

**Volunteer – UTSC Move U First Year Representative**

**Position:** UTSC Move U First Year Representative

**Type:** Student Volunteer Position

**Volunteer Hours:** 3-6 hours/week (flexible times)

**Term of Position:** October 2017 – April 2018

**Position Summary:**

Working under the Athletics & Recreation Department, this group's main objective is to educate students and represent the first year student population on the benefits related to physical activity and to encourage them to try new sports, activities through creative events & programming.

**Duties Include:**

- Attend/participate in 2 workshops, seminars and special events throughout school year
- Promote Move U events throughout the year through various forms of communication including but not limited to social media and in class announcements
- Assist Move U Crew members during outreach hours
- To become an ambassador for the Athletics & Recreation Department by encouraging students to participate in the Recreation Centre's programs and other enjoyable physical activity and sports

**Event Involvement May Include:**

- Wellness and Mental Health Fairs
- MOVE U programming such as: Amazing Race, Nutritional competitions, Carnival, Fit Breaks in Class, Stressbusters and more!
- Collaborative events with Athletics Department, Wellness Peer Program, Residence, International Students Centre, Accessibility, tri-campus events and other student led groups

**Qualifications:**

- Basic knowledge of benefits of physical activity and wellness
- Good communication skills, public speaking & interpersonal skills
- Some knowledge of Athletics & Recreation Department and programs

**Education:** Must be enrolled as a first year student at the University of Toronto Scarborough

**To Apply:** Email Resume and Cover Letter to [moveutsc@gmail.com](mailto:moveutsc@gmail.com)

**Deadline Date:** September 22<sup>nd</sup>, 2017