

Dear UTSC community:

This weekend has been characterized by terrifying and horrific attacks on Israel, with tragic and heartbreaking consequences and a significant toll on lives and communities in the region, including civilians in both Israel and Palestine.

Like many, I feel the heartache of the unfolding developments and my thoughts and heartfelt sympathies go to all those affected within our UTSC community, here in Canada, in the region, and around the world. We all hope that this conflict can be resolved by peaceful means.

Below are a list of resources faculty, staff, librarians and students can access for support.

Faculty, staff and librarians can access mental health resources and supports through the [Employee & Family Assistance Program](#) at 1-855-597-2110. The 24/7 helpline provides support for those experiencing grief, stress, and trauma.

Students can contact the [Health and Wellness Centre](#) (UTSC), or for immediate support can contact U of T Telus Health Student Support at 1-844-451-9700. Students (domestic or international) can also contact the [International Student Centre](#) or chaplains at our [Multi-Faith Centre](#) for support. A full list of UTSC student health and wellness resources can be found [here](#).

The Institutional message can be found [here](#).