



Masters Courses

CPS1101H - Clinical Research Design *(required)*

This course is intended to help students develop a creative and methodologically sophisticated research program in the field of clinical psychology. Topics to be covered include philosophy of science, consistencies and inconsistencies in behavior, methods of assessment, selection of participants, tasks and control groups in clinical research studies, external validity, the determination of clinical significance, taxometric methods, the analysis of mediational hypotheses, and the analysis of change.

CPS1102H - Statistical Techniques I *(required)*

This course will cover the data analytic tools in univariate and multivariate statistics. Students will learn correlation and regression, as well as obtain instruction on general linear modeling, multilevel modeling, and factor analysis. Students will be expected to complete an independent statistical project using SPSS.

CPS1601H - Psychopathology *(required)*

This course is intended to introduce students to the signs, symptoms, and syndromes of psychopathology and to the DSM-V diagnostic criteria for psychiatric disorders. The goal of the course is to provide students with the capacity to think critically about how various psychiatric disorders are conceptualized and to competently make differential diagnoses in both clinical and research settings.

CPS1701H - Psychological Assessment I *(required)*

This course is intended to introduce students to the adult assessment of personality and psychopathology. Topics to be covered include structured clinical interviewing, multi-scale self-report inventories, and performance-based (i.e., projective) measures. Students will become familiar with the administration, scoring, and interpretation of the measures that are commonly used in these domains and will practice integrating test results and writing assessment reports.

CPS1702H - Psychological Assessment II *(required)*

This course covers theoretical and applied topics in intelligence and cognitive assessment. Students will learn the history and theory underlying modern intelligence testing, acquire skills to administer and score intelligence tests, and be taught how to interpret the results of these test measures. The relationship of intelligence testing to the assessment of cognitive functioning will be discussed in the context of modern approaches to neuropsychological assessment. Students will also be trained in the administration of standardized cognitive test measures and learn how to interpret the results of these tests on the basis of neuropsychological theory and normative data in the context of various in-class, in-vivo examinations that will require students to produce assessment reports.

CPS1801H - Psychotherapy *(required)*

This course is intended to introduce students to the prominent theories of psychological change (i.e., psychodynamic, cognitive/behavioural, humanist/ existential) as well as to the empirical evidence of their efficacy. The role of the therapist, the patient, and the therapeutic alliance in producing positive outcomes will be examined.



CPS1802H - Applied Interventions in Clinical Psychology (*required*)

This course covers fundamental skills required for clinical psychological interventions. Topics covered include risk assessment, history taking, case formulation, and treatment planning. Basic clinical skills such as empathic responding, active listening, the development and maintenance of the therapeutic alliance, and maintaining appropriate boundaries are explored through both didactic and experiential learning. Students have the opportunity to role play and participate in case simulations, allowing them to actively engage in skills acquisition. Ethical and legal issues in the provision of psychotherapy are also discussed, as is the role of socio-cultural factors in the therapeutic relationship. A practicum in psychological interventions (CPS 1803H) is typically taken concurrently with this course.

CPS1803H - Practicum in Psychological Interventions (*required*)

This course focuses on the practical application of the material discussed in Foundational Skills in Psychological Interventions (CPS 1802H). Students gain clinical intervention experience with selected clients under the clinical supervision of a qualified supervisor.

CPS1901H - Ethics (*required*)

This course is intended to acquaint students with the ethics and standards of professional conduct, including the Canadian Psychological Association's Canadian Code of Ethics for Psychologists and Practice Guidelines for Providers of Psychological Services as well as the relevant provincial and territorial codes of ethics and professional standards.

CPS2999H - Summer Practicum (*required*)

Students must complete a full-time clinical practicum in the summer between MA2 and PhD1. The practicum site must receive the approval of the Graduate Chair/DCT.

Doctoral Courses

CPS1103H - Statistical Techniques II (*required*)

This course will cover the fundamental concepts of latent variable modeling in order to make students better consumers and producers of such models in their research. Students will learn how to evaluate the quality of such models when applied to real data by understanding the various fit indices.

Exclusion: APH 1288H Intermediate Statistics and Research Design

CPS1201H - Neurobiological Bases of Behaviour (*required*)

This course will provide students with an introduction to themes in clinical neuropsychology and neuropsychopharmacology. This includes a broad overview of brain-behaviour relationships extending from basic sensation and perception to higher-level cognitive functions, emotions, and social behaviors. This course will also cover the effects that various psychotropic drugs have on sensation, cognition, affect, and behaviour, and their specific uses in clinical fields.

CPS1209H - Clinical Neuropsychology (*elective*)

The goal of this course is to enhance students' knowledge of the field of clinical neuropsychology - both research and application. Topics will span brain-behaviour relationships and assessment and management of psychiatric, neurological, and medical disorders.



CPS1301H - Cognitive-Affective Bases of Behaviour *(required)*

This course will provide students with a broad overview of the relationships between cognition, affect, and behavior. Topics to be covered include the role of insight in psychotherapeutic change and the role of mindfulness in relapse prevention.

CPS1401H - Social and Interpersonal Bases of Behaviour *(required)*

This course will provide students with a broad overview of interpersonal psychology, from the early writings of Sullivan and Leary to the later writings of Keisler and Wiggins. Topics to be covered include the structure of interpersonal characteristics, the principles of interpersonal complementarity, and the role of interpersonal processes in psychopathological disturbance and psychotherapeutic change.

CPS1501H - Personality *(elective)*

This course is intended to introduce students to core concepts in the field of personality psychology and to the questions and controversies that currently surround them. Topics for discussion will include personality architecture (structures/processes), personality development (stability/change), and the power of personality to predict a range of consequential life outcomes (e.g., health, longevity, happiness).

CPS1809H - Clinical Psychopharmacology *(elective)*

This course will provide students with a broad overview of psychopharmacology and the effects that various psychotropic drugs have on sensation, cognition, affect, and behavior. Following an introduction to the principles of neuropsychopharmacology, the course will focus on the effects of specific drugs and their uses in clinical psychiatry. This course is designed to introduce students to the pharmacological treatment of psychiatric disorders and also to provide part of the requisite training for prescribing privileges that are currently awarded to clinical psychologists in some jurisdictions.

CPS1810H - Advanced Psychotherapy *(elective)*

As a complement to the survey provided in Psychotherapy: Theories of Behaviour Change (CPS 1801H), this course will explore a more limited number of evidence based therapies in greater detail. A mix of didactic methods, including a blend of classroom instruction, videotaped therapy sessions, observation, modeling, feedback and supervised practice will be used. The psychotherapy taught in any given year will depend upon the availability of instructors and may include (but not be limited to) Cognitive Behavioural Therapy, Interpersonal Psychotherapy, Emotion Focused Therapy, Brief Psychodynamic Psychotherapy, Dialectical Behaviour Therapy, or Mindfulness Based Cognitive Therapy.

CPS2901H - Practicum in Clinical Supervision *(required)*

This course provides experiential training to senior PhD students in providing clinical supervision to junior trainees. Format includes instruction and discussion of the process and outcomes of supervision, didactic lectures, and reflective exercises.

CPS2902H - Quality Assurance & Consultation *(required)*

The aim of this course is to provide students with an overview of the methods and theories of program design, implementation, evaluation and consultation. It will also explore the roles of professionals in these activities. The course includes didactic lectures, problem solving scenarios, role plays, and group discussions. Opportunities to practice these skills will be provided (e.g., projects).



CPS3801H - Multi-Person Therapies (*elective*)

This course will introduce students to interventions used outside the traditional therapeutic dyad. Embedded within a lifespan, developmental perspective, students will learn about the different theories underlying couple and family dysfunction, and the specific interventions designed to promote adaptive functioning in couples and families. Particular emphasis will be placed on evidence-based theory and treatment featuring family systems, multicultural perspectives and problem-solving, cognitive behavioural therapies. Clinical issues that will be addressed include: infidelity, partner violence, sexual dysfunction as well as using the couple context to treat individual psychopathology in one of the partners. Recognizing the social construction of definitions of couple and family health, students will consider perspectives of race, ethnic status and sexual orientation when discussing case formulation and treatment planning.

CPS3901H - The Historical and Scientific Foundations of Psychology (*required*)

A critical and comprehensive examination of the historical, philosophical, and scientific bases of psychology. The overarching goal of this course is to inform students to use the history of the field to evaluate and think critically about how psychologists generate knowledge and how that may inform clinical science research and practice. In this course, there is a strong emphasis on historical topics in psychology more broadly and their relation to themes in clinical psychology.

CPS3999H - Clinical Placement I (*required*)

Students must complete a part-time clinical placement (i.e. minimum 400 hours) at a site approved by the Program Coordinator in their first year of the Ph.D. program.

CPS4999H - Clinical Placement II (*required*)

Students must complete a part-time clinical placement (i.e. minimum 400 hours) at a site approved by the Program Coordinator in their second year of the Ph.D. program.

CPS5999Y - Internship (*required*)

Students must complete a one-year, full-time pre-doctoral internship (i.e. 2000 hours) at a CPA or APA-accredited (or equivalent) clinical internship site.

CPS5001H/ CPS5002H - Directed Reading (*elective*)

Under the supervision of a faculty member appointed to the graduate unit, this course will provide students with an opportunity to engage in an intensive examination of a topic of interest. The project will take place over 1 or 2 consecutive terms (to be decided by the supervisor). The student must demonstrate a background adequate for the proposed project and together with the supervisor, will submit a Directed Readings Proposal Form before the start of the academic term in which the project will be initiated. The Program Coordinator will provide final approval on all project proposals.

CPS6999H - Clinical Placement III (*optional*)

Students may choose to complete this optional part-time clinical placement at a site approved by the Program Coordinator normally in their third year of the Ph.D. program. Students must receive approval by the faculty supervisor(s), and the Program Coordinator prior to course enrolment.



CPS7999H - Clinical Placement IV (*optional*)

Students may choose to complete this optional part-time clinical placement at a site approved by the Program Coordinator normally in their fourth year of the Ph.D. program. Students must receive approval by the faculty supervisor(s), and the Program Coordinator prior to course enrolment.