2020 YEAR IN REVIEW

Graduate Department of Psychological Clinical Science at the University of Toronto Scarborough

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Chair's Message

Dear GD-PCS Community,

2020 marked another momentous year for the Graduate Department of Psychological Clinical Science (GD-PCS). This year we had our first University of Toronto Quality Assurance Process (UTQAP) alongside the Applied Psychology and Human Development Department, OISE, with our program being deemed “impressive”. We saw our first six students successfully completing their full year clinical internships at leading sites in Canada. We saw our four PhD students convocate (albeit remotely) in November – yes, we officially have alumni! Faculty continued to take leading roles in research and their professional organizations. Congratulations to our program and to those individuals! Read about our accomplishments throughout the newsletter.

In March, we saw the University move to online teaching and more limited in-person research with COVID-19. This fundamentally changed the nature of our clinical training program as we shifted to online teaching, online research, and both virtual and in-person clinical practica. Together we are navigating the challenges, and making the most of the opportunities to learn best practices in tele-health and tele-education. A tremendous thank you to our entire community for helping the program weather this ongoing pandemic. I appreciate your efforts and commitment to each other and our program.

I would like to thank our dedicated team in the Graduate Office for their exceptional service as we have all seen our workloads increase: Amanda Uliaszek, Program Coordinator; Hanan Domloge, Program Manager; and new but already making an impact, Brittany Tierney, Graduate Coordinator. Please do not hesitate to reach out to us.

I wish all of you a restful and rejuvenating holiday break. I look forward to seeing what 2021 will bring and continuing to work with this dedicated professional training community.

Warmly yours,

Vina Goghari, Professor & Graduate Chair
Graduate Department of Psychological Clinical Science
Clinical Psychology Faculty

R. Michael Bagby, Ph.D., ABAP., C.Psych.
Professor

Michael Best, Ph.D.
Assistant Professor

Andrew Cooper, Ph.D.
Assistant Professor, Teaching Stream

Jessica Dere, Ph.D., C.Psych.
Associate Professor, Teaching Stream

Vina Goghari, Ph.D., C.Psych.
Professor & Graduate Chair/ Director of Clinical Training

Anthony Ruocco, Ph.D., C.Psych.
Associate Professor

Zindel Segal, Ph.D., C.Psych.
Distinguished Professor

Amanda Uliaszek, Ph.D., C.Psych.
Associate Professor & Program Coordinator

Konstantine Zakzanis, Ph.D., C.Psych.
Professor

Associate Members

Ofer Agid, M.D.
Judith Anderson, Ph.D.
Sandra Black, O.C., O.Ont., M.D., FRCPC, FRSC
Alison Bury, Ph.D., C.Psych
Erika Carlson, Ph.D.
Melanie Cohn, Ph.D., C.Psych
William Cunningham, Ph.D.
Kim Edelstein, Ph.D., C.Psych
Suzanne Erb, Ph.D.
Norman Farb, Ph.D.
Donna Ferguson, Psy.D., C.Psych, ABPP
Niki Fitzgerald, Ph.D., C.Psych
Brett Ford, Ph.D.
Marc Fournier, Ph.D.

George Foussias, M.D., Ph.D.
Samantha Fuss, Ph.D., C.Psych
Cory Gerristen, Ph.D., C.Psych
Benjamin Goldstein, M.D., Ph.D.
Robin Green, Ph.D., C.Psych
Lance L. Hawley, Ph.D., C.Psych
Christian Hendershot, Ph.D., C.Psych
Cendri Hutcherson, Ph.D.
Michael Inzlicht, Ph.D.
Julie Irving, Ph.D., C.Psych
Rutsuko Ito, Ph.D.
Sean Kidd, Ph.D., C.Psych
Nathan Kolla, M.D., Ph.D.
Andy Lee, Ph.D.

Longena Ng, Ph.D., C.Psych
Stephanie Penney, Ph.D., C.Psych
Lena C. Quilty, Ph.D., C.Psych
Jennifer Rabin, Ph.D., C.Psych
Tayyab Rashid, Ph.D., C.Psych
Neil A. Rector, Ph.D., C.Psych
Gary Remington, M.D., Ph.D.
Lesley A. Ruttan, Ph.D., C.Psych
Catherine Sabiston, Ph.D.
Mark Schmuckler, Ph.D.
Prathiba Shammi, Ph.D., C.Psych
Daisy Singla, Ph.D., C.Psych
Sandra Yuen, Ph.D., C.Psych
Faculty News

PROFESSOR R. MICHAEL BAGBY

Receives Bruno Klopfer Award from the Society of Personality Assessment

Professor Bagby was recognized by the Society of Personality Assessment [SPA] with the Bruno Klopfer Award for his outstanding, long-term professional contribution to the field of personality assessment. Professor Bagby will deliver an acceptance presentation at the SPA annual meeting in March 2021.

Appointed to Editorial Board for a number of scholarly journals in Clinical Psychology

Professor Bagby was re-appointed as Associate Editor to Psychological Assessment and Consulting Editor to the Journal of Personality Disorders. He was also newly appointed as Consulting Editor to Personality Disorders: Theory, Research and Treatment.

PROFESSOR MICHAEL BEST

Awarded through Clusters of Scholarly Prominence Program

Professor Best was awarded $600,000 from UTSC’s new flagship ‘Clusters of Scholarly Prominence Program’ (CSPP). CSPP promotes inter-disciplinary and collaborative clusters of scholarship that demonstrates impactful, innovative, and transformative research potential. Professor Best’s ‘Clinical Research and Evaluation Cluster’ will comprise of 10 affiliated faculty across the Departments of Psychology, Health and Society, and Computer and Mathematical Sciences at UTSC. The cluster will use an interdisciplinary approach to evaluate psychological treatments for mental disorders with the goal of improving mental health treatments.

PROFESSOR JESSICA DERE

Delivers webinars for instructor well-being during COVID-19

Professor Dere was invited to deliver a presentation for UTSC instructors as part of the Centre for Teaching and Learning (CTL) ‘This worked for me’ webinar series. Professor Dere’s talk, titled ‘Instructor well-being and self-care in challenging times,’ provided resources and practices to support faculty’s well-being while transitioning to remote instruction caused by COVID-19.

PROFESSOR VINA GOGHARI

Appointed Associate Editor of Clinical Psychological Science, January 2021

Professor Goghari was appointed Associate Editor of Clinical Psychological Science for a 4-year term beginning in January 2021. Clinical Psychological Science is a prominent journal in the field of Clinical Psychology, published by the Association for Psychological Science. Professor Goghari holds the distinction as the only Canadian member to sit on the journal’s Editorial Board.
Faculty News (cont'd)

**PROFESSOR ANTHONY RUOCCO**

Receives new research grant to study neurobiology of suicide

Professor Ruocco was the recipient of the 2020 Standard Research Grant ($100,000 USD) from the American Foundation for Suicide Prevention. The grant, titled ‘A Neurocomputational Approach to Discriminate Between Suicide Ideators and Attempters,’ aims to develop a risk algorithm for suicide attempt that combines information across clinical, behavioural, and brain-based risk factors. The research has promise to develop a ‘risk calculator’ that could be used in the future to inform intervention plans for at-risk patients.

**PROFESSOR ZINDEL SEGAL**

Delivers address at the Association for Behavioral and Cognitive Therapies 2020 Convention

Professor Segal was invited to deliver an address at the Association for Behavioral and Cognitive Therapies [ABCT] 2020 Annual Convention. ABCT is a multidisciplinary organization committed to enhancing the impact of behavioural and cognitive therapies. Professor Segal’s address, titled ‘Strange Bedfellows Share Mutual Dreams: Increasing Access to Mindfulness Based Interventions for Mood and Anxiety Disorders,’ explored the efficacy of digital versus face-to-face treatment and considerations for growing the reach of online digital interventions.

**PROFESSOR KONSTANTINE ZAKZANIS**

Appointed President of the Canadian Society of Medical Evaluators

Professor Zakzanis has been appointed to serve a 2-year term as President of the Canadian Society of Medical Evaluators [CSME]. CSME is a leading national organization of professionals involved in independent medicolegal and clinicolegal valuations using evidence-based medicine and best clinical practices. Professor Zakzanis has been an active member of CSME’s Board of Directors since 2014, and will work in his new role as President to further advance CSME’s mandate in advancing the standards and training for Canadian medical professionals.

**Canadian Psychology journal initiatives by Editor**

In her second year as Editor of Canadian Psychology, Professor Goghari published the first special issue in a Canadian journal on the Replication crisis: http://dx.doi.org/10.1037/cap0000252. As well, Professor Goghari published one of the first Canadian papers to explore the impact of COVID-19 on professional training in association with the leaders of three of the main training partners in Canada: the Canadian Council of Professional Psychology Programs (CCPPP), the Accreditation Panel of the Canadian Psychological Association (CPA), and the Association of Canadian Psychology Regulatory Organisations (ACPRO): http://dx.doi.org/10.1037/cap0000250.
Clinical Psychology receives 'impressive' review from the University of Toronto's Quality Assurance Process

In March 2020, the Clinical Psychology field, offered by GD-PCS, underwent its first unit review under the University of Toronto Quality Assurance Process (UTQAP). The program was reviewed as part of the Counselling and Clinical Psychology degree program formally housed within the Applied Psychology and Human Development (APHD) Department of the Ontario Institute of Studies in Education (OISE).

From its first review, the Clinical Psychology program was overall viewed favourably by the UTQAP and its three site visitors. The program was particularly noted for its commitment to the professional development of its students, research space, eagerness for feedback and implementation of feedback, and curriculum mapping. As well, the report commentes on the success of students in national competitions for fellowships, noting the high success rates in receiving Tri-Agency scholarships in comparison to other programs across Canada. The UTQAP also shared that though the Clinical Psychology program is new, it has already 'developed into an impressive clinical training program.'

Vina Goghari, Professor & Graduate Chair, expressed gratitude for the ongoing commitment and dedication of its faculty, graduate students, and staff for the program's favourable review, as well as the UTSC's campus support. As Goghari states, "We were grateful to work with OISE on this successful unit review, and grateful for the time, energy, and insights from our site reviewers. The GD-PCS community appreciates the positive assessment, which reflects all of our hard work, persistence and dedication. We look forward to embracing future opportunities."

Operated out of the Office of the Vice-Provost, Academic Programs, the UTQAP ensures U of T adheres to the Quality Assurance Framework set by the Province of Ontario, which conducts cyclical audits of Ontario universities ensuring their compliance with the provisions of its Institutional Quality Assurance Process. Under this audit, U of T assesses the quality of the scholarship and research in meeting the achievement of Degree-Level expectations. This criteria is then used as indicators for academic excellence and how U of T compares to its international peer institutions.

The UTQAP did make suggestions for areas for the program to grow including its relationship with OISE and community partnerships. The Clinical Psychology program will next have a formal review and site visit in 2022-2023 by the Canadian Psychological Association (CPA) during its re-accreditation process.
Graduate Students

MASTERS

Sabrina Adamo, MA1
Supervisors: Melanie Cohn & Anthony Ruocco
Research: Parkinson's Disease, visual hallucinations, mild cognitive impairment

Cody Cane, MA1
Supervisors: Andy Lee & Anthony Ruocco
Research: neuroimaging, personality disorders, disinhibition

Shreya Jagtap, MA1
Supervisor: Michael Best
Research: psychosis, delusions, cognitive biases, positive symptoms

Willem Le Duc, MA2
Supervisors: Andy Lee & Anthony Ruocco
Research: approach-avoidance conflict, hippocampus, lesions, memory, decision-making

Talia Leibovitz, MA1
Supervisor: Michael Best
Research: psychosis, cognitive behavioural therapy, accessibility to treatment

Sylvia Romanowska, MA2
Supervisor: Michael Best
Research: psychosis, neurocognition, intervention

Zoey Zuo, MA2
Supervisors: Zindel Segal & Norman Farb
Research: cognitive & contemplative neuroscience

DOCTORATE

Robert Aidelbaum, PhD1
Supervisor: Vina Goghari
Research: mood disorders, psychotic spectrum disorders, executive functions, affective cognition, neurocognition

Courtney Berezuk, PhD4
Supervisors: Konstantine Zakzanis & Sandra Black
Research: magnetic resonance imaging (MRI), dementia populations

Dean Carcone, PhD5
Supervisors: Anthony Ruocco & Andy Lee
Research: cumulative stress, episodic memory, hippocampus, neuroimaging, and personality disorder

Michael Carnovale, PhD1
Supervisors: Erika Carlson & Vina Goghari
Research: diagnosistics/ assessment, psychopathology, interpersonal perception, personality

Ivy Cho, PhD2
Supervisor: Vina Goghari
Research: cognitive control, healthy aging, mood disorders

Nicole Cosentino, PhD2
Supervisors: Amanda Uliaszek & Marc Fournier
Research: interpersonal perception, authenticity, self-coherence, self-knowledge

Sonja Chu, PhD2
Supervisors: Vina Goghari & Andy Lee
Research: fMRI, Approach-avoidance conflict, anxiety

Philip Desormeau, PhD5
Supervisors: Zindel Segal & Norman Farb
Research: emotion regulation, regulatory beliefs, psychological symptoms
Sonja Dhillon, PhD4
Supervisor: Konstantine Zakzanis
Research: neuropsychiatry, neuropsychology, functional impairment, test development, psychometrics

Le-Anh Dinh-Williams, PhD5
Supervisors: Zindel Segal & Norman Farb
Research: reward processes, functional magnetic resonance imaging (fMRI)

Amanda Ferguson, PhD4
Supervisors: Michael Inzlicht & Zindel Segal
Research: mindfulness, mindfulness- and acceptance-based therapies

Tara Gralnick, PhD6
Supervisor: Amanda Uliaszek
Research: therapeutic assessment, personality change, self-compassion, self-insight, randomized control trial

Tahira Gulamani, PhD2
Supervisors: Anthony Ruocco & Amanda Uliaszek
Research: psychopathology, impulsivity, emotion dysregulation, personality

Kevin Hamdullahpur, PhD3
Supervisor: Amanda Uliaszek
Research: borderline personality disorder, emotion dysregulation, cannabis use

Laura Heath, PhD3
Supervisors: Robin Green & Amanda Uliaszek
Research: traumatic brain injury, neuropsychology, recovery, risk factors, predictors

Jacob Koudys, PhD2
Supervisor: Anthony Ruocco
Research: suicide, transdiagnostic psychopathology, decision making, impulsivity

Daniel Krzyzanowski, PhD1
Supervisors: Vina Goghari & Gary Remington
Research: schizophrenia, values, subjective well-being, happiness, lifespan development

Matthew McPhee, PhD4
Supervisors: Michael Bagby & Christian Hendershot
Research: alcohol use, craving, response inhibition, interoception

Alina Patel, PhD1
Supervisors: Lena Quilty & Zindel Segal
Research: psychopathology, rumination, worry, personality, suicide

Matthew Quitasol, PhD5
Supervisors: Amanda Uliaszek & Marc Fournier
Research: associations between narcissism and blind spots in self-knowledge

Achala Rodrigo, PhD6
Supervisor: Anthony Ruocco
Research: neuropsychological assessment, neuroimaging, functional near-infrared spectroscopy (fNIRS)

Sarah Saperia, PhD1
Supervisors: Konstantine Zakzanis & George Foussias
Research: schizophrenia-spectrum disorders; negative symptoms; motivation deficits; treatment targets

Angela Sekely, PhD3
Supervisor: Konstantine Zakzanis
Research: neuropsychology, psychometrics, traumatic brain injury, brain tumour

Shauna Solomon-Krakus, PhD3
Supervisors: Catherine Sabiston & Amanda Uliaszek
Research: eating disorders, body image, self-conscious emotions, perfectionism

Thulasi Thiruchselvam, PhD3
Supervisors: Lena Quilty & Michael Bagby
Research: depression, concurrent cannabis use, reward, stress

Kathleen Walsh, PhD4
Supervisors: Zindel Segal & Norman Farb
Research: how to directly train psychological distancing as a way to improve well-being
CLASS OF 2020

MASTER OF ARTS

Robert Aidelbaum
Thesis: A Multi-Facet Investigation of Impulsivity and Social Cognition in Bipolar Disorder

Michael Carnovale
*Masters thesis awarded the Certificate of Academic Excellence by the Canadian Psychological Association

Daniel Krzyzanowski
Thesis: Cognitive Discrepancies, Values and Subjective Well-Being in People with Schizophrenia*
*Masters thesis awarded the Certificate of Academic Excellence by the Canadian Psychological Association

Alina Patel
Thesis: Understanding the Links Between Personality and Depression: The Impact of Life Stress Depression

Sarah Saperia
Thesis: Modelling Effort-Based Decision-Making: A Dimensional Approach to Understanding Motivation Deficits in Schizophrenia and Major Depressive Disorder

DOCTOR OF PHILOSOPHY

2020 marks a milestone in the seven-year history of the Clinical Psychology program at UTSC, as the Department graduates its first class of PhD students. As Vina Goghari, Professor & Graduate Chair, exclaimed earlier this year in UTSC’s Introducing our first PhD grads in Clinical Psychology! article, "It’s a celebration for us, a celebration for the campus, a celebration for the community." Please join us in congratulating Psychological Clinical Science’s first graduating doctoral class!

Nadia Al-Dajani
Thesis: An Integrated View of Suicidal Ideation: A Look at Individual Difference Vulnerabilities and Day-to-Day Risk Factors of Suicidal Thoughts*
*Doctoral thesis awarded the Certificate of Academic Excellence by the Canadian Psychological Association

Post-graduation: Nadia is currently completing a one-year postdoctoral research fellowship at University of Michigan, Michigan Medicine. She is extending her dissertation research and focusing on short-term risk factors of day-to-day suicidal thoughts and behaviours. She ultimately hopes that her research will inform future prevention and intervention efforts.
Katherine Gardhouse

Thesis: Stressed, Sick, and Sad: A Transdiagnostic Investigation of the Translation of Stress into Depression through Neuroendoimmune Disruptions

Post-graduation: Katherine’s doctoral research focused on the interaction of stress, immune activity, and gut-brain communication in relation to symptoms of depression and cognitive deficits. She completed her pre-doctoral residency at CAMH with a focus on emotion regulation and trauma. Katherine is currently working as a psychologist at the Centre for MindBody Health where she works collaboratively with clients in a secure and non-judgmental environment to promote well-being, health, and meaning in life.

Kyrsten Grimes

Thesis: Refining and Expanding a Cognitive Model of Positive Symptoms in Schizophrenia

Post-graduation: Kyrsten accepted a permanent position in the Provincial Forensic Program at Waypoint Centre for Mental Health Care, the only high secure forensic psychiatric program in Ontario. She is the sole full-time Psychologist (Supervised Practice) on their Forensic Assessment Unit. She is also involved in increasing patient access to psychotherapy on rehabilitation units. Kyrsten will be continuing to advance her research on the efficacy of psychosocial interventions for psychosis in forensic psychiatric settings.

Kyrsten will confer her PhD in Spring 2021.

Allison Eades

Thesis: The Unique and Cumulative Predictive Capacity of Validity Measures to Detect Feigned Psychological, Cognitive, and Medical Conditions: An Analogue Investigation*

*Doctorate thesis awarded the Certificate of Academic Excellence by the Canadian Psychological Association

Post-graduation: Allison accepted a psychologist position at a private practice in Ottawa, ON. In this role, she is preparing to declare clinical competencies with the College of Psychologists of Ontario in Clinical Neuropsychology, Clinical Psychology, and Rehabilitation for adult and senior populations. Outside of her clinical work, she has been applying the analyses from her dissertation to an updated dataset, for what will be one of the first manuscripts to explore and report on the psychometric properties of the validity scales from the newly released MMPI-3.

Gregory Williams

Thesis: Evaluating the construct of emotion differentiation: Methodological considerations and extension of current theory

Post-graduation: Greg completed his residency in Halifax, NS and then accepted a psychologist position at an outpatient community mental health clinic in rural Nova Scotia. He and his partner purchased a lovely home on the ocean at a very affordable price.
Internship

As part of the graduate program, PhD students complete a pre-doctoral clinical internship in the final year of study. The internship marks a turning point for students, who after 5+ years of rigorous clinical training take part in a year-long, full-time placement and gain firsthand professional experience to prepare them for careers as Clinical Psychologists. 2020 sets another program milestone, with the program’s first group of students successfully completing internship - even COVID-19 could not slow them down! We wish the current students on internship the best of luck as they finish their placement and thank them for their service to the community.

2019-2020

<table>
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<tr>
<th>Student</th>
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<tbody>
<tr>
<td>Nadia Al-Dajani</td>
<td>St. Joseph’s Healthcare - Clinical Psychology Residency Program, Hamilton, ON</td>
</tr>
<tr>
<td>Allison Eades</td>
<td>London Clinical Psychology Residency Consortium - Adult Mental Health Track, London, ON</td>
</tr>
<tr>
<td>Katherine Gardhouse</td>
<td>Centre for Addiction and Mental Health - Borderline Personality Disorder Clinic, Toronto, ON</td>
</tr>
<tr>
<td>Kyrsten Grimes</td>
<td>St. Joseph’s Healthcare - Clinical Psychology Residency Program, Hamilton, ON</td>
</tr>
<tr>
<td>Achala Rodrigo</td>
<td>Psychology Department at London Health Sciences Centre, London, ON</td>
</tr>
<tr>
<td>Gregory Williams</td>
<td>Halifax Clinical Psychology Residency Program, Dartmouth, NS</td>
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2020-2021

<table>
<thead>
<tr>
<th>Student</th>
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<tbody>
<tr>
<td>Courtney Berezuk</td>
<td>Department of Clinical Health Psychology - Max Rady College of Medicine, University of Manitoba, Winnipeg, MB</td>
</tr>
<tr>
<td>Dean Carcone</td>
<td>Centre for Psychological Services and Research - University of Ottawa, Ottawa, ON</td>
</tr>
<tr>
<td>Philip Desormeau</td>
<td>Centre for Addiction and Mental Health - Complex Care and Recovery Service and the Work, Stress and Health Program, Toronto, ON</td>
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<tr>
<td>Le-Anh Dinh-Williams</td>
<td>Royal Ottawa Health Care Group, Ottawa, ON</td>
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<tr>
<td>Sonya Dhillon</td>
<td>Neuropsychology and Cognitive Health Program - Baycrest Health Sciences, Toronto, ON</td>
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<tr>
<td>Tara Gralnick</td>
<td>Alberta Health Services - Sheldon M. Chumir Health Centre, Calgary, AB</td>
</tr>
<tr>
<td>Matthew Quitasol</td>
<td>Centre for Addiction and Mental Health - Clinical Research and Health and Wellness Program, Toronto, ON</td>
</tr>
</tbody>
</table>
Finding time for hobbies during COVID-19: Tales from Students

Amid the changes to everyday life caused by the coronavirus outbreak, the slowdown and call to remain at home has left many people with extra time to invest in old and newfound hobbies. We asked our graduate students how they’ve been spending their time during the pandemic, and what they’ve done to maintain their well-being while socially distancing.

Getting out of the city to explore Ontario on weekends has been very helpful to manage being cooped up inside during the work-week – our last trip was to Bruce Peninsula National Park!
- Sylvia Romanowska, MA2

To stay in touch with friends and continue our weekly tradition of board gaming, I’ve switched to virtual platforms and invested in some creative camera use over Zoom.
- Jacob Koudys, PhD2

I had always enjoyed cooking, but since COVID I’ve been cooking more than ever. I learned to make a lot of new things and became better at cooking and baking in general.
- Zoey Zuo, MA2

Camping! In the summer, I am usually busy with a variety of activities, and will camp 2-3 times in the year. Now, since camping has been one of the more COVID-safe activities, I went on 6-7 trips this summer and fall, including several portage trips in Algonquin and kayak camping in Philip Edward Islands. For the winter, I am planning to keep up the outdoor activities by going skating in a park near my house, as well as taking trips out of the city to go cross-country skiing.
- Laura Heath, PhD3

Since COVID started I have been trying to keep active and healthy. I’ve been cooking more interesting and healthy meals, I’ve been try new exercise regiments in place of the gym being closed and I’ve been reading more for leisure to pass the time.
- Cody Cane, MA1
Finding time for hobbies during COVID-19 (cont'd)

To improve well-being during COVID-19, I have set up a home gym and have scheduled weekly FaceTime sessions with my best friend. The home fitness routine helps promote good physical and mental health, while the weekly FaceTime calls really help with feelings of isolation.

- Alina Patel, PhD

At the beginning of the pandemic, my rock climbing gym closed. Therefore, I started a new fitness routine that involves only about 20-25 minutes of working out every day at home. I have remained much more consistent and experienced a lot more gains than I did pre-pandemic (I can do pushups now!). My husband and I also spent a lot of time going on hikes with our dog, back country camping in Algonquin park, and learning how to oil paint.

- Kathleen Walsh, PhD

Over the shutdown, I've found it very beneficial to go on long walks with my dog, and use the time to pause and reflect. I've also re-ignited my hobbies of cooking and baking; most of all, I enjoy sharing the food I make!

- Matthew McPhee, PhD

In the summer I had a chance to go on walks surrounded by some breathtaking views once I moved out west. I have yet to find any winter replacement for this activity!

- Tara Gralnick, PhD

I've always been a big fan of cycling and running, but have come to enjoy them all the more as a means of getting outside in a safe way. Otherwise, I've been taking advantage of platforms like Zoom to connect with my friends for virtual hangouts, board game nights and gaming.

- Willem Le Duc, MA
# New 2020 Funding Awarded

## FACULTY

<table>
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<tr>
<th>Recipient</th>
<th>Sponsor</th>
<th>Funding</th>
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<tr>
<td>Best, Michael</td>
<td>Clusters of Scholarly Prominence Program, University of Toronto</td>
<td>$600,000</td>
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<td>New Researcher Award, Connaught Fund</td>
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<td>Cooper, Andrew</td>
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<td>Teaching Assessment Grant, Centre for Teaching and Learning at U of T Scarborough</td>
<td>$995</td>
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<td>Discovery Fund Grant, Centre for Addiction &amp; Mental Health Foundation</td>
<td>$2,183,070</td>
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<td>$10,000</td>
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<td>Insight Development Grant, Social Sciences and Humanities Research Council (SSHRC)</td>
<td>$98,269</td>
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**Total** $3,452,832
# New 2020 Funding Awarded

## STUDENTS

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<td>Bassili Graduate Scholarship</td>
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<td>Social Sciences and Humanities Research Council - Doctoral (SSHRC)</td>
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<td>Canadian Graduate Scholarship - Masters, Canadian Institutes of Health Research (CIHR)</td>
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<td>Leibovitz, Talia</td>
<td>Bassili Graduate Scholarship</td>
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<td>Sekely, Angela</td>
<td>STARS2I Top-Up</td>
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<td>Saperia, Sarah</td>
<td>Canadian Institutes of Health Research - Doctoral (CIHR)</td>
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<td>Solomon-Kraus, Shauna</td>
<td>Ontario Graduate Scholarship (OGS)</td>
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<td>Thiruchselvam, Thulasi</td>
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<td>Zuo, Zoey</td>
<td>Natural Sciences &amp; Engineering Research Council (NSERC)</td>
<td>$17,500</td>
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**Total** $438,500
2020 Publications

Sorted alphabetically by first listed GD-PCS faculty or student.

PEER-REVIEWED ARTICLES (57)


2020 Publications (cont'd)


2020 Publications (cont'd)


BOOK CHAPTERS (12)


2020 Publications (cont'd)


