

1. **Before Lecture:** briefly review slides to label main topics. If available, put learning objective into top of note section
2. **During Lecture:** write questions that come up in main topic column. Use prompting questions to help guide your note taking

Main Topic	Notes
<p>Main topic: "slide title"</p> <p>Questions:</p> <ul style="list-style-type: none"> - le: what is ID? - le: What is superego? 	<p>What details help me understand the learning objectives? What proves or supports the topic discussed?</p> <p>Learning: Objectives:</p> <ul style="list-style-type: none"> • Paraphrase, use short hand or symbols to make this faster • Main idea <ul style="list-style-type: none"> ○ Important details ○ Important details

3. **After lecture:** summarize the lecture in your own words (at the bottom of table)
4. **Reviewing for Exams:** Write in key words, self-testing questions in main topic column

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Summary & Reminders: summarize the lecture in a few points or sentences. Write important reminders mentioned <ul style="list-style-type: none">••••	

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