Judith P. Andersen, Ph.D. Judith Andersen is a health psychologist whose research interests focus on the biopsychosocial mechanisms by which stress impacts mental and physical health. In addition to lab studies, she uses ambulatory psychophysiological
equipment to conduct field research with people who experience trauma and severe stress. Prof. Andersen's on-going research projects include resilience training and research on the health and performance outcomes of psychophysiological stress intervention techniques for civilians, police and military personnel.

**Sandra Black, O.C., O.Ont., M.D., FRCPC, FRSC** is the Deborah Ivy Christian Brill Chair in Neurology at the University of Toronto and Sunnybrook Health Sciences Centre. Dr. Black's research focuses on the cognitive sequelae of stroke and stroke recovery, the differential diagnosis of dementia, the use of neuroimaging techniques to elucidate brain-behaviour relationships in stroke and dementia, and more recently, imaging-genetics correlations.

**Melanie Cohn, Ph.D., C.Psych.** is a clinical neuropsychologist and clinician-investigator at Toronto Western hospital and Krembil UHN. Her main research interest is the cognitive function of the temporal lobes and related brain networks, and particularly, memory and social cognition. She uses behavioural paradigms as well as structural and functional neuroimaging techniques in healthy individuals and people with neurological diseases such as temporal lobe epilepsy and Parkinson's disease. She also conducts clinical research involving neuroimaging diagnostic tools and neurosurgical interventions such as lobectomies and deep brain stimulation (DBS). In these projects, she is interested in identifying sensitive cognitive outcome measures as well as predictors of such outcome. A key aspect of her work is the translation of principles learned from the experimental cognitive neuroscience literature to enhance the practice of clinical neuropsychology.

**William A. Cunningham, Ph.D.** studies the cognitive and motivational processes underlying emotional responses. Current research examines how motivation and emotion-regulation (which can occur at both automatic and controlled levels of processing) contribute to emotional and evaluative states. This work suggests that affective states are constructed moment to moment from multiple component processes that integrate relevant information from various sources such as automatically activated attitudes and situational contexts. To understand these processes, his lab uses methods and theories from psychology (e.g., models of attitudes and latency-based evaluation measures) and cognitive science (e.g., biological models of emotion, fMRI/EEG methods, computational modelling).

**Kim Edelstein, Ph.D., C.Psych.** research focuses on the effects of cancer and cancer treatment on cognitive functions. Her current studies include: neurocognitive late effects of treatment in adult survivors of childhood cancer; effects of radiation treatment on brain structure and function in adults with low grade brain tumours; cancer and circadian rhythmicity: the relationship between cognitive function and disruptions in circadian timing in patients with hypothalamic tumours.
Norman Farb, Ph.D. studies the social neuroscience of the self and human emotion, with a focus on how biases in self-representation shape emotional reactions that determine well-being. Dr. Farb’s work draws from multiple levels of analysis, including first and third-person qualitative reports, behavioral task performance, physiological responses, and patterns of neural activity and connectivity derived through functional MRI. He is particularly interested in how cognitive training practices such as mindfulness meditation foster resilience against stress, reducing vulnerability to disorders such as depression.

Brett Ford, Ph.D. research examines the basic science and health implications of how individuals think about and manage their emotions. Her research uses multi-method and interdisciplinary approaches — including experiential, behavioural, and physiological assessments — to examine the structure of emotion beliefs and emotion regulation strategies, the cultural, biological, and psychological factors that shape these beliefs and strategies, and their implications for health and well-being.

Marc Fournier, Ph.D. is a clinically trained personality psychologist whose interests concern the causes and consequences of successful interpersonal functioning. His research uses intensive methods of both naturalistic and laboratory-based personality assessment, including event-contingent recording, round-robin rating, behavioral observation, and narrative coding, to examine how individuals both act upon others and react to them in ways that contribute to their capacity for autonomous self-regulation, to their vulnerability to depression, and to their self-knowledge.

George Foussias, M.D., Ph.D. is a clinician-scientist in the Campbell Family Mental Health Research Institute and Schizophrenia Division, Complex Mental Illness Progress at the Centre for Addiction and Mental Health. Dr. Foussias’s research focuses on advancing our understanding and treatment of motivational deficits, and related negative symptoms, seen in severe mental illnesses. His approaches include longitudinal phenomenology and outcome studies, psychopharmacology treatment trials, neuroimaging, and the development of novel assessment methodologies using virtual reality, motion-tracking technology, and computerized assessments to tap into real-world performance and functioning. The ultimate goal of this work is to guide the development of more effective treatments for motivational deficits, which stand as an important barrier to functional recovery in severe mental illnesses.

Cory Gerritsen, Ph.D., C.Psych. is a clinical psychologist and independent scientist in the Forensic Early Intervention Service (FEIS) at the Centre for Addiction and Mental Health (CAMH). His background is primarily in the assessment and treatment of severe psychopathology, including schizophrenia-spectrum disorders. His work at FEIS focuses on incarcerated individuals with mental illness, factors that lead to offending and factors that mitigate or predict re-offending. His interests also include cognition, psychological agency, and psychotherapy.
Robin Green, Ph.D., C.Psych. is a tier II Canada Research Chair in traumatic brain injury and a clinical neuropsychologist. Her program of research addresses brain and behavioural mechanisms of traumatic brain injury (TBI). Dr. Green’s lab has shown that in addition to beneficial mechanisms that support recovery following a moderate or severe TBI, there are deleterious mechanisms in the sub-acute and chronic stages of injury that give rise to progressive cognitive, mood and neural deterioration. Her lab has contributed to the reconceptualization of TBI as a neurodegenerative disease process. The lab has focused on identifying modifiable (“post-injury”) factors that contribute to degeneration, focusing on the hippocampi in particular. They have identified that elevated anxiety and reduced cognitive stimulation are associated with hippocampal volume loss.

Cendri Hutcherson, Ph.D. is the director of the Toronto Decision Neuroscience Laboratory and an Assistant Professor of Psychology at the University of Toronto with a cross-appointment to the Rotman School of Management. She received degrees in psychology from Harvard (B.A.) and Stanford (Ph.D.), and worked as a post-doctoral scholar studying neuroeconomics at the California Institute of Technology. Her research program applies computational modeling to behavior, eye tracking, EEG, and fMRI data, with the goal of understanding how we make decisions and why we sometimes make decisions we later regret.

Michael Inzlicht, Ph.D. has a program of research which consists of three related lines of research, characterized by the integration of social, neuroaffective, and psychophysiological approaches. The major focus of his lab is on the neuroscience and psychology of self-control, investigating the function, role, and psychological correlates of one of the brain’s major nodes of executive control, the anterior cingulate cortex (ACC). This is a part of the brain located in the medial prefrontal cortex and indexed by an electroencephalographic (EEG) signal called the error-related negativity (ERN). By studying the ACC and the ERN, Dr. Inzlicht is gaining a better understanding of how self-control works and why it so often fails.

Rutsuko Ito, Ph.D. is interested in the neurobiology of schizophrenia, drug addiction and depression, with a particular focus on the function and dysfunction of brain regions comprising the cortico-limbic-striatal circuitry, and associated neurotransmitter systems. Her laboratory combines the use of pharmacological interventions in rodent models and human neuroimaging to examine the neural circuitries underlying incentive motivational systems, with one central hypothesis of her research being that a dysregulation in incentive motivational salience attribution to various internal and external stimuli can lead to manifestations of psychological disease. She is also interested in extending and applying her research to patient neuropsychology (patients with schizophrenia, depression, etc).

Sean Kidd, Ph.D. C.Psych. is the Psychology Division Chief and a Senior Scientist at the Centre for Addiction and Mental Health (CAMH). He is also Associate Professor in the Department of Psychiatry at the University of Toronto. The focus of Dr. Kidd's
career has been upon marginality and service enhancement. The populations of focus, often overlapping, are homeless youth and individuals with severe mental illness. Specific domains of contribution include publishing landmark papers in qualitative methods in psychology; international recognition for his research into youth homelessness, including being one of the most published scholars in that area; and extensive work in developing and testing psychiatric rehabilitation interventions and examining social inclusion among marginalized populations.

**Nathan Kolla, M.D., Ph.D.** is a forensic psychiatrist whose lab aims to elucidate the neurobiological correlates of violence, anger, and aggression among individuals with borderline personality disorder, conduct disorder, antisocial personality disorder, and psychopathy. His research involves the use of multimodal neuroimaging techniques, including positron emission tomography and functional magnetic resonance imaging, in addition to genetic analyses.

**Andy Lee, Ph.D.** is interested in memory loss or amnesia, a common and debilitating syndrome that can occur after traumatic head injury, viral illness, alcoholism, or as a result of dementia such as Alzheimer’s Disease. A major goal of his research is to understand the mechanisms by which memories are formed, stored and retrieved in the human brain and how these memory processes can be disrupted following brain damage. His research uses neuroimaging (e.g. functional MRI, diffusion-weighted imaging), patient neuropsychology (e.g. patients with static brain lesions, or progressive dementia) and eye-tracking to address a number of theoretical issues.

**Stephanie Penney, Ph.D., C.Psych.** is a clinician-scientist within the Complex Care and Recovery Program (Forensic Division) at the Centre for Addiction and Mental Health, and cross appointed at the Assistant Professor level within the Department of Psychiatry at the University of Toronto. Both her research and clinical work focus on the assessment and management of violence risk within adult psychiatric and correctional populations. Specifically, she is currently engaged in 3 central lines of research: modifiable risk factors for violence and adverse outcomes, motivational factors for violence and offending, and mental health systems research.

**Lena C. Quilty, Ph.D., C.Psych.** is a clinical psychologist and Independent Scientist in the Campbell Family Mental Health Research Institute at the Centre for Addiction and Mental Health. Dr. Quilty studies personality and cognitive moderators and mediators of illness course and outcome, with a particular focus on reward processing and anhedonia in mood and addictive disorders. She further evaluates evidence-based assessment instruments in both clinical and research contexts, as well as cognitive behavioural therapy and associated therapies, and computer-based forms of cognitive retraining and modification.

**Jennifer Rabin Ph.D., C.Psych.** is a clinical neuropsychologist and scientist at Sunnybrook Research Institute. Her research program focuses on two main themes. As the neuropsychology lead in the Harquail Centre for Neuromodulation, her research characterizes cognitive, behavioural, and psychosocial changes associated with novel
neuromodulation strategies. This includes low-intensity focused ultrasound (FUS) to open up the blood-brain barrier in patients with Alzheimer’s disease, and high-intensity FUS to treat severe psychiatric and neurological conditions, such as obsessive-compulsive disorder, major depressive disorder, and essential tremor. Another line of her research combines multimodal neuroimaging, such as MRI and PET, with sensitive neuropsychological measures to better understand modifiable risk factors that may delay the progression of Alzheimer’s disease and other dementias.

**Neil A. Rector, Ph.D., C.Psych.** is a clinical psychologist whose program of research focuses on the efficacy and mechanisms of action of cognitive behavioural therapy for the anxiety disorders, OCD and Related Conditions, and mood disorders. Current areas of investigation include: 1) the impact of CBT alone and in combination with physical exercise on the symptoms and cognitive vulnerabilities associated with OCD and depression, 2) the role of genetic vulnerabilities moderating symptom and cognitive change in response to CBT, and 3) prospective research examining the integrative genetic, cognitive, and psychological risk for OCD, anxiety and mood disorders. Dr. Rector is also the Director of the Mood and Anxiety Treatment and Research Program and the Director of Research for the Frederick W. Thompson Anxiety Disorders Centre at the Sunnybrook Health Sciences Centre, University of Toronto.

**Gary Remington, M.D., Ph.D.** researches the pharmacotherapy of schizophrenia, particularly as it applies to psychosis and treatment response. He is currently part of a working group at the University of Toronto focusing on the different symptom domains and subtypes of schizophrenia, using a combination of preclinical and clinical investigations including animal models, neuroimaging (PET, MRI, fMRI), neuropsychology, electrophysiology, virtual reality, and human clinical trials. Dr. Remington holds the position of Chief, Schizophrenia Program at the Centre for Addiction and Mental Health.

**Catherine Sabiston, Ph.D.** holds a Canada Research Chair (Tier II) in physical activity and mental health to conduct research related to understanding physical activity, motivation, and mental health (including body image, physical self-perceptions, anxiety, depression, and stress). Her research focuses primarily on females across the lifespan and clinical populations that are the least active segments of the Canadian population.

**Mark Schmuckler, Ph.D.** is a specialist in the areas of infant perceptual-action coupling and the perception of pitch structure in music. His research in infant development focuses on perception-action coupling, or how it is infants coordinate motor movement with perceptual, and specifically visual, information. As well, his work in adult musical perception focuses on the processes by which adults understand and respond to complex music, and how these same processes might be important in musical performance. This work has focused on the aspects related to the perception of pitch structure in music.
Please note: Associate Members listed below provide clinical supervision only.

Alison Bury, Ph.D., C.Psych. is a clinical psychologist at the Centre for Addiction and Mental Health in the Work, Stress, and Health program. At CAMH, she conducts evidence-based psychological and neuropsychological assessments for the purpose of determining occupational disability.

Donna Ferguson, PsyD., C.Psych., ABPP has been in independent practice since 2004, providing assessment and cognitive behavioural therapy in the area of Posttraumatic Stress Disorder and other Anxiety Disorders primarily with injured workers at the Centre for Addiction and Mental Health. Her clinical research interests and areas of specialty include concurrent disorders particularly in the area of anxiety disorders and/or co-morbid depressive disorders with gambling pathology. Dr. Ferguson has published scholarly articles in the areas of Posttraumatic Stress Disorder and problem gambling. She has also worked with clients in the area of addiction. Dr. Ferguson also works as an examiner for the College of Psychologists of Ontario, is chair of the Quality Assurance Committee at the College of Psychologists of Ontario and is Board Certified in Clinical Psychology.

Niki Fitzgerald, Ph.D., C.Psych. is a clinical psychologist at the Centre for Addiction and Mental Health in the Work, Stress, and Health program where she assesses and treats workers injured at the workplace through WSIB. She is a certified cognitive therapist holding Diplomate status with the Academy of Cognitive Therapy. Dr. Fitzgerald is currently involved in a study utilizing an internet-based CBT program for depression and anxiety. She is the Director of Training (Interim) at CAMH.

Samantha Fuss, Ph.D., C.Psych. is a clinical and rehabilitation psychologist in the Work, Stress and Health Program at the Centre for Addiction and Mental Health. Her clinical work focuses on providing assessment and evidence-based treatment for individuals who have experienced trauma through the course of their work. Her research interests include the application of Motivational Interviewing to enhance treatment outcomes and psychological approaches to addressing chronic pain. She completed her undergraduate training at McGill University and doctoral degree through York University.

Lance L. Hawley, Ph.D., C.Psych. is the staff psychologist and co-director of clinical training for the Frederick W. Thompson Anxiety Disorders Centre at Sunnybrook Health Sciences Centre. Dr. Hawley is also an assistant professor in the Department of Psychiatry at the University of Toronto. He previously worked as a staff clinical psychologist for the Mood and Anxiety Outpatient Service and the Psychological Trauma Program at the Centre for Addiction and Mental Health. His clinical focus involves providing individual and group psychotherapy treatment to adult outpatients experiencing mood and anxiety disorders. Dr. Hawley has led training workshops and has provided clinical supervision to mental health professionals involving the treatment of mood and anxiety disorders using Cognitive Behavioral Therapy (CBT) and Mindfulness Based CBT (MBCT) approaches. He completed his clinical training in
university and medical centers in Waterloo, Montreal, Hamilton and Toronto. Dr. Hawley’s clinical and research focus involves understanding the underlying mechanisms that contribute to improved psychological treatment response.

Longena Ng., Ph.D., C.Psych. is a clinical psychologist at the Centre for Addiction and Mental Health in the Work, Stress, and Health program. She provides clinical supervision as well as assessment and treatment in the areas of Posttraumatic Stress Disorder, other anxiety disorders, and depression. Dr. Ng is also the Psychology Practicum Director at CAMH.

Lesley A. Ruttan, Ph.D., C.Psych. is a registered psychologist practicing in both clinical neuropsychology and clinical psychology. She splits her time between an out-patient acquired brain injury neuro-rehabilitation program at Toronto Rehabilitation Institute (TRI)/University Health Network (UHN) and private practice. Lesley is interested in the enduring effects of concussion and has been involved with the Canadian Concussion Centre for the past several years providing education and support workshops and more recently, moderating webinars to individuals experiencing persistent post-concussive symptoms, their families and healthcare providers. She is also involved in research with the Hull-Ellis Concussion Clinic at Toronto Rehab/UHN looking prospectively at individuals that have suffered concussions and their recovery course. Lesley co-chairs the UNH Psychology Professional Council and Psychology Education and Training Committee. She has been supervising graduate level practicum students, pre-doctoral residents and post-doctoral fellows for several years.

Prathiba Shammi, Ph.D., C.Psych. is a psychologist in the Brain Sciences Program, Sunnybrook Health Sciences Centre and Practicum Supervisor. Her role at Sunnybrook HSC includes clinical neuropsychological diagnostic assessment and consultation, teaching, and clinical supervision. Prathiba’s clinical and research interests include multiple sclerosis and cognition in normal aging.

Matthew Sloan, MD, MSc, FRCPC is a clinician scientist specializing in the treatment of substance use disorders and their psychiatric comorbidities. He completed medical school and psychiatry residency at McGill University followed by a postdoctoral fellowship in Human Psychopharmacology at the National Institutes of Health and an Addiction Psychiatry fellowship at Yale University. His primary research interests are developing innovative new treatments for substance use disorders and exploring determinants of psychopharmacological response to drugs of abuse. He has obtained competitive funding from CIHR and the CAMH Discovery Fund and has received scientific prizes from the American Academy of Addiction Psychiatry and the National Institute on Alcohol Abuse and Alcoholism.

Sandra Yuen, Ph.D., C.Psych. is the Director, Professional Practice & Quality Assurance at Health & Wellness, Student Life Programs and Services, University of Toronto. She has 18 years’ experience in post-secondary student mental health as an
administrator, manager, program evaluator, and clinical psychologist. She oversees a team of psychologists and social workers, who are part of a larger interdisciplinary team consisting of primary care and mental health professionals. Dr. Yuen is actively involved in program development of clinical services, including a mental health stepped care model, group therapy and workshop services, embedded counselling services, and the clinical psychology residency program (in partnership with the Centre for Addiction and Mental Health). Her research activities include overseeing program evaluation of mental health, primary care, and health promotion.
Program Requirements

This section of the Graduate Handbook describes course, research, and clinical training requirements for graduate training in Clinical Psychology at UTSC.

Requirements for the Clinical Psychology Field are also described in the School of Graduate Studies Calendar. Note that students normally may not transfer between fields in the broader Counselling and Clinical Psychology program once admitted.

Master of Arts

The full-time, two-year MA program is designed for applicants interested in working as researchers or practitioners in a variety of psychological and educational settings. This program enables students to apply for registration with the College of Psychologists of Ontario as a Psychological Associate. For information about the registration requirements of the College of Psychologists of Ontario, applicants are encouraged to contact the College directly.

Minimum Admission Requirements

Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.

- An appropriate bachelor's degree from a recognized university with at least an A- (or first-class standing) in the final two years of undergraduate study, and at least 4.0 to 6.0 full-course equivalents [FCEs] in psychology including statistics and some laboratory research experience. Students who are admitted to the program without 4.0 to 6.0 FCEs in required undergraduate coursework may be required to complete additional courses in the master's program. Applicants with a strong background in mathematics, computer science, statistics, biological science, or neuroscience are encouraged to apply even if they have fewer than the suggested number of psychology courses.
• Competitive scores on General and Subject (Psychology) tests of the Graduate Record Examinations (GRE). ***UPDATE: GRE scores will NOT be required for the 2022-23 admissions cycle***

• Two academic letters of reference.

• A personal statement.

• A curriculum vitae.

• Completion of the Department Application Form

• Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent according to SGS regulations, prior to submitting the application.

Program Requirements

The Clinical Psychology field for the MA in Counselling and Clinical Psychology consists of 5.0 FCEs of total coursework, which includes an ethics course, practicum-based courses, a clinical practicum, and a thesis.

• 4.5 FCEs as follows:

  Year 1: CPS1601H Psychopathology (0.5 FCE); CPS1701H Psychological Assessment I (0.5 FCE); CPS1702H Psychological Assessment II (0.5 FCE); CPS1801H Psychotherapy (0.5 FCE); and CPS1901H Ethics (0.5 FCE).

  Year 2: CPS1101H Clinical Research Design (0.5 FCE); CPS1102H Statistical Techniques I (0.5 FCE); CPS1802H Applied Interventions in Clinical Psychology (0.5 FCE); CPS1803H Practicum in Psychological Interventions (0.5 FCE).

• 0.5 FCE: Students must complete a clinical practicum at a pre-approved placement site in the final summer of the program (CPS2999H Summer Practicum).

Research thesis to be completed and orally defended in Year 2 of the program.

Program Length: 6 sessions (2 years) full-time

Time Limit: 3 years full-time
Doctor of Philosophy

The PhD program is designed for applicants interested in a career as a clinical psychologist based on a Clinical Science model of training. Graduate training in Clinical Psychology at UTSC prepares graduates primarily for research careers as psychological clinical scientists in university and academic medical settings. The field is distinguished by its innovative cross-disciplinary approach that emphasizes scientific innovation through novel research collaborations that push traditional boundaries in clinical psychology. Importantly, the program meets the needs of students who plan to engage in research, teaching, and/or evidence-based clinical practice. This program is intended to meet the registration requirements of the College of Psychologists of Ontario at the doctoral level.

The Counselling and Clinical Psychology program (Clinical Psychology field) is offered on a full-time basis, and progress in the program will be reviewed annually.

Minimum Admission Requirements

Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.

- A Master's degree with specialization in Clinical Psychology (or its equivalent) from a recognized university, with a minimum A- average and excellent research performance.

- Competitive scores on General and Subject (Psychology) tests of the Graduate Record Examinations (GRE). ***UPDATE: GRE scores will NOT be required for the 2022-23 admissions cycle***

- Two academic letters of reference.

- A personal statement.

- A curriculum vita.

- Completion of the Department Application Form.

- Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent according to SGS regulations, prior to submitting the application.
Program Requirements

The PhD program requires 5.5 full-course equivalents (FCEs) including coursework, three clinical placements, plus a comprehensive examination, thesis proposal, thesis, and thesis defense:

- 3.5 FCEs in coursework, normally completed by the end of Year 3 (CPS1103H, CPS1201H, CPS1301H, CPS1401H, CPS2901H, CPS2902H, CPS3901H).

- 2.0 FCEs in clinical work:
  - 1.0 FCE in two separate part-time clinical placements during Years 1 and 2 (CPS3999H and CPS4999H).
  - 1.0 FCE in a one-year, full-time clinical internship at a Canadian Psychological Association- or American Psychological Association-accredited (or equivalent) clinical setting, which normally takes place during Year 4 or 5 (CPS5999Y). Eligibility for the clinical internship will be assessed by the Director of Clinical Training (DCT) prior to Year 4 of the program.

- The comprehensive examination requirement consists of two mandatory components:
  1. An oral examination focused on clinical expertise (normally completed in the Fall session of Year 2); and
  2. A research-focused grant proposal (normally completed in the Fall session of Year 2).

- A pass on both components is required for a student to continue on to PhD candidacy. Students who fail the oral exam will have the opportunity to retake the exam. Students who fail the research grant proposal will have the opportunity to revise and resubmit. Students who fail either or both component(s) on the second attempt should consult the SGS Academic Appeals Policy. If after the appeals process and second attempts at either or both component(s) result in a failure, the student will no longer be eligible to continue in the PhD program. Guidelines on the comprehensive requirement can be found in Section 3 of this graduate handbook.

- Thesis proposal, normally approved in Year 1 of the program.

- Completed thesis.

- Successful defense of the thesis at the Final Oral Examination.
For students interested in acquiring additional clinical hours, the PhD program provides the following optional courses: CPS6999H and CPS7999H. Please note that optional courses for the PhD must be approved by the faculty supervisor and the Program Coordinator prior to course enrolment. In addition, additional clinical hours not falling into the above categories may be obtained through the program-sanctioned hours policy. This form must be approved by the faculty supervisor and Program Coordinator.

The Program Coordinator will chair annual Student Evaluation Committee meetings to assess academic, research, and clinical progress. The Committee will also develop plans of study, and identify areas requiring remediation. These meetings are in addition to the regular annual meetings of the doctoral supervisory committee to ensure satisfactory progress on dissertation work.

Students admitted to the PhD program prior to 2020-21 will have the option to complete their program requirements as stated upon admission or may choose to complete the revised program requirements as stated above. Questions about program requirements should be directed to the Graduate Program Administrator.

**Program Length:** Normally 4 or 5 years (including pre-doctoral internship)

**Time Limit:** 6 years full-time

### Transfer Credit and Exemptions

Occasionally, students have taken courses outside of the Counselling and Clinical Psychology MA/PhD program that may qualify for transfer credits or exclusions. ([SGS Current Students Registration & Enrolment - “Transfer Credit and Exemptions”](#)) describes the policies and procedures for determining transfer credit and exemptions for courses taken in another program or university. Particular attention should be paid to the differences in transfer credit and course exemption categories, and their respective effects on overall course credit requirements for the degree.

To apply for a transfer credit or course exemption, students should complete the [SGS Transfer Credit and/or Exemption Form](#) (and append necessary transcripts). Students should submit this form completed in full to the Graduate Program Administrator to be assessed with the Program Coordinator. Depending on the evaluation, the Graduate Chair/DCT will approve the transfer credit or course exemption request. If approved, it will subsequently be forwarded to the Vice-Dean, Students, SGS for final approval.

### Grading Practices

The [University of Toronto Assessment and Grading Practices Policy](#) outlines the guiding principles and standards for all for-credit degree work, to ensure fair and consistent
grading practices. It is highly recommended that students familiarize themselves with this policy. Please note that the lowest non-failing grade for a graduate course is a B- (see section 1.2.2. Graduate of the Grading Practices Policy for the complete grading scale). All graduate students are accepted under the School of Graduate Studies General Regulations, which includes (but is not limited to) the satisfactory completion of all required coursework. Students are permitted two attempts at passing a course (see section 7 of the General Regulations).
Course List
Not all courses are offered every year. Registered students should consult the department’s website for current timetable information.

CPS1101H Clinical Research Design
This course is intended to help students develop a creative and methodologically sophisticated research program in the field of clinical psychology. Topics to be covered include philosophy of science, consistencies and inconsistencies in behavior, methods of assessment, selection of participants, tasks and control groups in clinical research studies, external validity, the determination of clinical significance, taxometric methods, the analysis of mediational hypotheses, and the analysis of change.

Exclusion: APH1263H Seminar in Research Methods for MA Students

CPS1102H Statistical Techniques I
This course will cover the data analytic tools in univariate and multivariate statistics. Students will learn correlation and regression, as well as obtain instruction on general linear modeling, multilevel modeling, and factor analysis. Students will be expected to complete an independent statistical project using SPSS.

Exclusion: APH1287H Introduction to Applied Statistics

CPS1103H Statistical Techniques II
This course will cover the fundamental concepts of latent variable modeling in order to make students better consumers and producers of such models in their research. Students will learn how to evaluate the quality of such models when applied to real data by understanding the various fit indices.

Exclusion: APH1288H Intermediate Statistics and Research Design

CPS1201H Neurobiological Bases of Behaviour
This course will provide students with an introduction to themes in clinical neuropsychology and neuropsychopharmacology. This includes a broad overview of brain-behaviour relationships extending from basic sensation and perception to higher-level cognitive functions, emotions, and social behaviors. This course will also cover the effects that various psychotropic drugs have on sensation, cognition, affect, and behaviour, and their specific uses in clinical fields.

CPS1301H Cognitive-Affective Bases of Behaviour
This course will provide students with a broad overview of the relationships between cognition, affect, and behavior. Topics to be covered include the role of insight in psychotherapeutic change and the role of mindfulness in relapse prevention.

CPS1401H Social and Interpersonal Bases of Behaviour
This course will provide students with a broad overview of interpersonal psychology, from the early writings of Sullivan and Leary to the later writings of Keisler and Wiggins. Topics to be covered include the structure of interpersonal characteristics, the principles
of interpersonal complementarity, and the role of interpersonal processes in psychopathological disturbance and psychotherapeutic change.

CPS1601H Psychopathology
This course is intended to introduce students to the signs, symptoms, and syndromes of psychopathology and to the DSM-V diagnostic criteria for psychiatric disorders. The goal of the course is to provide students with the capacity to think critically about how various psychiatric disorders are conceptualized and to competently make differential diagnoses in both clinical and research settings.

Exclusion: APH3260H Psychopathology and Diagnosis

CPS1701H Psychological Assessment I
This course is intended to introduce students to the adult assessment of personality and psychopathology. Topics to be covered include structured clinical interviewing, multi-scale self-report inventories, and performance-based (i.e., projective) measures. Students will become familiar with the administration, scoring, and interpretation of the measures that are commonly used in these domains and will practice integrating test results and writing assessment reports.

Exclusion: APH3224H Individual Cognitive and Personality Assessment

CPS1702H Psychological Assessment II
This course covers theoretical and applied topics in intelligence and cognitive assessment. Students will learn the history and theory underlying modern intelligence testing, acquire skills to administer and score intelligence tests, and be taught how to interpret the results of these assessments. The relationship of intelligence testing to the assessment of cognitive functioning will be discussed in the context of modern approaches to neuropsychological assessment. Students will be trained in the administration of standardized cognitive assessments and learn how to interpret the results of these tests on the basis of neuropsychological theory and normative data.

CPS1801H Psychotherapy
This course is intended to introduce students to the prominent theories of psychological change (i.e., psychodynamic, cognitive/behavioural, humanist/ existential) as well as to the empirical evidence of their efficacy. The role of the therapist, the patient, and the therapeutic alliance in producing positive outcomes will be examined.

Exclusion: APH1202H Theories and Techniques of Counselling

CPS1802H Applied Interventions in Clinical Psychology
This course covers fundamental skills required for clinical psychological interventions. Topics covered include risk assessment, history taking, case formulation, and treatment planning. Basic clinical skills such as empathic responding, active listening, the development and maintenance of the therapeutic alliance, and maintaining appropriate boundaries are explored through both didactic and experiential learning. Students have the opportunity to role play and participate in case simulations, allowing them to actively
engage in skills acquisition. Ethical and legal issues in the provision of psychotherapy are also discussed, as is the role of socio-cultural factors in the therapeutic relationship. A practicum in psychological interventions (CPS 1803H) is typically taken concurrently with this course.

Exclusion: APD1203Y Practicum I: Interventions in Counselling Psychology

CPS1803H Practicum in Psychological Interventions
This course focuses on the practical application of the material discussed in Foundational Skills in Psychological Interventions (CPS 1802H). Students gain clinical intervention experience with selected clients under the clinical supervision of a qualified supervisor.

Exclusion: APD1203Y Practicum I: Interventions in Counselling Psychology

CPS1901H Ethics
This course is intended to acquaint students with the ethics and standards of professional conduct, including the Canadian Psychological Association’s Canadian Code of Ethics for Psychologists and Practice Guidelines for Providers of Psychological Services as well as the relevant provincial and territorial codes of ethics and professional standards.

Exclusion: APH1219H Ethical Issues in Professional Practice in Psychology

CPS2901H Practicum in Clinical Supervision
This course provides experiential training to senior PhD students in providing clinical supervision to junior trainees. Format includes instruction and discussion of the process and outcomes of supervision, didactic lectures, and reflective exercises.

CPS2902H Quality Assurance & Consultation
The aim of this course is to provide students with an overview of the methods and theories of program design, implementation, evaluation and consultation. It will also explore the roles of professionals in these activities. The course includes didactic lectures, problem solving scenarios, role plays, and group discussions. Opportunities to practice these skills will be provided (e.g., projects).

CPS2999H Summer Practicum
Students must complete a full-time clinical practicum in the summer between MA2 and PhD1. The practicum site must receive the approval of the Graduate Chair/DCT.

CPS3901H The Historical and Scientific Foundations of Psychology
A critical and comprehensive examination of the historical, philosophical, and scientific bases of psychology. The overarching goal of this course is to inform students to use the history of the field to evaluate and think critically about how psychologists generate knowledge and how that may inform clinical science research and practice. In this course, there is a strong emphasis on historical topics in psychology more broadly and their relation to themes in clinical psychology.
Exclusion: APH3204H Contemporary History and Systems in Human Development in Applied Psychology

**CPS3999H Clinical Placement I**
Students must complete a part-time clinical placement (i.e. minimum 400 hours) at a site approved by the Program Coordinator in their first year of the Ph.D. program.

**CPS4999H Clinical Placement II**
Students must complete a part-time clinical placement (i.e. minimum 400 hours) at a site approved by the Program Coordinator in their second year of the Ph.D. program.

**CPS5999Y Internship** (exclusion: APH3268Y PhD Internship)
Students must complete a one-year, full-time pre-doctoral internship (i.e. 2000 hours) at a CPA or APA-accredited (or equivalent) clinical internship site.

Exclusion: APH3268Y PhD Internship

**Workshops**

All students are expected to attend the Invited Diversity Speaker Series annual workshop, which takes place in the Fall Session and normally features a clinical psychologist with expertise relevant to diversity issues in clinical research and practice. The speaker presents a three-hour clinical-research workshop in their area of specialty. In consultation with the Inclusivity Committee, speakers are chosen to cover a range of topics, with the goal of augmenting the training provided by the program.

**Optional Courses** *(May be offered depending on demand)*

**CPS1209H Clinical Neuropsychology**
The goal of this course is to enhance students’ knowledge of the field of clinical neuropsychology - both research and application. Topics will span brain-behaviour relationships and assessment and management of psychiatric, neurological, and medical disorders.

**CPS1501H Personality**
This course is intended to introduce students to core concepts in the field of personality psychology and to the questions and controversies that currently surround them. Topics for discussion will include personality architecture (structures/processes), personality development (stability/change), and the power of personality to predict a range of consequential life outcomes (e.g., health, longevity, happiness).

Exclusion: APH1201H Personality Theories

**CPS1809H Clinical Psychopharmacology**
This course will provide students with a broad overview of psychopharmacology and the effects that various psychotropic drugs have on sensation, cognition, affect, and behavior. Following an introduction to the principles of neuropsychopharmacology, the course will focus on the effects of specific drugs and their uses in clinical psychiatry. This course is designed to introduce students to the pharmacological treatment of psychiatric disorders and also to provide part of the requisite training for prescribing privileges that are currently awarded to clinical psychologists in some jurisdictions.

**CPS1810H Advanced Psychotherapy**
As a complement to the survey provided in Psychotherapy: Theories of Behaviour Change (CPS1801H), this course will explore a more limited number of evidence based therapies in greater detail. A mix of didactic methods, including a blend of classroom instruction, videotaped therapy sessions, observation, modeling, feedback and supervised practice will be used. The psychotherapy taught in any given year will depend upon the availability of instructors and may include (but not be limited to) Cognitive Behavioural Therapy, Interpersonal Psychotherapy, Emotion Focused Therapy, Brief Psychodynamic Psychotherapy, Dialectical Behaviour Therapy, or Mindfulness Based Cognitive Therapy.

**CPS3801H Multi-Person Therapies**
This course will introduce students to interventions used outside the traditional therapeutic dyad. Embedded within a lifespan, developmental perspective, students will learn about the different theories underlying couple and family dysfunction, and the specific interventions designed to promote adaptive functioning in couples and families. Particular emphasis will be placed on evidence-based theory and treatment featuring family systems, multicultural perspectives and problem-solving, cognitive behavioural therapies. Clinical issues that will be addressed include: infidelity, partner violence, sexual dysfunction as well as using the couple context to treat individual psychopathology in one of the partners. Recognizing the social construction of definitions of couple and family health, students will consider perspectives of race, ethnic status and sexual orientation when discussing case formulation and treatment planning.

Exclusions: APD1261H Group Work in Counselling and APD1228H Individual and Group Psychotherapy: Family and Couples Counselling

**CPS5001H/CPS5002H* Directed Reading**
Under the supervision of a faculty member appointed to the graduate unit, this course will provide students with an opportunity to engage in an intensive examination of a topic of interest. The project will take place over 1 or 2 consecutive terms (to be decided by the supervisor). The student must demonstrate a background adequate for the proposed project and together with the supervisor, will submit a Directed Readings Proposal Form before the start of the academic term in which the project will be initiated. The Program Coordinator will provide final approval on all project proposals.
*Note: Please refer to the GD-PCS website under “Courses and Timetable” for detailed application instructions and deadlines.

CPS6999H Clinical Placement III
Students may choose to complete this optional part-time clinical placement at a site approved by the Program Coordinator normally in their third year of the Ph.D. program. Students must receive approval by the faculty supervisor(s), and the Program Coordinator prior to course enrolment.

CPS7999H Clinical Placement IV
Students may choose to complete this optional part-time clinical placement at a site approved by the Program Coordinator normally in their fourth year of the Ph.D. program. Students must receive approval by the faculty supervisor(s), and the Program Coordinator prior to course enrolment.
Enrolling in Courses Outside of the Graduate Department of Psychological Clinical Science

SGS permits graduate students to take courses not required for their degree (see SGS Calendar – General Regulations, section 6.2.6). Students interested in doing so should speak with their academic supervisor(s), who will consider whether the course aligns with the student’s academic, research, and/or professional training goals. If the supervisor(s) approve, the Program Coordinator should be notified by the supervisor(s), who will develop a plan with input from the instructor(s) of the course, supervisor(s), and student, and liaise with the Graduate Chair/DCT, who will make the final determination. The Graduate Chair/DCT will communicate their decision via email to the student, supervisor(s) and program support staff. All GD-PCS students require departmental approval to enroll in coursework outside of the home graduate unit.
Monitoring Student Progress

This section of the Graduate Handbook describes the procedures for monitoring students’ progress through the Clinical Psychology field of the MA and PhD in Counselling and Clinical Psychology.

The academic, research, and professional training progress of students in Clinical Psychology at UTSC is monitored on a yearly basis by the Program Coordinator in conjunction with the supervising faculty and Student Evaluation Committee.

Program and Research Progress

The relationship between a supervisor and student is critical to students’ academic success. Upon admission to the program, students and supervisors should review the documents prepared by SGS titled *Supervision Guidelines for Students* and *Graduate Supervision Guidelines: Faculty Edition*. As early as is possible (and no later than the first semester of graduate study), students and supervisors should jointly review and complete the *Supervision Checklist for Students* and *Supervision Checklist for Supervisors*. These forms summarize suggestions about what students and supervisors should clarify before entering into a supervisory relationship. These forms should be maintained by students and supervisors and reviewed periodically throughout the graduate program to ensure that roles, responsibilities and expectations are as clear as possible and, if necessary, revised over the course of the degree program.

It is the student’s responsibility to complete the MA or PhD *Annual Review Form (Form A1)* located on UTSC’s GD-PCS website in the “Current Students” section. After completing the form, students are required to meet with their faculty supervisor(s) to review the form. For students that have two supervisors, it is best practice to have two copies of the form prepared and reviewed (one with each supervisor). Alternatively, one form may be jointly reviewed by both supervisors. The purpose of meeting with the supervisor(s) is to review the following on the *Annual Review Form*:
☐ Academic accomplishments as indicated by completion of required and optional courses and the Doctoral Examination (i.e., Comprehensive Examination).

☐ Clinical training progress as indicated by completion of required and optional clinical practicum placements.

☐ Student’s plan of study for the following year and estimated timelines for achieving thesis and clinical milestones toward successful fulfillment of program requirements for the MA and PhD degrees.

☐ Research and scholarly activities including but not limited to peer-reviewed publications, chapters in edited books, and presentations at local, national, and international scientific conferences.

☐ Other notable professional activities for career development, including but not limited to teaching experience (as a teaching assistant and/or instructor), workshop attendance, and conference planning.

☐ Interpersonal competence, which includes ethical and professional behavior, the appropriateness of professional relationships that are established and maintained, demonstrate problem solving proficiency, and the ability to self-reflect, have insight, and be open to feedback in the supervision process.

After reviewing this form with the student, the faculty supervisors should revise the annual review form (if necessary), provide feedback to the student on degree progress and academic accomplishments, and provide endorsement of the plan of study for the following year by signing the Annual Review Form. The forms are reviewed by the Program Coordinator and Student Evaluation Committee to ensure that program requirements have been (or will be) completed on time and that any questions about the plan of study are addressed. The supervisor(s) will communicate detailed feedback from this meeting directly to the student and provide a summary of the feedback on the Annual Review Form. The student will acknowledge that they received feedback from their supervisor based on the outcomes of the Student Evaluation Committee meeting by submitting a final signed copy of Form A1.

Although the Annual Review form contains a formal monitoring and evaluation of interpersonal competence, ongoing self-evaluation of this domain is expected by all students in the program. The professional practice of psychology comes with great responsibility. Students are expected to be familiar with and adhere to the Canadian Code of Ethics for Psychologists and the University of Toronto’s Code of Student Conduct. Any psychological, interpersonal and/or ethical conflicts that interfere with one’s professional development and role functioning must be explored and addressed in a satisfactory manner (i.e., a willingness and openness to respond constructively to feedback from supervisors, participating in and following through on remediation plans, seeking personal counselling, etc.).
The Annual Review Form also contains a section to record the clinical hours that students completed over the prior year during program-approved practicum placements and program-sanctioned clinical activities. The annual review provides an opportunity for students to reflect on the breadth and depth of their clinical training profile, as well as the number of accrued clinical hours, as they consider the option of completing additional clinical practica and assess their readiness for internship.

To guide students through the MA and PhD programs in a coherent and timely manner, several milestones have been identified that signify the completion of important requirements toward the fulfillment of the degree programs. Students should ensure that forms for each of these milestones are completed in a timely manner and submitted on time to program staff and administrators.
Milestones: Master of Arts

All MA Milestone forms can be found under “MA Forms” in the Current Students section of the GD-PCS website. Students are expected to comply with all documentation processes and deadlines.

1. MA Supervisory Committee Nomination Form (Form M1)
   
   **☑ Due: January 15 of MA Year 1**
   
   In addition to the supervisor and co-supervisor (if applicable), the committee must include at least two additional GD-PCS faculty members.

2. MA Thesis Proposal Form (Form M2)
   
   **☑ Due: May 15 of MA Year 1**
   
   The MA thesis proposal includes two components: 1) a written document and 2) an oral presentation. The written document should total 15-20 pages of text (not including references, although this page range should only be used as a guide) and describe the background, hypotheses, methods and statistical analyses (including power analysis, where relevant) in sufficient detail that the supervising committee can provide feedback on the proposed research. Some supervisors have different expectations around the style and formatting of the MA thesis, including the final written product. Before writing the MA thesis, students should meet with their supervisor(s) to clarify these expectations (e.g., length of introduction/literature review). For the MA thesis, analyses of archival data are acceptable.

   The MA proposal should be formatted according to the Seventh Edition of the Publication Manual of the American Psychological Association (including title page, abstract, in-text citations, and references, as well as tables, figures and appendices, where applicable). If a student does not already own a copy of the manual, they should borrow one from the library or purchase a copy. When preparing the written document, closely follow the American Psychological Association’s Journal Article Reporting Standards (see http://www.apa.org/pubs/authors/jars.pdf) and use all relevant headings and subheadings listed in the pertinent table contained in this document. This written document should be circulated to members of the MA supervisory committee **at least five business days** in advance of the presentation.

   The oral presentation should be no longer than 20 minutes and should summarize the information from the proposal document. This will be followed by feedback and questions from the MA supervisory committee (lasting up to one hour). Students should remember to schedule their oral presentation as soon as is feasible and to book a room well in advance of the committee meeting when necessary.
On the date of the oral presentation, the student should supply a copy of Form M2 so their supervising committee may provide pertinent feedback on the written thesis proposal and oral presentation. Form M2 must be completed in full by the supervisory committee and submitted by the Chair of the Committee to the Graduate Office within 24 hours of the proposal presentation. In the event that the proposal requires revisions or reformulation, Section B must clearly outline the action plan and timeline for resubmission, and be submitted to the Graduate Office no later than one-week post presentation.

Students have the option to appeal the supervisory committee’s recommendation on their MA thesis proposal. Students should consult the GD-PCS Policies and Procedures on Student Complaints, Grievances and Appeals for information about the procedure (see Appendix E).

Research Ethics Considerations

It is strongly recommended that students consult members of their supervisory committee to review the proposed methods of the study prior to submitting the research protocol (regardless of whether the study involves prospective data collection or archival research methods) for approval by the Research Ethics Board. If students are unsure whether their research requires ethical approval or is already covered by an existing research ethics protocol, they should consult with their supervisor(s). Please see the University of Toronto’s Office of Research Ethics and Protections for more information on research ethics review and approval: [http://www.research.utoronto.ca/faculty-and-staff/research-ethics-and-protections/](http://www.research.utoronto.ca/faculty-and-staff/research-ethics-and-protections/).

Prior to commencing any research, students are expected to complete the Tutorial Course on Research Ethics (CORE) for the 2nd edition of the Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans (please visit: [https://ethics.gc.ca/eng/education_tutorial-didacticiel.html](https://ethics.gc.ca/eng/education_tutorial-didacticiel.html)).

3. MA Thesis Defense Form (Form M3)

☑ **Due: July 15 of MA Year 2**

Similar to the thesis proposal, the thesis defense consists of two components: 1) the written document and 2) an oral presentation. Refer to guidelines set out in the previous thesis proposal section, noting the different documentation requirement (i.e., Form M3).

Form M3 must be completed in full by the supervisory committee and submitted by the Chair of the committee to the Graduate Office within 24 hours of the examination. In the event the student receives a failed rating on either, or both, of the written document and oral examination, the student will have an opportunity to submit a revised written document and/or undergo an oral re-examination. In both instances the committee will specify the new deadline,
however, the new deadline must be within 3 months of the initial MA thesis defense. If a student then fails the revised written document and/or the oral re-examination by more than one failed vote of the committee, the student will be recommended for a termination of registration (as outlined in the GD-PCS Remediation Policy, see Appendix F).

Students have the option to appeal the decision(s) of either or both of the first and second examination attempts. Students should consult the GD-PCS Policies and Procedures on Student Complaints, Grievances and Appeals for detailed information on this process (see Appendix E).

4. Final Thesis Submission

☐ Due: August 31 of MA Year 2

Upon a successful thesis defense, and after the thesis supervisor has approved any corrections, students are required to submit an electronic thesis version (referred to as “ETD”) to the digital library repository. Once submitted, SGS will review the thesis and notify students of approval or any issues (usually related to formatting). Students should familiarize themselves with the requirements of producing and submitting their final thesis through the SGS “Producing your Thesis” webpage.

GD-PCS also requires an electronic submission of the final thesis copy to be sent to the Graduate Office no later than August 31.

Milestones: Doctor of Philosophy

All PhD Milestone forms can be found under “PhD Forms” in the Current Students section of the GD-PCS website. Students are expected to comply with all documentation processes and deadlines.

1. Doctoral Supervisory Committee Form (Form D1) submitted no later than December 1 of Year 1.

2. Doctoral Dissertation Proposal Form (Form D2) submitted no later than July 1 of Year 1.

3. Comprehensive Examination Written Component (Grant Proposal) submitted no later than October 1 of Year 2.


5. Readiness for Predoctoral Internship Form (Form D4) completed by July 1 of the year of application to internship (normally Years 3 and 4). Optional to complete in year prior to application to internship.
6. Final Oral Examination (Form D3) completed (normally Year 4 or 5). Students must also complete the External Appraiser Request Form at least 9 weeks prior to the requested date of the FOE.

- Please note that the doctoral supervisory committee is responsible for advising the graduate unit that a doctoral thesis is ready to proceed to examination. The graduate unit will then notify SGS nine weeks prior to the Final Oral Examination when the thesis is ready to go forward. Departmental guidelines for the Final Oral Examination are available on the GD-PCS website. The guidelines outline the various steps involved in the examination process from scheduling the examination to selecting committee members (including the selection of the external appraiser) and preparing the examination file. It is highly recommended that students and supervisors review the FOE timeline reference chart when planning for the FOE. Further information on the Doctoral Final Oral Examination can be found in Section 8.3 of the School of Graduate Studies Calendar.

The Doctoral Supervisory Committee consists of three voting members, including the supervisor (and co-supervisor, if applicable). The additional committee members are usually, but not limited to, GD-PCS faculty. Further information on the composition of the committee can be found on the Doctoral Supervisory Committee Form (Form D1).

SGS requires that students meet with their Doctoral Supervisory Committee once each year. The supervisory committee should provide guidance during students’ doctoral research, add complementary value to students’ supervision, and provide students with meaningful written feedback. The annual supervisory committee meeting may be held remotely or in-person and should consist of all supervisory committee members. Normally, the meeting lasts at least one hour and consists of a brief presentation (e.g., approximately 20 minutes) by the student that includes updates on the dissertation progress and a timeline for the accomplishment of key dissertation goals. As per SGS guidelines, “This meeting should be substantive and rigorous. It should not be a brief, casual meeting which is only held to satisfy SGS regulations. Meetings should be more frequent if there are significant questions concerning progress and performance, or if it would benefit your academic work or research.” Note that the supervisory committee is also responsible for advising the graduate unit that a student’s doctoral thesis is ready to proceed to examination. For full details, please visit the SGS Supervision Guidelines for Students webpage.

Students are to complete the ‘Annual Doctoral Supervisory Committee Meeting Form,’ which can be found of the Current Students - PhD Forms page. The form must be completed to document the progress evaluated at each annual supervisory committee meeting. PhD students will begin documenting committee meetings and submitting this annual form the year following their dissertation proposal (e.g. should students complete their dissertation proposal by July 1st in PhD1, then this
form will need to be submitted annually beginning the following academic year in PhD2). Students are responsible for completing the form, obtaining the required signatures, and submitting the fully completed form to clinicalpsych@utsc.utoronto.ca within 1-week of the meeting, which will occur any time between September 1 to August 31 of each academic year.

The Doctoral Dissertation Proposal includes two components: 1) a written document and 2) an oral presentation. Refer to guidelines set out in the MA Thesis Proposal section above, noting the different documentation requirement (i.e., Form D2). Students should consult their supervisor(s) to determine the form, length and style of the Doctoral Dissertation Proposal written document, as expectations and conventions differ from one supervisor to another.

The Comprehensive Examination (also referred to as Departmental Examination) must be completed by all doctoral students. The examination consists of two mandatory components: 1) an oral examination focused on clinical competency, and 2) a grant proposal. A pass on both components is required for a student to continue on in the PhD program. A fail on either or both of these components requires remediation. Section 2.0 Comprehensive Examination Failure in the GD-PCS Policies and Procedures on Remediation details this process at length (see Appendix F).

1. **Clinical Comprehensive Component:** The purpose of the Clinical Competency Oral Examination is to provide students with the ability to apply their knowledge of case conceptualization, assessment, treatment, and ethics to clinical cases. Questions pertaining to these items, including case descriptions, will be provided by members of the Clinical Competency Oral Examination Committee. During the approximately one-hour examination, students will be examined by two members of the GD-PCS. The committee may include any core or Associate Member of the department, but will exclude the Graduate Chair in the case of an appeal. Questions will fall into four broad areas: case conceptualization, assessment, clinical intervention, and ethical and diversity issues. Students will be asked specific questions based on 1) clinical descriptions provided to them during the examination, and 2) their personal clinical experience (e.g., as part of their practicum and other professional training). Given the program’s emphasis on the clinical science model of training and the integration of research to enhance clinical work (and vice versa), research-focused questions will also be incorporated into the examination.

**Examination Content and Preparation Recommendations:** The examination will consist of two parts: 1) the provision of a clinical case to the student by the examination committee, followed by questions pertaining to the case, and 2) questions related to the students’ personal clinical experience as part of their practicum and other professional training. The examiners will ask questions often proposed as part of the
College of Psychologists of Ontario’s (CPO) Oral Examination for registration as a psychologist, as well as questions typically encountered during interviews for practicum and internship.

**Part 1:** The student is expected to provide a differential diagnosis of the case provided to them, as well as make assessment and intervention recommendations based on their knowledge of evidence-based practice in clinical psychology.

**Part 2:** The student is asked questions about their own clinical cases relevant to case formulation, treatment planning (including details of manualized treatments), actual or expected treatment outcomes, ethical issues that may have arisen, and diversity considerations. Students will be asked about each of these topics during the examination and are not expected to address all topics in each of their answers. It is recommended that students review and prepare to discuss at least two assessment and two intervention cases from their own practica and other professional training experiences to be adequately prepared to fully address these questions. Students should also be well versed in the CPO Standards of Professional Conduct, Canadian Psychological Association’s Practice Guidelines for Providers of Psychological Services, and the Canadian Code of Ethics for Psychologists. Students will be asked approximately 4-5 primary questions, with each answer spanning 15-20 minutes (including any follow-up questions by the committee).

**Timing of Exam:** The exam will be held at UTSC and will be given to all students on the same date in November of the PhD2 year. Students will be assigned to one of two timeslots and will be notified via email of their assigned time and examining committee. Students are expected to attend the examination as scheduled. Only under extenuating circumstances (with appropriate documentation) will the Department consider scheduling a make-up examination.

**Evaluation:** A student who successfully passes the oral examination will be able to (a) identify a theory of case conceptualization and accurately apply it to a case, (b) accurately identify the appropriate assessment measures and/or procedures, (c) provide an exhaustive list of potential diagnoses and identify the appropriate steps for making the differentials, (d) describe appropriate, evidence-based treatment options with associated therapeutic techniques, (e) provide an exhaustive list of ethical issues raised by the case and identify the appropriate strategies for addressing these issues, with reference to relevant legislation and standards of practice, and (f) show insight in identifying personal, cultural, or diversity issues raised by a case, as well as how to address these in practice. Students must also successfully demonstrate their research knowledge while addressing the examination domains. The two-
person committee will decide by consensus whether the student passes and
students will receive a letter from the Graduate Chair notifying them of their
results.

2. **Research Comprehensive Component:** The explicit purpose of the
research comprehensive exam is to establish the student’s ability to
independently extend their research program in line with the principles of
the program. Students will demonstrate their ability to design a feasible and
innovative research study by preparing a grant submission modeled after the
Brain and Behavior Research Foundation’s NARSAD Young Investigator
Grant
(https://www.bbrfoundation.org/grants-prizes/narsad-young-
investigator-grants).

The proposed study cannot be the same as a dissertation study or proposal
for funding to an agency based on their dissertation, but instead should be
thought of as an extension of their dissertation. The individual dissertation
studies can be cited as manuscripts in preparation. The grant also cannot be
a complete replication, and thus be completely redundant, with an existing
study. A replication and extension is acceptable assuming that the extension
is clearly innovative.

Ideally, the research grant proposal should include a study assuming that the
student is now an independent researcher after the conclusion of their
dissertation (which is the express goal of the clinical science program). In
other words, what would be the next logical study in their research program.
By writing a grant proposal, students have to demonstrate that they have the
vision for an independent research program, including knowledge regarding
study logistics, feasibility, recruitment, innovation and significance, and
budget.

**Instructions:** This grant proposal is intended to explore innovative research
opportunities related to our understanding, treatment and prevention of
psychological, brain, and behavior disorders. The project timeline should
span two years. Format should include the following:

1. Abstract (less than 500 words) – a summary of the research project
written in layman’s terms.
2. Applicant C.V. – CIHR Canadian Common CV.
3. Proposal (2 pages) – this proposal should project goals that will be
accomplished within the grant period. The proposed study should
be described in sufficient detail to elucidate hypothesis, impact/significance, central methodology, and planned analyses
(including power analysis). Figures, tables, diagrams, et.al., must be
included within the 2-page limit.
4. References (1 page)
5. Research Training/Career Plans (½ page) – brief description of present or recently completed research training, and applicant's future career plans.

6. Budget (1 page/itemized table format) – a budget description specifying the amount requested with a brief justification. Requests must not exceed $35,000 per year. Adjudicators should take into account that the scope of the project must be limited by and made feasible given the funding amount.

7. Timeline (1 page) – a timeline of the two-year proposed project including information on recruitment, training, data collection, data cleaning/analysis.

8. Delineation of how this research grant is different from dissertation project and submitted application for studentships (1 page)

Students should follow the NIH format guidelines that the Brain and Behavior Foundation uses: Arial, Helvetica, Palatino Linotype, or Georgia fonts with a font size of 11 or larger with minimum of ½ inch margins. This grant proposal should be worked on independently of the supervisor and will be due Oct 1 of the PhD2 year. This allows for the students to immediately start on their dissertation work after completing their dissertation proposal and comprehensive components. Timing the dissertation proposal and research grant close together will allow the student to more quickly be able to prepare the grant which is an extension of that work.

**Evaluation:** Evaluation is based on a review by the Research Comprehensive Component Review Committee (comprised of three GDPCS faculty members) who will adhere to CIHR review criteria applied at a level appropriate to PhD 2 students. Any application rated 3.5 is considered fundable and would get a pass. Any application rated 3.0-3.4 would be asked for a major revision of their proposal. Any application rated below 3.0 would need a reformulation of the proposal and should consult with the Program Coordinator. Students will be provided with comments from the committee adjudication, and should expect to receive their results within six weeks of the grant submission.

To ensure consistency, reviewers must adhere to the following rating scale:

<table>
<thead>
<tr>
<th>Descriptor</th>
<th>Range</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outstanding</td>
<td>4.5-4.9</td>
<td>The application excels in most or all relevant aspects. Any short-comings are minimal.</td>
</tr>
<tr>
<td>Excellent</td>
<td>4.0-4.4</td>
<td>The application excels in many relevant aspects, and reasonably addresses all others. Certain improvements are possible.</td>
</tr>
<tr>
<td>Good</td>
<td>3.5-3.9</td>
<td>The application excel in some relevant aspects, and reasonably addresses all others.</td>
</tr>
</tbody>
</table>
Some improvements are necessary

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
<th>Evaluation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fair</td>
<td>3.0-3.4</td>
<td>The application broadly addresses relevant aspects. Major revisions are required.</td>
</tr>
<tr>
<td>Poor</td>
<td>0.0-2.9</td>
<td>The application fails to provide convincing information and/or has serious inherent flaws or gaps.</td>
</tr>
</tbody>
</table>

Students should consult the GD-PCS website for the current year’s comprehensive examination deadlines. Questions about the Comprehensive Examination, including how to prepare for the examination, may be directed to the Program Coordinator.

The authority to grant a first extension to complete coursework, which is not to exceed one session beyond the original SGS deadline (refer to the SGS Calendar), lies with the graduate unit in which the course was offered, not the instructor of the course. Students are to submit the Extension to Complete Coursework form to clinicalpsych.utsc@utoronto.ca. The Graduate Chair will review the request and decide whether or not to approve the request.

If relevant, a second Extension to Complete Coursework form may be submitted to the Graduate Chair for consideration. If approved by the Graduate Chair, the non-standard second extension request will then be reviewed by the Vice-Dean, Students of SGS. A non-standard second extension to complete coursework must be accompanied with a letter of substantive rationale by the student and with supporting documentation, such as a medical certificate.

Students are required to achieve milestones during the MA and PhD degree programs to demonstrate successful progress towards the completion of the degrees. It is expected that all students will achieve these milestones on time (deadlines can be found on the Current Students section of the GD-PCS website). Any delay in achieving a program milestone can impact the timely completion of subsequent milestones, which could ultimately delay the completion of the MA degree program, or the achievement of candidacy in the PhD program (candidacy must be achieved by Year 3 in the PhD program; please refer to the Achieving Candidacy section of the GD-PCS Graduate Handbook for full details).

Students considering requesting an extension to their MA or PhD degree milestones must first consult with their Supervisor(s) to understand how the extension may impact their timeline to completion of degree requirements. Should the Supervisor(s) approve of the milestone extension request, the student and Supervisor(s) will then complete the Milestone Extension Request Form, which can be found on the Current Students section of the GD-PCS website. Students should submit the form as far in advance of the original milestone deadline as is feasible, while recognizing that in some limited circumstances students may experience delays in engaging in the expected consultation process with the supervisor(s) and submitting the form in advance of the original milestone deadline. The form is
reviewed by the Graduate Chair, and if approved, students will receive a confirmation email with the new deadline date for the program milestone.

If relevant, a second *Milestone Extension Request Form* and accompanying letter of substantive rationale by the student must be submitted to the Graduate Chair for consideration. The second extension request will also be reviewed by UTSC’s Vice-Dean, Graduate & Postdoctoral Studies.

Students who do not satisfy program requirements by not meeting milestone deadlines may require a formal remediation plan be instituted. Please refer to GD-PCS’ ‘Policies and Procedures on Remediation’ in the Graduate Handbook for full details.

As per the SGS Calendar Section 7.5.1 Achieving Candidacy: Requirements and Time Limits, students in doctoral degree programs must complete the following by the end of the third year of the program to achieve candidacy:

1. Complete all requirements for the degree exclusive of thesis research and related courses such as ongoing research seminars that run continuously through the program; and

2. Have an approved thesis topic, supervisor, and supervisory committee.

For students in the Counselling and Clinical Psychology degree programs, the first requirement above excludes the one-year, full-time clinical internship. In exceptional circumstances, a student who has not met these requirements may be permitted to register in the program for up to 12 months at the discretion of the GD-PCS. Continuation beyond 12 months requires the approval of both the GD-PCS and the School of Graduate Studies Admissions and Programs Committee. If a student is in need of an extension, the *Request for Extension to Achieve Candidacy* must be completed along with a letter explaining the cause(s) for the delay and evidence that the remaining candidacy requirements will be completed within the period of the extension requested. Completed forms should be submitted to the Graduate Program Administrator who will coordinate review by the Graduate Chair/DCT.

Completion of the program requirements identified above will signal the achievement of candidacy. Successful completion of candidacy is recognized by a notation on the transcript.

See also requirements and deadlines in the Degree Regulations and unit entries in the Graduate Programs section of the School of Graduate Studies calendar.

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Section 12.1.2.8. ("Thesis") of the School of Graduate Studies Calendar describes the program requirements for the thesis. This section of the calendar is reproduced below:

The candidate, through the graduate unit, shall present a thesis embodying the results of original investigation, conducted by the candidate, on the approved topic from the major field. The thesis shall constitute a significant contribution to the knowledge of the field and must be based on research conducted while registered for the PhD program.

A thesis should have a coherent topic with an introduction presenting the general theme of the research and a conclusion summarizing and integrating the major findings. Nonetheless, it may contain a collection of several papers. The collection of papers may be expanded or supplemented by unpublished material, scholarly notes, and necessary appendices. In all theses, pagination should be continuous; there should be a common table of contents and an integrated bibliography for the whole thesis. A thesis must be prepared in a standard format (see National Library guidelines and Guidelines for the Preparation of Theses).

The thesis should normally be written in English, but with the permission of SGS, a graduate unit may permit or require students in that unit to write the thesis in French.

See also General Regulations section 8.1 Thesis Topic and Supervision.

All students must defend a thesis at a Final Oral Examination organized by the graduate unit with the cooperation of the FOE candidate, their doctoral supervisory committee and SGS. Departmental guidelines for the Final Oral Examination are available on the GD-PCS website. See General Regulations section 8.3 Doctoral Final Oral Examination for detailed requirements and deadlines.

When considering the above guidelines, students, supervisors, and the doctoral supervisory committee are asked to consider the complexity and challenge of the research when determining the number of studies to be included in the dissertation. The ultimate decisions about the scope, length, and number of study chapters included in the dissertation are determined by the doctoral supervisory committee in consultation with the student and in accordance with guidelines provided by the School of Graduate Studies.

Guidelines for formatting and submitting the thesis are provided on the SGS website: SGS Producing Your Thesis. Once students have completed their degree requirements and thesis, they should ensure that the thesis is correctly formatted and contains all corrections as agreed upon by the final oral examination committee or supervisor.
SGS recommends that students follow the ‘Electronic Thesis Submission’ webpage to ensure that all requirements are completed.

GD-PCS also requires an electronic submission of the final thesis copy to be sent to the Graduate Office.

Resources

Students have many resources available to support their academic, research and professional training goals. The information provided below is intended to guide students through expectations, policies and procedures related to graduate awards, financial assistance, and the Graduate Professional Skills Program at the University of Toronto.

Graduate Awards

Graduate awards form an important component of a student’s future applications for various scholarships, grant-funding opportunities, internships, and postdoctoral fellowships. Students are expected to apply for graduate awards and scholarships throughout the MA and PhD programs, when eligible. Notifications of award memos which include application instructions and eligibility requirements will be forwarded to students on behalf of the SGS Graduate Awards Office. Students who intend on applying for awards should notify the Graduate Program Administrator. For assistance in preparing an award application, student should consult the Graduate Program Administrator, Chair of the Awards Committee, and/or Program Coordinator. The Campus Graduate Administrator and Graduate Centre for Academic Communication may also be contacted for additional support.

Canada Graduate Scholarships-Master’s Program

The Canada Graduate Scholarships-Master’s Program (CGS-M) provides one year of funding for the MA degree program. Applicants to the MA program are encouraged to submit a CGS-M award application alongside their application to the program. Eligible students enrolled in Year 1 of the MA program are expected to apply if they have not held a CGS-M award. The application process for the CGS-M program is harmonized, which means that applications are routed through a common application portal (the Research Portal) regardless of the tri-council agency under which a proposed research project falls (i.e., CIHR, NSERC, and SSHRC). Before preparing a CGS-M award application, prospective and current students should consult their proposed or current graduate supervisor to determine the tri-council agency that should be listed on the application form (i.e., whether the proposed research is most relevant to CIHR, NSERC, or SSHRC). Applicants must complete and submit the online application using the Research Portal. Students should refer to the CGS-M application instructions currently housed on NSERC’s website for details on how to complete their application. Additionally, the Canadian Common CV (CCV) must be completed and the confirmation number uploaded to the CGS-M application on the Research Portal. Students that did not submit a CGS-M application at the time that they applied to the MA program, or currently enrolled students in Year 1 of the MA program that have not held a CGS-M award and are eligible to apply, are expected to submit a CGS-M
application to support Year 2 of the MA program. For more information about the CGS-M program, please see the SGS CGS-M Awards page.

**Tri-Council Doctoral Awards Programs**

The Graduate Department of Psychological Clinical Science receives annual quotas (or limits) on the numbers of applications that may be submitted by the department to the harmonized CIHR, SSHRC and NSERC Canada Graduate Scholarship Doctoral (CGS-D) Program. The quota for each federal granting agency may change from one year to another based on the number of students enrolled in the doctoral program and the past success rates of students in the program who applied for the awards. These applications undergo an initial internal departmental evaluation process and applications are then ranked according to the evaluation criteria provided by the respective tri-council agency. The number of applications from students in our department to the CIHR, SSHRC and NSERC CGS-D competitions usually exceeds the quota specified by SGS. Therefore, students considering applying for a CGS-D award should consult the Graduate Program Administrator, Chair of the Awards Committee, and/or Program Coordinator to learn the quota of applications each year and to assess the competitiveness of their application. Students interested in applying to SSHRC should note that the GD-PCS training program is considered a combined MA/PhD degree in that competition, so the eligible months of study should be calculated accordingly. A student with a co-supervisor at an affiliated hospital, such as CAMH, has the option of applying for a CIHR CGS-D through the hospital or through GD-PCS. It is important for students to find out what the quota of awards are at the hospital as well as within the graduate unit to be strategic about which avenue to apply through. The student should also give thought to where the bulk of their dissertation work will be carried out and apply accordingly. Please note that universities are permitted to recommend an unlimited number of self-identified Indigenous applicants above the application quota. Doctoral Award applications to CIHR are made through ResearchNet. The NSERC Doctoral application must be completed via the NSERC Online Services platform and the SSHRC Doctoral application must be done through the SSHRC Online Services platform. Transcripts must show current fall registration for all CGS-D applications. Please review the relevant websites for detailed information about how to prepare an application. The internal application deadlines for the tri-agency doctoral awards, including the Vanier competition, typically occur early in the fall semester.

A complete listing of federal, provincial, internal and external award and scholarship opportunities are available on the SGS Graduate Awards Office website. GD-PCS also offers an internal funding opportunity for students who wish to present at academic conferences. Details regarding the grant can be found on the GD-PCS Graduate Funding and Awards webpage. Although the Graduate Program Administrator will circulate memos on upcoming award opportunities, all students are encouraged to visit the website to familiarize themselves with award details including deadlines and eligibility criteria. Information on the function and composition of the GD-PCS Awards Committee can be found in the Policies and Procedures on Departmental Governance (see Appendix D).
Students enrolled in the MA and PhD programs receive a financial assistance package based on a combination of components which include fellowships (these are internally allocated funds administered using SGS student eligibility criteria), research assistantships (RA’s) (these are research related work activities that support the supervisor’s program of research in a fundamental way), and teaching assistantships (these are paid positions which support undergraduate courses such as marking and invigilating exams). Students and supervisors seeking clarification around expectations of an RA should note that although official guidelines do not currently exist, there should be an explicit understanding of the number of working hours required (a rate of approximately $30/hour should be used as a standard). It is also important to note that the Canadian Psychological Association standards stipulate that students refrain from working more than 20 hours per week in employment outside of the program so that they may progress through the program in a timely fashion. All graduate supervisors are normally responsible for guaranteeing funding for a student for two years the Master’s degree and up to four years of the Doctoral degree. As of the 2021-22 academic year, the Graduate Department of Psychological Clinical Science offers students in good academic standing a guaranteed minimum funding package of $22,000 plus tuition and incidental fees each year for a total of 6 years (2 MA years and 4 PhD years).

Students who go on internship/residency in Year 5 of the PhD (or later) are considered beyond the funded cohort which means they will not receive a funding package and will be responsible for paying their tuition and incidental fees. The UTSC Dean’s Office will try to provide these students with some tuition and incidental fees support (via the Internship Tuition Fellowship), but this is not guaranteed. The Graduate Chair and Dean’s Office will discuss yearly what is available and how many students are eligible to determine amount (if any). Students beyond the funded cohort seeking financial assistance should consider applying for a Doctoral Completion Award. The DCA application form can be found on the GD-PCS website.

Students who go on internship/residency in Year 4 of the PhD have the option of postponing receipt of their funding package until they return to the program in Year 5 (if they think this is likely) or taking a modified funding package while on internship. The Dean’s Office will cover the RAship component for any student (as opposed to the supervisor) who goes on internship in Year 4 of PhD (i.e., opts for the modified funding package). As part of the modified funding package, the student will decide if they want to fulfill a TAship or not. The department will continue to offer subsequent appointments for students on internship however students should not expect the nature of the TA work will be modified. It is important to note that there are a limited amount of TAships/TA hours that can be done remotely and adjudication of those TAships/TA hours must be done fairly across all students (clinical and experimental) who have unique circumstances.

Students who successfully secure awards and scholarships should note that the total award value is not simply added onto the minimum funding commitment but typically increases the overall package amount. This is due to the funding formula, which redistributes the weight of the various components of the funding package based on award values. For example, a student who has secured a CGS-M award may work half
the number of TA hours required of a student without a CGS-M award. Similarly, the
number of working hours required as part of the RA would also decrease. A $3,500 top-
up is provided for those students holding Tri-council CGSM, NSERC PGSD, SSHRC
Doctoral, or OGS awards. Students holding an NSERC/SSHRC/CIHR CGSD award
will receive a top-up of $3,000. Students wanting to discuss the details of their funding
package should contact the Graduate Program Administrator. Funding packages are
distributed in installments and this is detailed in the annual funding package letter and
accompanying budgeting tool which is sent out prior to the start of the fall term. Please
note that students must be making good progress towards completion of their degree in
order to receive all installments. For more information about financial assistance for
students in the program, please contact the Graduate Program Administrator and the
Graduate Chair/DCT. SGS also details information about financial assistance for
students in research-stream graduate programs (see
http://www.sgs.utoronto.ca/currentstudents/Pages/Financing-Your-Graduate-
Education.aspx).

The Centre for Graduate Professional Development (CGPD) focuses on skills beyond
those conventionally learned within a disciplinary program—skills that may be critical to
success in the wide range of careers that graduates enter, both within and outside
academe. The program consists of a range of optional “offerings” with a time
commitment roughly equivalent to 60 hours of work (to receive a certification
recognized by a transcript notation).

Example offerings include: Conflict Resolution Fundamentals, Developing Resilience,
Writing NSERC, CIHR SSHRC Proposals, Strategies for Developing & Organizing
Your Ideas, Oral Presentation Skills, Leadership Essentials, etc. A complete list of
current offerings can be found on the CGPD website.

The Graduate Centre for Academic Communication (formerly ELWS) provides
graduate students with advanced training in academic writing and speaking through
a variety of methods: non-credit courses, single-session workshops,
individual writing consultations, and writing intensives – all of which are free of
cost. Example offerings including grant writing proposal workshops, thesis writing
courses, dissertation and research article boot camps. A complete list of current
offerings can be found on their Current Term’s Courses webpage.

The UTSC Writing Centre supports student learning at any stage in the writing process,
and offers appointments, drop-in hours, and writing groups. Interested students may
also consider attending an academic writing retreat. Students seeking personalized suppor
t in writing and editing assignments, scholarship applications, articles for publication, or a
thesis, should contact the Centre’s Graduate Student Support Coordinator.

Together with the support of SGS, GD-PCS is committed to providing students with
resources to help them navigate challenging and difficult situations that can arise
throughout the graduate school experience. If a student is encountering a problematic
situation and is unsure how to resolve it, it is highly advisable that they first become
familiar with the Supervision Guidelines for Students webpage. These Guidelines provide helpful suggestions when dealing with a range of issues including (but not limited to) conflicts with a supervisor or thesis/dissertation committee member, financial concerns, and personal wellbeing. Below is a list of resources adapted from these Guidelines.

Students are strongly encouraged to familiarize themselves with the GD-PCS Policies and Procedures on Student Complaints, Grievances and Appeals, as well as the GD-PCS Remediation Policies, section 4.0 Interpersonal Difficulties (see Appendices E & F).

It is important to note here that graduate students have access to mental health resources on all three University of Toronto campuses. Given MA students involvement at the Health and Wellness Centre in MA2 of the program, GD-PCS students may want to consider accessing mental health resources either at the Health and Wellness Centre located on the St. George campus and/or the Health and Wellness Counselling Centre at SGS.

Other relevant resources:

- PCS Graduate Student Reps
- U of T Graduate Student Union
- SGS Graduate Wellness Services
- SGS Staff Directory
- Ombudsperson
- Family Care
- UTSC Accessibility Services
- Health Services
- Equity, Diversity & Inclusion Office
- Anti-Racism and Cultural Diversity Office
- The Centre for Women and Trans People
- Community Safety Office
- Safety and Sexual Violence Office
Clinical Practica and Readiness for Internship

This section of the Graduate Handbook contains information about the procedures for applying to a clinical practicum placement, protocols for evaluating student performance in these placements, and the criteria used to assess readiness for internship.

Clinical Psychology at UTSC includes a sequence of practicum placements to provide students with training in professional practice, including evidence-based methods of assessment and intervention. Placements must be approved by the Program Coordinator and students are expected to obtain a minimum of 400 total clinical hours in MA level practica and 800 total hours in PhD level practica. Students are expected to familiarize themselves with the appropriate documentation process required for their clinical training, as described on the website and in the Practica Documentation section below.

Initial Practicum Training

After having completed required coursework in ethics, psychological assessment, psychopathology and psychotherapy, students will enroll in the Applied Interventions in Clinical Psychology (CPS1802H) course during the second year of the MA degree program. This course is run concurrent with students’ first practicum (Practicum in Psychological Interventions, CPS1803H). The practicum takes place in a clinical setting where students receive supervision from a doctoral-level psychologist registered with the College of Psychologists of Ontario. These training experiences are intended to provide students with requisite skills in interviewing techniques, reflective listening, rapport building, and other core clinical skills.

Summer Practicum

In the summer following the second year of the MA program, students are required to complete a 16-week clinical practicum obtained through the Greater Toronto Area (GTA) Match. Students are expected to seek out a full-time summer practicum placement that includes opportunities for clinical interviewing, psychodiagnostic, neuropsychological assessments, integrative report-writing, and evidence-based interventions. Depending on the outcomes of the match process, students may be asked...
to consult with the Program Coordinator to identify alternative suitable practicum placements that afford these learning experiences.

In the PhD program, students will engage in part-time clinical practica that are usually obtained through participation in the GTA Match. Students are expected to attend the annual GTA Practicum Day Fair to obtain information about available placements. Since 2010, students enrolled in psychology graduate programs in the GTA have been invited to attend this fair to learn more about the clinical practica available at institutions across the city. Sites are typically invited to present information about their practicum training opportunities in a poster-style session that often includes displays and brochures. This format allows students to converse with practicum site representatives to better understand whether the clinical training offered through these placements is consistent with students’ training goals. This fair has normally been held in November and is hosted at the site of a participating program or institution. The Program Coordinator alerts students to the details of this event. While the large majority of practica sites take part in the Practicum Day Fair, and follow the common application and notification procedures, there are some clinics that do not participate but still offer practicum placements.

The common GTA application deadline for practicum positions is generally February 1st, and the “Match day” for students and practicum sites normally falls in mid-March. Start dates for clinical practica vary by site but typically fall in September of each year. In order to ensure that practicum placements meet our program’s training expectations and requirements, and that they will therefore be recognized as ‘program-sanctioned’, students are expected to keep the Program Coordinator informed about their plans regarding practicum applications and their progress during the application process. This is particularly important for students who are interested in a practicum placement at a site that does not participate in the common GTA application process. Those students should make a concerted effort to inform the Program Coordinator of their plans prior to making a commitment to a practicum site.

External practica during the PhD program are expected to be 8 months in duration with a frequency of 2 days per week. In exceptional circumstances, a student may request an extension of the duration of their practicum placement. This request must be submitted in advance in writing to the Program Coordinator, at least one month before the original end date. Students will be expected to provide justification for this request. Approval for such an extension is required from the student’s research supervisor(s) and from the Program Coordinator. Factors that are taken into consideration when reviewing the request can include the degree of research progress to date as well as the alignment with identified clinical training goals.

The total number of practica will vary between students, although most students will complete 4 to 6 practica across the MA and PhD programs. It is important to realize that although the total number of practicum hours is not the key element for
internship selection, it usually takes between 1000-1400 hours to achieve the clinical experience that makes for a competitive profile. These totals must include a substantial number of direct contact and supervision hours. Currently, the Canadian Psychological Association specifies that students applying for internship should already have a minimum of 300 direct hours and 150 supervision hours. Furthermore, 75% percent of supervision hours should be individual supervision and 25% can be group supervision. It should also be noted that these numbers may not guarantee a highly competitive application, as many students often report higher totals when they apply.

Program Sanctioned Clinical Activities

From time to time, the program may sanction certain clinical activities that are outside of the standard practicum experience. Before initiating these clinical activities, students must complete a Program Sanctioned Clinical Activities Approval Form, which must be approved by the Program Coordinator and the student's academic supervisor(s). Students should familiarize themselves with the GD-PCS Policy and Procedures on Program Sanctioned Clinical Activities, which outlines the criteria and process in full detail (refer to Appendix G).

Practica Documentation

All practicum-related forms can be found in the Current Students section of the GD-PCS website. These forms have been designed to support training expectations, record clinical hours, and evaluate student performance. Students are expected to comply with the processes and deadlines outlined below. Where indicated on the form, a soft copy of the document should be emailed directly to the Program Coordinator with a copy sent to the Graduate Office.

Should there be any concerns about completing the documents accurately and/or meeting the document deadlines, students must contact the Program Coordinator as soon as possible.

☑ WSIB Declaration Forms

The Workplace Safety and Insurance Board (WSIB) Declaration forms ensure students and organizations engaged in approved training activities comply with the Ministry of Training, Colleges and Universities (MTCU) processes for insurance coverage during clinical placements.

- **WSIB Student Declaration**
  
  *By the starting date of the practicum*, students will complete and submit the WSIB Student Declaration to GD-PCS. The student declaration covers all practicum placements for the degree that the student is currently enrolled in; therefore, an MA student will submit one WSIB Student Declaration form for
their MA degree practica and a second WSIB Student Declaration form for their PhD degree practica.

- **WSIB Employer Declaration**
  
  *Within one month of the practicum start date,* the WSIB Employer Declaration is completed by the clinical site and submitted to GD-PCS by the student.

**✓ Clinical Placement Learning Contract**

The Clinical Placement Learning Contract establishes the training expectations and responsibilities for both the student and clinical supervisor(s) during the practicum. The learning contract serves as an agreement between both parties and should be consulted periodically to ensure its relevancy. Any changes impacting the original terms of the contract, whether initiated by the clinical supervisor or student, must be alerted to the Program Coordinator.

The Clinical Placement Learning Contract is completed together by the student and clinical supervisor(s). **The Program Coordinator must receive an electronic copy of this form no later than the end of the second week of September (for placements starting in September).** For the MA summer practicum and any other off-cycle practica (i.e. clinical practica starting outside of September), the deadline for the Clinical Placement Learning Contract will be two weeks from the placement start date.

Note: Students who have received approval for a practicum extension (as outlined in the Part-time Clinical Practica section above) will need to submit a revised learning contract by the originally agreed upon practicum end date.

**✓ Clinical Placement Student Evaluation**

The Clinical Placement Student Evaluation serves as a formal assessment of the student’s performance in various areas related to their clinical training. For this reason, the Clinical Placement Student Evaluation form is completed together by the student and clinical supervisor, and **officially submitted by the clinical supervisor to the Program Coordinator.** In co-supervisory arrangements, the supervisors may choose to complete and submit one form together or two separate forms.

The evaluation is completed twice for each practicum: once at the mid-way point of the placement and again near the end of the practicum. Both evaluation dates are determined early on and captured in the Clinical Placement Learning Contract. The second, or final, evaluation provides an official grade for the practicum: a “Pass” grade results in a credit (CR) for the practicum course.

Note: A student receiving a global rating as “inadequate” requires remediation (please see further details in Appendix F: Policies and Procedures on Remediation).
Clinical Placement Clinical Hours Summary

The Clinical Placement Clinical Hours Summary form provides a formal mechanism for tracking all student clinical training hours obtained throughout program-sanctioned practica. Only hours that are approved on the Clinical Placement Clinical Hours Summary form will count towards internship applications. Thus, it is imperative that students complete the form accurately and in its entirety (tools such as Time2Track can aid this process). The Program Coordinator must receive an electronic copy of this form no later than two weeks from the practicum end date.

Clinical Placement Feedback

The Clinical Placement Feedback form allows students to provide honest feedback with their experiences of both the clinical training site and their clinical supervisor(s). The form is completed anonymously for each practicum placement and submitted to the Program Coordinator no later than two weeks after the practicum end date. The feedback is used for internal purposes only.

The Department of Psychological Clinical Science has partnered with SynergyGateway Inc. to provide support and clearance for pre-placement requirements for clinical practica that require verification by our program. To assist students with completing and verifying that all requirements for relevant clinical practica are met, students will receive access to Verified, a software platform by Synergy Gateway, our 3rd party document collection and requirement verification partner. Students will be asked to complete an Electronic Student Permit Check (ESPC) service in the Verified application in order to receive clearance to begin clinical practica that have pre-placement requirements (e.g., vaccinations). To determine whether a clinical practicum has any pre-placement requirements that our program will be asked to verify, students are to contact their clinical supervisor(s). Students will use Verified to:

- Upload pre-placement requirements documentation for review
- Book Electronic Student Permit Checking service (this is a service that reviews the documents students have uploaded and provides students a status as to their eligibility to begin placements)
- Track ongoing requirements compliance

Questions about the Verified platform can be directed to: www.Synergyhelps.com. Questions related to practica can be directed to the Program Coordinator.

Readiness for Internship

Successful completion of a predoctoral internship is a requirement for the PhD degree program. Applications to the annual internship match are normally submitted during the Fall of Year 3 or 4 of the PhD program and the internship takes place during the following year. Due to the competitive nature of securing a predoctoral internship, careful attention is paid to the process of documenting,
preparing and submitting a formal application. When students decide that they intend to apply for internship, they will be required to submit Form D4, the Readiness for Internship form, no later than July 1st of the application year (this is normally PhD year 3 or 4). When the student submits the form, the Graduate Chair/DCT will conduct an assessment of readiness and provide recommendations to the student to help ensure their internship applications are as strong as possible. The feedback is communicated to the student and their supervisor(s) on Form D4 for review and sign off. The student and their supervisor(s) will have an opportunity to respond to the Graduate Chair/DCT’s recommendations on the form. If they disagree with the assessment, the student or their supervisor(s) may present their case for review at a Program Committee Meeting. The Graduate Chair/DCT’s assessment of readiness to apply for internship is based on the completion of a number of milestones related to practicum training, course completion, comprehensive examination completion, doctoral dissertation research progress, and the overall strength of the student’s training profile (including the number of accrued clinical hours). See “Forward Planning When Applying for Internship” below for more information on how progress in the program is assessed with respect to internship readiness. It is not uncommon for the Graduate Chair/DCT to communicate directly with students and/or their supervisors during any stage of the internship assessment process. The Graduate Chair/DCT may also consult with other GD-PCS faculty members.

The Graduate Chair/DCT will convene a meeting every year for all graduate students who want to apply for internship and all students who just completed the process to help students get the best information. All students are welcome to meet with Graduate Chair/DCT as well if they have any questions regarding the process after discussing with their supervisors. The Graduate Chair/DCT and supervisor(s) will make themselves available to conduct mock interviews on an as-needed basis and to consult with students as they determine their rankings of internship sites prior to the ranking deadline.

If the student and/or supervisor is not in agreement with the Graduate Chair/DCT’s final evaluation of the student’s readiness for internship (i.e., approval or disapproval to proceed with submitting internships applications), they may present their case at a Program Committee meeting for further discussion.

The Self-Evaluation Checklist in Appendix I summarizes the GD-PCS readiness for internship process.

**Annual Internship Match**

GD-PCS is committed to helping our students maximize their chances of success in the annual APPIC Internship Match (for details, see https://www.appic.org/). It bears mentioning that there is no single ‘optimal’ profile to be successful in being selected for internship. Internships vary considerably in the types of training they offer and no internship is intended to meet the training needs of all students who
are applying in a particular year. Hence, “goodness of fit” is a vital component in making selection decisions. Goodness of fit is largely about the match between the type of clinical focus offered in a particular setting and an applicant's prior training and career goals.

GD-PCS expects students to complete CPA- or APA-accredited internships. The Department will only consider approving a non-accredited internship in the unlikely circumstance that a student does not match after participating in all of the APPIC phases, and does not wish to participate in the APPIC match for a second time. If a student is considering requesting to complete a non-accredited internship, he/she must discuss their intentions with the Graduate Chair/DCT as soon as possible. Students are expected to have reviewed the GD-PCS’s Policy on Approving Non-CPA or APA Accredited Internships (see Appendix H) and complete a Request to Complete a Non-CPA or APA Accredited Internship, Form D6.

The internship is a program requirement and involves communication between the student, internship site and program. The internship site will provide the program with mid-term and final evaluations and the two sites will communicate as needed. Students should keep the program apprised of progress during their internship and use the program as a resource if they are having difficulties. The University of Toronto does not cover liability insurance for students on internship. If the internship/residency does not provide liability insurance, the student will need to consult with the internship Director of Training to obtain the required liability insurance.

**Forward Planning When Applying for Internship**

The Graduate Chair/DCT will assess progress in three key areas prior to beginning the internship application process: course work, dissertation research, and practicum training. The Graduate Chair/DCT may consult with GD-PCS faculty about a student’s readiness for internship, as required. If a student and/or supervisor disagree with the Graduate Chair/DCT’s recommendation after discussion between parties, the student or supervisor can also present their case at a Program Committee meeting for review.

**Course Work**

The coursework required for the PhD program is normally completed in PhD years 1 through 3. If students plan on completing optional courses, we suggest that these are completed no later than the Fall session of the academic year in which they are applying for internship. Although most internships allow for courses to be completed throughout the application year, a small number of internship sites set an earlier period (either the Fall session of the application year, or require courses to have been completed prior to or at the time of application).

**Dissertation Progress**
In recent years, dissertation progress has become an increasingly important criterion in the evaluation of internship applicants. Internship sites vary in the specific expectations that they have for applicants. In some cases, internship sites are looking for evidence that applicants will, at a minimum, have completed all data collection and analysis prior to commencing internship. For others, there is an expectation that students will have a draft of the entire dissertation completed prior to commencing internship. For this reason, students should be well-advanced on their dissertation prior to applying for internship. Of course, this requires considerable planning on the part of the student. Accordingly, we encourage students to work with thesis supervisors and the doctoral supervisory committee throughout all years of the PhD program to ensure that the dissertation is sufficiently advanced to allow for a timely internship application. Unless the dissertation is sufficiently advanced, students may face the necessity of delaying their internship applications. Any questions about this should be brought forward to the Graduate Chair/DCT.

Practicum Training
The third key element in assessing internship readiness is a student’s breadth and depth of practicum training prior to internship. Internship sites value and expect students to have strong skills in assessment, diagnosis, and treatment. The foundations for these components are laid in initial clinical practica during the MA program. In the PhD program, students begin to develop a more individualized clinical training profile that is explicitly designed to achieve congruence with the type of internship for which they wish to be competitive. When applying for practica, students are encouraged to reflect on their training and career goals, which should also inform the type of internship settings to which they intend to apply.

The optimal balance of assessment, treatment, and other experience again varies according to the type of professional profile that the student is working to develop. Because fit between the student’s profile and potential internship sites is so important, each student’s clinical training program is supported and monitored through an ongoing process of collaboration between the student and the Student Evaluation Committee (chaired by the Program Coordinator) through the Annual Review Form and practica documentation. The student, research supervisor(s), Program Coordinator, and the Graduate Chair/DCT work closely to harmonize academic and clinical training activities so that each student can optimize their readiness and success when they enter the Internship Match. Additional individual and group meetings with the Graduate Chair/DCT will be scheduled as needed.
Appendix A:

Administrative Positions Held by Faculty
Graduate Department of Psychological Clinical Science
Clinical Psychology Field

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<tr>
<td>Graduate Chair/</td>
<td>Anthony C. Ruocco, Ph.D., C.Psych (Interim)</td>
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<tr>
<td>Director of Clinical Training</td>
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<tr>
<td>Program Coordinator</td>
<td>Amanda Uliaszek, Ph.D., C.Psych.</td>
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Appendix B: Leadership Positions Held by Students
### Graduate Department of Psychological Clinical Science
Clinical Psychology Field

<table>
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<th>Role</th>
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<tr>
<td><strong>Student Ambassador</strong></td>
<td>Shreya Jagtap</td>
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<td></td>
<td>Zoey Zuo</td>
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<td><strong>Graduate Student Representatives</strong></td>
<td>Tahira Gulamani</td>
</tr>
<tr>
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<td>Sylvia Romanowska</td>
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<td><strong>Inclusivity Committee Members</strong></td>
<td>Alina Patel</td>
</tr>
<tr>
<td></td>
<td>Shreya Jagtap</td>
</tr>
<tr>
<td><strong>Academic Appeals Committee Member</strong></td>
<td>Jacob Koudys</td>
</tr>
<tr>
<td></td>
<td>Maya Amestoy</td>
</tr>
<tr>
<td><strong>Professional Development &amp; Seminars/Workshop Committee Member</strong></td>
<td>Michael Carnovale</td>
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Appendix C:
CPA Public Disclosure Tables
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### CPA ACCREDITATION - DOCTORAL PROGRAMMES

**Table Type:** PUBLIC DISCLOSURE TABLE 2: INTERNSHIP APPLICATIONS OVER PAST 7 YEARS

**Programme:** Other - please specify: University of Toronto Scarborough - Clinical Psychology

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<td>APPIC, Non-Accredited Internship</td>
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### CPA ACCREDITATION - DOCTORAL PROGRAMMES

**Public Disclosure Table 4: Programme Graduates Over Past 7 Years**

Programme: Other - please specify: University of Toronto Scarborough - Clinical Psychology

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Appendix D:

Policies and Procedures on Departmental Governance
Policies and Procedures on Departmental Governance

Approved in Revised Form by Program: August 1st, 2019

1. The Graduate Department of Psychological Clinical Science (GD-PCS) has a Graduate Chair, who is a tenured full member of the School of Graduate Studies, appointed by the Dean of Graduate Studies and Vice Provost, School of Graduate Studies, normally for a five-year term. The Chair reports to the Dean and Vice Provost of the School of Graduate Studies, Vice Dean Graduate at the University of Toronto Scarborough (UTSC), and the Vice Principal Academic and Dean (UTSC).

2. The position of Graduate Chair normally will include the position of Director of Clinical Training (DCT), which is the conventional term used in professional training for the leader of a clinical psychology program. When the positions are consolidated, this individual will be referred to as the Graduate Chair/Director of Clinical Training. If the individual selected to be Graduate Chair is not a registered clinical psychologist, the role of Director of Clinical Training will need to become a separate role, filled by a registered clinical psychologist to be consistent with Canadian Psychological Association Accreditation Standards.

3. The Chair of the Psychology Department and Chair of the GD-PCS will work collaboratively to engender the success of their respective portfolios, and particularly with regards to workload, faculty hiring, tenure and promotion, and performance assessments of clinical faculty.

4. The Chair is assisted in the administration of the Department by the Program Coordinator, who is a full member of the Graduate Department and School of Graduate Studies. This administrator is appointed by the Chair, for a term that will normally be the same duration as the Graduate Chair.

5. Core clinical faculty refers to tenure- and teaching-stream clinical psychology faculty with a full-time appointment at UTSC.

6. All departmental appointments and Standing and Ad Hoc Committees are advisory to the Chair, who is responsible for administrative decisions. Normally, the Graduate Chair will adhere to the recommendations of the Program Committee.

7. The departmental governance structure is based on Standing Committees and Ad Hoc committees. Other than the Program Committee and Student Evaluation Committee, all committee terms are normally for two years.
The standing committees are:

**Program Committee (i.e., Training Committee)**
The purpose of the Program Committee is to discuss and vote on all aspects involved in the running of the department. This includes associate membership appointments, changes to policies and procedures, and the organization and scheduling of departmental events and milestones.

i. The membership of the Program Committee includes all core faculty members not on leave (voting members), two graduate student representatives (non-voting members), as well as program administrative staff (non-voting members).

ii. The Program Committee typically meets once per month in the academic year, adhering to the schedule distributed in the beginning of each semester.

iii. Decisions made by the Program Committee will be communicated to relevant parties (e.g., graduate students, associate faculty members, etc.) through email and/or written documentation as the Program Committee deems appropriate.

iv. The Graduate Chair will serve as the Chair of the Program Committee.

**Admissions Committee**
The purpose of the Admissions Committee is to participate in all processes related to graduate admissions to the department. This includes and is not limited to:

a) reviewing all applications to the graduate department
b) decide on a list of students to invite for interviews in consultation with supervisors wanting to admit students
c) participate in the remote and in-person interviews of invited students
d) discuss and reach a consensus on which students to admit
e) attend all relevant meetings involved in the admissions process

i. The membership of the Admissions Committee includes a subset of core faculty members, typically those wanting to admit a student, as well as the program administrative staff.

ii. The Admissions Committee will meet at least twice during the admissions process: the first meeting will be to review applicants who are being considered for an interview and the second meeting will be to discuss which students will receive an offer of admission. Additional meetings will be scheduled as necessary.

iii. Decisions made by the Admissions Committee will be communicated to core and associate faculty members in person or via email.

iv. The Program Coordinator will serve as the Chair of the Admissions Committee.

v. The Graduate Chair approves all admissions offers to candidates.
Awards Committee

The purpose of the Awards Committee is to evaluate the availability of awards in conjunction with the student award applications and decide which applications are most appropriate to put forward. This committee also provides applicants with feedback on how to enhance their application prior to the submission deadline.

i. The Awards Committee will consist of at least three core and/or associate faculty members (voting members), as well as the Graduate Program Administrator.

ii. The Awards Committee will meet as per needed to adjudicate applications.

iii. Decisions made by the Awards Committee will remain confidential.

iv. The Program Coordinator will serve as the Chair of the Awards Committee, and will consult with the Graduate Chair as necessary.

Graduate Department Academic Appeals Committee

The purpose of the Graduate Department Academic Appeals Committee (GDAAC) is to evaluate and judge student appeals pertaining to substantive or procedural academic matters. These may include grades, evaluation of comprehensive exams or other program requirements, decisions about continuation in any program, or any other decision with respect to the application of academic regulations and requirements to the student. Students are instructed to attempt to resolve the matter with the instructor or other person whose ruling is in question before seeking review by the GDAAC. The GDAAC is not involved in non-academic decisions (e.g., fee disputes) or decisions related to admission, which are not subject to appeal.

i. The GDAAC will be made up of five members: four graduate faculty members (one Chair), and one graduate student chosen by other students in the department.

ii. The GDAAC will meet on an ad-hoc basis in response to graduate students initiating an appeals process.

iii. After reviewing an appeal, the GDAAC Chair will present a written report describing evidence presented and recommendations reached to the Graduate Chair, the appellant student and all parties involved in the appeal. A copy of this document will be sent to the SGS Vice-Dean, Students by the Graduate Chair.

iv. A core clinical faculty member will Chair the GDAAC.

Curriculum and Academic Program Requirements Committee

The purpose of the Curriculum and Academic Program Requirements Committee is to lead and review all processes related to curriculum and academic program requirements for students in the department. These include:

a) Reviewing proposed changes to program requirements
b) Proposing new courses and changes to existing courses
c) Reviewing proposed changes to course sequences in MA and PhD programs

i. The membership of the Curriculum and Academic Program Requirements Committee includes a subset of core faculty members, the program administrative staff, and a graduate student representative.

ii. Decisions made by the Curriculum and Academic Program Requirements Committee will be communicated to relevant parties (e.g., graduate students, lecturers, etc.) through email and/or written documentation as necessary.

iii. The Graduate Chair chairs the Curriculum and Academic Program Requirements Committee.

**Inclusivity Committee**
The purpose of the Inclusivity Committee is to help the GD-PCS maintain an equitable environment, where diversity is promoted.

i. The membership of the Inclusivity Committee includes a subset of Department faculty members, one or more program administrative staff, and a graduate student representative.

ii. The Committee will organize the Annual Invited Diversity Speaker Series, in consultation with the Graduate Chair.

iii. The Committee can undertake other initiatives and activities as determined by the Committee in consultation with the Graduate Chair.

iv. The Inclusivity Committee will be chaired by a core clinical faculty member.

**Research Comprehensive Examination Committee**
The purpose of the Research Comprehensive Examination Committee is to adjudicate students’ written component of the Comprehensive Examination of the GD-PCS, which consists of a grant application.

i. The membership of the Research Comprehensive Examination Committee includes three Department Faculty members with a history of graduate supervision and one program administrative staff.

ii. The Committee will follow the guidelines for adjudicating the Research Comprehensive Examination Component as set out in the Program Handbook.

iii. The Research Comprehensive Examination Committee will be chaired by a core clinical faculty member.

iv. The Graduate Chair will review and ultimately approve the Pass/Fail adjudication.
**Student Evaluation Committee**
The purpose of the Student Evaluation Committee is to provide feedback to students and supervisors regarding their graduate students’ progress in the program, as well as to keep all core faculty appraised of student progress.

i. The membership of the Program Committee includes all core faculty members not on leave, as well as program administrative staff. Co-supervisors will attend the meeting in person or via telecommunication when their specific student is being discussed.

ii. The Student Evaluation Committee will meet once a year typically in the Fall semester after the Annual Progress Reports on students are due.

iii. Feedback will be provided in written form by the core faculty research supervisor to be captured on the Annual Progress Form and by the supervisor(s) verbally.

iv. The Program Coordinator will serve as the Chair of the Student Evaluation Committee.

**Ad Hoc Committees**
Ad hoc committees will be appointed by the Chair as required. Ad hoc committees will have a defined purpose and will be time-limited in their activities.

**Procedures**

1. The Governance Structure should avoid real and perceived conflicts of interest.

2. Faculty members who serve on Standing Committees will be selected by the Chair in consultation with the faculty member and the Chair of the Psychology Department. The Graduate Chair will select faculty members taking into account equity in workload, rank, and skill set. Student representatives normally will be selected by their peers and approved by the Graduate Chair.

3. The Graduate Chair together with the graduate assistant will provide a list of Program Committee meetings (i.e., departmental meetings) to members of the department in August of each year. Program Committee meetings normally take place monthly on Thursday mornings. Extra meetings may be called at least one week in advance of the date.

4. All current core faculty members are expected to attend the Program Committee meetings, and to exercise the right to vote at such meetings. Retired, emeritus, and associate members, as well as graduate students of the department may attend for specific issues, with prior agreement of the Graduate Chair, but may not vote. Only core members present at the meeting may vote, including proxy votes to specific motion sent to the Graduate Chair.
5. There will be two graduate student representatives with a two-year term limit; normally, one each from the Master’s and Ph.D. programs. These student members attend departmental meetings as non-voting members, except for those that require confidentiality (e.g., student evaluations), and will have the right to speak on behalf of graduate students.

6. The Graduate Chair and administrative staff will develop and maintain a Manual of Policies and Procedures that will list all administrative policies, as well as keep track of all motions passed by the Program Committee. The Manual will detail the duties of all Administrators and the policies and procedures for the Standing and Ad Hoc Committees.

7. All policy decisions, to be discussed and voted upon in a Program Committee Meeting, will be prepared by the Graduate Chair by providing:
   a) sufficient background information, and
   b) the text of relevant motions to be moved at the meeting at least one week before the date of the Program Committee meeting.
   c) quorum is 50% of voting members, excluding faculty members who are on leave. Proxy (i.e., written communication) votes will typically count towards quorum. If quorum is not met, then the item is moved to the next meeting for a vote.
Appendix E:

Policies and Procedures on Student Complaints, Grievances and Appeals
Policies and Procedures on Student Complaints, Grievances and Appeals

Approved in Revised Form by Program: February 1, 2018

The School of Graduate Studies stipulates policies and guidelines for graduate academic appeals. The policy states “graduate students registered in the School of Graduate Studies (SGS) may appeal substantive or procedural academic matters, including grades, evaluation of comprehensive examinations and other program requirements; decisions about the student’s continuation in any program; or concerning any other decision with respect to the application of academic regulations and requirements to a student (SGS General Regulations 11.1).”

Excerpts of the SGS policy are provided below, along with departmental policies for student complaints and grievances. For more detail, please refer to the Graduate Academic Appeals policy on the SGS website. Also, see below for a list of appropriate resources that could be relevant to students.

Students who have a complaint must first attempt to resolve the matter informally with the instructor or other person whose ruling, evaluation or decision is in question, if they feel comfortable doing so.

Should the matter not be resolved and should the student wish to pursue the action, the student should discuss the matter with the Program Coordinator in the Graduate Department of Psychological Clinical Science (GD-PCS). [Note that teaching assistant-related complaints or grievances should be directed to the relevant Human Resources Advisor and/or union representative.]

Should such discussions fail to resolve the matter, or if the student’s supervisor is the Program Coordinator, the student may choose to bring the matter to the Graduate Chair/DCT.

If the student’s supervisor is the Graduate Chair/DCT, the matter may be brought to the Undergraduate Psychology Chair at the University of Toronto Scarborough (UTSC), followed by the Vice Dean, Graduate (UTSC); Vice-Dean, Students, SGS; and Dean, SGS.

Should the matter remain unresolved, the student has the option to make a formal appeal in writing (see Notice of Appeal form on the SGS website and further below in this document) to the Chair of the Graduate Department Academic Appeals Committee (GDAAC).

The GDAAC is established by the Graduate Chair/DCT at the beginning of each academic year, and no later than September 30.

Except for appeals related to Termination of Registration and Final Oral Examination failure (which are directly appealed to the SGS Graduate Academic Appeals Board discussed below), appeals are initiated in the GD-PCS, at the...
The Committee only considers academic matters and is advisory to the Chair, who is not bound by the Committee's recommendation.

The GDAAC is composed of four graduate faculty members and one graduate student from the department. Neither the Graduate Chair/DCT nor the Program Coordinator of the Department should be a member of the GDAAC. The Chair of the Department will appoint a Chair of the Committee from amongst the faculty membership of GDAAC. Normally, one associate faculty member will be included. The graduate students in the Department normally shall choose the student member.

Alternate Committee members and an alternate Chair of the Committee shall be appointed by the Graduate Chair/DCT each academic year. The graduate students in the Department also normally should choose alternate student members. Normally, alternate members from cognate departments will be chosen from the GDAAC of the cognate department. Once an alternate member is involved in an appeal, that alternate member shall continue to hear that same appeal until it is resolved.

Quorum for the Committee is three members, including the Chair.

The GDAAC meets on an ad-hoc basis in response to graduate students initiating an appeals process to the Chair of the Committee. After reviewing an appeal, the GDAAC Chair will present a written report describing evidence presented and recommendations reached to the Graduate Chair/DCT, the appellant student and all parties involved in the appeal. A copy of this document will be sent to the SGS Vice-Dean, Students by the Graduate Department Chair. The Graduate Department Chair may accept, amend, or reject any or all of the recommendations of the GDAAC. The Graduate Department Chair shall notify the student in writing of her/his decision with a copy to the Chair of the Committee, and a copy to the SGS Vice-Dean. If the Chair rejects or amends one or more of the recommendations of the GDAAC, reasons shall be provided. This is the final stage of the department appeal.

The student may appeal the decision of the Chair of the department by filing a Notice of Appeal to the SGS Graduate Academic Appeals Board (GAAB) within eight weeks of the decision of the Chair of the department. The GAAB is delegated from the Graduate Education Council and has the mandate to handle and decide upon all academic appeals by students in connection with SGS. The GAAB is the highest level of appeal within the graduate school. See the appeals policy in the General Regulations in the SGS Calendar for further information on timing.
Filing a Notice of Appeal to GAAB is the also first step for a student who is making an appeal regarding the failure of the Final Doctoral Oral Examination or termination of registration in a graduate program.

The Notice of Appeal must include the following:

a) a clear statement of the decision the student is appealing;

b) the name of the person or persons who made the decision, if known to the student;

c) the date the decision was communicated officially to the student;

d) a clear statement of the resolution the student is seeking on appeal;

e) a statement of the reason or reasons that the student feels that the decision was incorrect and that the student's proposed resolution is appropriate, including any arguments the student wishes to advance in support of the appeal;

f) copies of any documentary evidence the student has in her/his possession, and wishes the Committee to consider. Other documents may be used in the appeal only with the leave of the Committee.

A decision of the SGS GAAB may subsequently be appealed by a student to the Governing Council's Academic Appeals Committee, in accordance with its guidelines and procedures. An appeal to this committee shall be commenced by filing a Notice of Appeal with its Secretary no later than 90 days after the date of the GAAB decision under appeal.

Students also have the option to consult with the University of Toronto’s Office of the Ombudsperson (http://ombudsperson.utoronto.ca/) and other relevant resources as listed below:

- Equity issues (http://ombudsperson.utoronto.ca/help/equity.html)
- GD-PCS Program Support Staff (https://www.utsc.utoronto.ca/psych/department-contacts)
- UTSC Campus Graduate Administrator (http://www.utsc.utoronto.ca/vpdean/staff)
- GD-PCS Graduate Student Reps (http://www.utsc.utoronto.ca/psych/student-leadership-positions)
- SGS Student Services Officers (https://www.sgs.utoronto.ca/about/contact/sgs-staff-directory/)
- SGS Director of Student Services (https://www.sgs.utoronto.ca/about/contact/sgs-staff-directory/)
- SGS Vice-Dean, Students (https://www.sgs.utoronto.ca/about/contact/sgs-staff-directory/)
• Graduate Student Unions – GSAS and UTGSU
  (https://www.utsc.utoronto.ca/groups/gsas/) and
  (https://www.utgsu.ca/)
• Family Care Office (http://www.familycare.utoronto.ca/)
• Accessibility Services (https://www.utsc.utoronto.ca/ability/welcome-accessibility-services)
• Graduate Wellness Services at SGS
  (http://www.sgs.utoronto.ca/currentstudents/Pages/Graduate-Counselling-Services.aspx)
• Health Services (http://www.studentlife.utoronto.ca/hwc/services-offered#node-1114)
• UTSC Health & Wellness Centre (http://www.utsc.utoronto.ca/hwc/)
• Equity, Diversity & Inclusion Office (http://www.utsc.utoronto.ca/edio/)
• Sexual and Gender Diversity Office (http://sgdo.utoronto.ca/)
• Recreation and Athletics (https://www.recreation.utoronto.ca/)
• Safety and Sexual Violence Office (http://www.safety.utoronto.ca/)
• Centre for Graduate Professional Development
  (https://www.sgs.utoronto.ca/resources-supports/cgpd/)
• Graduate Centre for Academic Communication
  (http://www.sgs.utoronto.ca/currentstudents/Pages/GCAC.aspx)
• UTSC Writing Centre (http://www.utsc.utoronto.ca/twc/graduate-student-support)
• Financial Aid and Advising
  (http://www.sgs.utoronto.ca/currentstudents/Pages/Financing-Your-Graduate-Education.aspx)
• Exchange Opportunities
  (http://www.sgs.utoronto.ca/currentstudents/Pages/Exchange-Opportunities.aspx)
• Graduate Supervision Guidelines for Students and Supervisors
  (http://www.sgs.utoronto.ca/innovations/bestpractices/Pages/Supervision.aspx)
• Additional SGS Policies and Guidelines
  (http://www.sgs.utoronto.ca/facultyandstaff/Pages/Policies-and-Guidelines.aspx)
Appendix F:
Policies and Procedures on Remediation
Policies and Procedures on Remediation

Approved in Revised Form by Program: August 16, 2019

The Graduate Department of Psychological Clinical Science (GD-PCS) has policies to formulate specific plans when students do not satisfy program requirements. In addition, the GD-PCS has guidelines for addressing clinical practice-relevant and interpersonal-related difficulties, which complement existing guidelines provided by the School of Graduate Studies (SGS).

Remediation Plans for Addressing Problems with Student Competence

In cases where competence problems are identified in academic, practice, or the interpersonal domain, the GD-PCS will provide a remediation plan in written form, and which will be discussed with the student in person. Plans are developed to address individual cases, and might range from a simple requirement for additional coursework or additional clinical training to more consequential outcomes such as formal termination from the program. The elements comprising a remediation plan will specifically outline the requirements for the student and a timeline for their successful completion. In rare cases where a student proves unable to resolve or complete the remediation plan in a satisfactory manner, GD-PCS will recommend the student’s termination from the program in accordance with the SGS Termination of Registration policy. As per this policy, the student may choose to voluntarily withdraw from the program before their registration is terminated.

To standardize the approach taken to remediation in GD-PCS, the following elements must be present in each plan: I) identification of the supervisor(s), any additional faculty/personnel, and student's roles and responsibilities in the process, II) identification of specific deficit areas related to expected competency development, III) formal criteria for improvement, IV) inclusion of a learning plan for remediation, V) a clear timeline for assessing whether the issues have been appropriately remediated, VI) opportunity for review and modification of the remediation plan with all parties involved, VII) review of the plan at a Student Evaluation Committee meeting, VIII) acknowledgement by the student of the remediation plan, and IX) documentation of remediation status (need for remediation, remediation currently in progress, outcome of completed remediation) in the Annual Review Form. The student has the option to appeal a remediation plan or failure of the first examination decision at the Graduate Department Academic Appeals Committee (GDAAC). A second failure of an examination would result in the student being asked to withdrawal from the program and would thus need to be appealed to the SGS Graduate Academic Appeals Board (GAAB). Please note that failure at the PhD Defense, as well as termination from the program, is appealed to the GAAB and a solution (including remediation) will be determined through that process.
The domains addressed by remediation plans include 1) Inadequate research performance, 2) Inadequate clinical work, 3) Comprehensive Examination failure, 4) Inadequate practicum placement evaluation, and 5) Interpersonal difficulties. By including inadequate performance in research and clinical work as areas for remediation, the GD-PCS aims to remediate students’ difficulties as soon as they present and prior to an examination and/or practicum placement failure. This also allows remediation of other skills and behaviours that are not captured through the examination and practica failure processes.

Generally, remediation plans can include: I) a plan to enhance research and clinical skills, II) a plan to re-defend a thesis and/or redo a comprehensive exam, III) additional clinical training or practica, IV) counselling/coaching within or outside of the program as appropriate in the interpersonal domain, and V) a leave of absence.

1.0 Inadequate Research Performance

Inadequate research performance is defined as deficiencies in conceptualizing and designing, executing, analyzing, presenting, and writing related to research, that does not result in a failure of a thesis or examination, but is sufficiently concerning. It will likely be noted as an ‘Unsatisfactory’ on the Annual Review Form and/or a notation of ‘Unsatisfactory’ on the PhD Annual Supervisory Committee Form. Some specific examples where students may experience difficulties include understanding the theoretical underpinning of their work, data entry errors, communicating their work orally, formulating their work into a written form, and implementing supervisor(s)/committee feedback into their work. Difficulties in any of these areas should be addressed and monitored by the supervisor(s) and Student Evaluation Committee when the issues arise.

Remediation of specific research difficulties will occur on a case-by-case basis in consultation with the student’s supervisor(s), Student Evaluation Committee, and other program faculty as needed. Remediation requirements for the failure of a thesis or reformulation after a proposal defense can be found in the specific forms for that milestone (see Appendix X).

2.0 Inadequate Clinical Skills

Inadequate clinical skills are defined as deficiencies in any area of clinical practice which are not sufficient to result in a failed practicum placement (see below for specific remediation plans for failure), but either reflect a consistent pattern of difficulties (e.g., consistent low ratings in the same clinical subdomain) or are of a sufficient degree to warrant remediation. Additionally, remediation can be initiated in this domain if students are having difficulties with the applied work in their coursework, which is not sufficient for a failure in the course. Some specific examples where students may experience difficulties include implementing assessments and interventions, case formulations, and written and oral
communication in a clinical context. Difficulties in any of these areas should be addressed and monitored by the supervisor(s), Graduate Chair/DCT, and/or other appropriate program faculty when the issues arise. Remediation of specific clinical difficulties will occur on a case-by-case basis in consultation with the student’s supervisor(s), Student Evaluation Committee, and other program faculty as needed.

3.0 Comprehensive Examination Failure

The comprehensive examination requirement consists of two mandatory components: an oral component focused on the application of clinical knowledge and skills and a written component focused on the application of research knowledge and skills. A failing grade on these components could require a remediation plan. The student has the option to appeal the decision at the GDAAC of either or both of the first and second examination attempts. The decision regarding termination itself would be directly appealed to the Graduate Academic Appeals Board (GAAB) of the School of Graduate Studies.

In the case of a failed oral examination, the examining committee will provide the student with detailed written feedback regarding the nature of the concerns. The student will normally have up to two weeks to discuss the feedback with the committee (schedules permitting) and the committee members will prioritize meeting the student to discuss this. If the student still has questions, he/she can seek counsel from the Program Coordinator (alternatively, the Graduate Chair/DCT if the Program Coordinator examined the student). The student will then have the opportunity to re-take the exam normally two months from the original examination date. However, a different timeline in consultation with the Chair/DCT, supervisor(s), and student can be put into place. If a student fails the second examination attempt, the student will be recommended for a termination of registration. The student may choose to voluntarily withdraw from the program before their registration is terminated.

In the case of a failed research grant application (consolidated score below 3.4), the student will have an opportunity to resubmit their grant application. The Research Comprehensive Examination Committee will provide detailed written feedback in the Committee Evaluation Form regarding the nature of the concerns and the members will be open to meeting to discuss in person. The revised grant application must be submitted to the Research Comprehensive Examination Committee normally within two months of being notified of the initial decision. However, a different timeline in consultation with the Chair/DCT, supervisor(s), and student can be put into place. If a student fails their second examination attempt, the student will be recommended for a termination of registration. The student may choose to voluntarily withdraw from the program before their registration is terminated.
4.0 Inadequate Practicum Placement Evaluation

Students receive two written evaluations from the practicum supervisor: mid-term and end-of-term. At the mid-term evaluation, the global rating of a student by the practicum supervisor as “inadequate” requires remediation. An individualized remediation plan will be formulated, implemented and monitored in consultation with the Program Coordinator and Practicum Supervisor.

If the student fails, the hours completed at the practicum site will not be counted toward the student’s total number of hours accrued as part of the program of study. The remediation plan will be revised and reformulated as needed in consultation with the Program Coordinator and Practicum Supervisor. The Program Coordinator will monitor the plan and provide opportunities for remediation prior to beginning their second attempt to pass the practicum course.

The student has only one second-attempt at passing the practicum course, which may or may not be at the same practicum site or with the same clinical supervisor.

5.0 Interpersonal Difficulties & Other Professional Competence

GD-PCS must address any psychological, interpersonal and ethical considerations that interfere with a student’s professional development and role functioning. Students are expected to be familiar with, and adhere to, the Canadian Code of Ethics for Psychologists and the University of Toronto’s Code of Student Conduct. Students are expected to maintain appropriate professional relationships, have an ability to self-reflect, have insight, be open to feedback in the supervision process, and demonstrate problem solving proficiency (in the context of professional functioning).

Difficulties in any of these domains should be addressed by the supervisor(s) or other appropriate program faculty when the issues arise and be monitored, at minimum, during the annual review with the supervisor(s) and Student Evaluation Committee meeting. Remediation of specific interpersonal and other professional difficulties will occur on a case-by-case basis in consultation with the student’s supervisor(s), Student Evaluation Committee, and other program faculty as needed.
Appendix G:

Policy on Program Sanctioned Clinical Activities
Policy and Guidelines on Program Sanctioned Clinical Activities

Approved by the Program Committee May 6, 2021

In specific cases, the program may sanction certain clinical activities that are outside of the standard practicum experiences available through the Greater Toronto Area match. As per the most recent instructions provided by the Association of Psychology Postdoctoral and Internship Center (APPIC), students should count hours “for which [they] received formal academic training and credit or which were sanctioned by [their] graduate program as relevant training or work experiences (e.g., VA summer traineeship, clinical research positions, time spent in the same practicum setting after the official practicum has ended)” (APPIC Online Instructions 2018-19 [https://www.appic.org/Internships/AAPI#OVERVIEW]). Because non-practica related experiences will not receive academic credit, we instead will approve and track these experiences in accordance with the following policy to ensure proper representation in the APPIC application.

Students should refer to APPIC’s General Instructions to determine what clinical activities are eligible to include on the APPIC application and under what categories. Please note changes to APPIC’s policy supersede the procedures below if there is a discrepancy. To ensure consistency in the quality, monitoring and evaluation of clinical training activities, students in our program are expected to complete their clinical training as part of a practicum. A practicum is part of a student’s formal academic training and credit is awarded on the academic transcript. In addition, research progression and good standing in the program maintain the highest priority and requests for program sanctioned hours will be denied by the research supervisor/Program Coordinator if it is deemed that accruing these hours would interfere with program milestones and/or classwork.

Of note, the Canadian Council of Professional Psychology Programs (CCPPP) specifically notes, “that the professional activities students engage in, and the level of supervision they receive, frequently differ in quality when they have been hired as an employee versus a trainee (and it is for this reason, hours accumulated as an employee are generally not considered appropriate to include as training hours)”. If student wishes to take on a paid placement, they are free to note this experience in their CV (as recommended by APPIC). Relevant paid professional activities may be acceptable under the program sanctioned hour guidelines if all of the criteria outlined below are met and the student has already completed (or will complete by the start of the paid activities) all mandatory practica placements (those taking place from MA2-PhD2). Extenuating circumstances may be granted on a case by case basis at the discretion of the Program Coordinator and Director of Clinical Training.

Clinical research activities that meet APPIC’s standards and have the appropriate level of supervision may be considered program sanctioned hours. Of note, these
should abide by all guidelines listed below, with the exception of the 12-month limitation. In the case that these are taking place with the research supervisor, students must have separate, documented clinical supervision (not just supervision that exists in the traditional research supervisor-student relationship). If students’ clinical research experience does not meet these criteria, they are free to participate (with their research supervisor’s permission) and note the experiences in their CV (as recommended by APPIC). Extenuating circumstances may be granted on a case by case basis at the discretion of the Program Coordinator and Director of Clinical Training.

The foremost goal of the program sanctioned hour policy is to properly prepare our students for APPIC internship/residency placement, as well as follow recommendations provided by the Canadian Psychological Association and CCPPP; thus, acquired hours will only count as program sanctioned hours when

1. typically occurs after PhD2 for private practice and in doctoral degree for clinical research
2. the training setting has been formally reviewed and approved by both the program via the Program Coordinator and the primary research supervisor as per the Program Sanctioned Clinical Activities Approval Form
3. the supervisor is a Psychologist registered with College of Psychologists of Ontario who has competence in the relevant area of practice and client populations and has committed to providing appropriate levels of supervision (75% of supervision should be individual supervision)
4. the student’s activities involve specified training goals as per the Clinical Placement Learning Contract
5. the supervisor formally evaluates specified training goals as per the Clinical Placement Student Evaluation at the midpoint and conclusion of training
6. the training is normally time-limited to a maximum of 12 months of part-time private practice (or maximum 120 direct hours) or 120 hours of clinical research (clinical research can be more than 12 months).
Document flowchart

- **Program Sanctioned Hours Approval Form**: To be signed by clinical supervisor, research supervisor, and Program Coordinator before the start of clinical work.

- **Clinical Placement Learning Contract**: To be signed by the clinical supervisor and the Program Coordinator within 2 weeks of beginning placement.

- **Clinical Placement Student Evaluation**: To be signed by the clinical supervisor and the Program Coordinator at the midpoint and end of the clinical experience.

- **Clinical Hours Summary Form**: To be signed by the clinical supervisor and the Program Coordinator within 2 weeks of ending the clinical experience.
Appendix H:

Policies and Procedures on Approving Non-CPA or APA Accredited Internships
Policy and Procedures on Approving Non-CPA or APA Accredited Internships

Approved in Revised Form by Program: August 24, 2017

The Graduate Department of Psychological Clinical Science (GD-PCS) expects students to complete CPA- or APA-accredited internships. To maximize students’ ability to secure an accredited internship, all students will participate in all phases of the APPIC match, submitting a robust number of applications, typically at least 10. Students are not permitted to drop out of the APPIC match except due to exceptional circumstances and with the approval of the Graduate Chair/Director of Clinical Training (DCT).

The GD-PCS will only consider approving a non-accredited internship in the unlikely circumstance that a student does not match after participating in all of the APPIC phases, and does not wish to participate in the APPIC match for a second time. In a rare situation such as this, the Department’s position is that the non-accredited internship should meet training and professional standards that are substantially the same as sites that are accredited with CPA. For the Graduate Chair/DCT to approve such placements, documentation must be provided to demonstrate that the training is equivalent to an accredited internship. Students should attempt to provide the Graduate Chair/DCT with information as soon as possible.

Congruent with the CPA and/or APA standards, the following criteria must be present:

1. The internship setting must demonstrate support for training, ideally, through adequate and stable budgeting for training operations. Preferentially, internships should have financial support for interns.

2. The training should be coordinated by a psychologist registered by the appropriate professional governing body (e.g., College of Psychologists of Ontario). All supervisors should be credentialed by the appropriate professional governing body for psychologists as well.

3. The internships will consist of one year of full time training, or half-time over a period of two years (i.e., a minimum of 1600 hours).

4. The internship must have a formal system for evaluating the progress of the students. There must be a system for performance feedback, plus due process, remediation, and grievance procedures.
5. The internship training consists of an organized and coherent set of experiences, allowing for the integration and synthesis of clinical experiences. There should be an organized didactic component.

6. Supervision on both an individual and group basis must total a minimum of 4 hours per week. However, individual face-to-face supervision must comprise a minimum of 3 hours per week.
Below are other highly appropriate criteria, some of which can best be judged by a visit to the setting rather than through documentation. These include:

a) A respect for issues of cultural and individual differences. Trainees and staff should espouse these values.

b) Adequate facilities are provided, including office space, audio-visual resources and computer resources.

If a student wishes approval for a non-accredited internship placement, the following procedure should be followed:

For students who, in exceptional cases are considering an unaccredited internship, please bear in mind that the GD-PCS is responsible for ensuring that non-accredited settings meet accreditation standards as much as possible. As such, the Graduate Chair/DCT will work collaboratively with you and the setting to ensure the highest quality placement for your clinical training.

1. Documentation must be provided to the Graduate Chair/DCT, which demonstrates that the proposed program meets the criteria as outlined above. The documentation is necessary to demonstrate that the internship is potentially accreditable. Documentation should include CVs of the relevant supervisory personnel.

2. The proposal should describe how the potential setting addresses each of the points below:

   - Provide a brief philosophy of training (explicates its values and principles re teaching and training) including goals and objectives (which operationalize the philosophy of training).

   - By the end of the internship, interns must be eligible for registration and accordingly must have experience in a range of assessment and intervention procedures, consultation, and program development and evaluation. This includes training in empirically supported interventions, and in more than one treatment modality.

   - Written individualized training plan is completed by the internship’s Director of Training or primary supervisor and the intern at the beginning of the year and/or each rotation, including detailed training objectives and caseload expectations.

   - Scheduled supervision is provided at a minimum of 4 hours per week by licensed psychologists (3 individual supervision hours).
- Interns are given feedback about their progress on an ongoing basis (written and consistently applied format that reflects program's goals and objectives, with explicit assessment of interns progress in meeting these); completed at regular, predetermined points; intern and training director given a copy.

- Intern progress is reported in writing to the training director of the doctoral program at least twice and in the event of remediation/difficulty, based on a synthesis of supervisors’ evaluations.

- Program has written minimum standards for successful completion of the program that are presented to the intern in advance of the internship year.

- Programs demonstrate understanding and respect for diversity in intern evaluation procedures and in training/educational experiences.

- At least two interns are enrolled in this training site.

- Facilities and resources include a quiet workspace, secure storage, means of communication, appropriate space to carry out client activities, clerical support including means of documentation, AV resources for supervision, computer access, & library facilities.

3. Following receipt of the documentation, the Graduate Chair/DCT or their delegate should assess the setting (e.g., review of online materials, conference call) if necessary.

4. The final step in this process involves the Graduate Chair/DCT reviewing the application and deciding if approval is warranted for the proposed internship placement.

5. If the Graduate Chair/DCT wants consultation on the decision about the CPA- or APA-equivalency of a non-accredited internship site, he or she may consult with the faculty at a faculty meeting. If a student and/or supervisor disagree with the Graduate Chair/DCT’s decision after discussion between parties, the student or supervisor can also present their case at a Program Committee meeting for review.
Appendix I:

Readiness for Internship: Self-Evaluation Checklist
READINESS FOR INTERNSHIP:
SELF-EVALUATION CHECKLIST

☐ Completed all required courses in the PhD program.

☐ Completed and submitted Annual Review Forms for all years enrolled in the PhD program and signed by the faculty supervisor(s).

☐ Passed Comprehensive Examination (both clinical and research components).

☐ Completed all required clinical practica (CPS3999H and CPS4999H).

☐ Completed a minimum of 300 direct client hours.

☐ Completed a minimum of 150 supervision hours (75% of which are individual supervision hours).
  - Accrued between 1000-1400 total practicum hours to meet the minimum required direct client and supervision hours noted above.

☐ Doctoral Supervisory Committee Form for the Degree of Doctor of Philosophy (Form D1) and Doctoral Dissertation Proposal Examination (Form D2) completed and signed in full and submitted to the department by the respective deadlines.

☐ Reviewed in detail the Canadian Psychological Association’s Match Made on Earth: A Guide to Navigating the Psychology Internship Process:

☐ Completed the Readiness for Internship Form D4 to signal to the Graduate Chair/DCT that they would like to be reviewed for readiness to participate in the pre-doctoral internship match. The form must be completed and submitted to the Graduate Office no later than July1 of years 3 and 4 normally. (Please note that readiness for internship is formally assessed by the Graduate Chair/DCT—submission of the Readiness for Internship Form does not necessarily signify that a student will be permitted by the Graduate Chair/DCT to apply for the internship match in that application year.)

At the time that students signal their readiness for internship to the Graduate Chair/DCT, they must have made substantial progress on their dissertation:

☐ Data collection for the dissertation must have begun and there should be a timeline for data analyses and a first draft of the dissertation