Health Studies - Health Policy (HBA)
Department of Health and Society

Major programs in UTSC’s Department of Health and Society (DHS) promote an understanding of health across a spectrum of academic perspectives: from the clinical and biological health sciences to social science and humanistic ways of knowing. Students who choose to major in Health Policy (BA) will become experts in the structure and effectiveness of health care systems, including public health policy, health crises and management, caregiving across the life course, and pressing issues in health care delivery for marginalized communities. Special emphasis is placed on how matters of culture and identity—including race, ethnicity, gender, disability, and colonialism—directly impact health outcomes and services across Canada and in the wide world beyond.

Complementary Programs: Anthropology, Sociology, City Studies, History, Philosophy, Public Policy, Women’s and Gender Studies, Human Geography, International Development Studies, Political Science

Make the most of your time at UTSC!
We want to help you maximize your university experience, so we’ve pulled together information and suggestions to get you started, although there are many more! As you review the chart on the inside pages, note that many of the suggestions need not be restricted to the year they are listed. In fact, activities such as joining a student club, engaging with faculty and seeking opportunities to gain experience should occur in each year of your study.

Check out future career opportunities and skills acquired from completing this program:

Competencies & Skills
- Analyze social, historical, political, and economic processes that shape health and well-being
- Identify biological, behavioural, and environmental factors that affect health
- Analyze how cultural factors mediate health practices and shape health outcomes through tradition, ritual, customs, and concepts of health, illness and disease

Careers for Graduates
- Research Analyst
- Research and Coordinator roles at community care centres
- Health Policy Analyst
- Coordinator in health services
- Activationist in long-term care homes
- Project Assistant in health promotion services

Further Education
- Public Health
- Health Science
- Epidemiology
- Gerontology
- Health/Public Policy & Administration
- Community Health or Development
- Community Education
- Medicine or Nursing
- Rehabilitation Sciences
- Regulatory Affairs

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NEED HELP CHOOSING YOUR PROGRAM?
See uoft.me/choosing

Connect with Alumni at events on CLNx and through Partners in Leadership, 10,000 Coffees, LinkedIn and more!

For more information go to: uoft.me/alumni-services
HOW TO USE THIS PROGRAM PATHWAY

Read through each year; investigate what appeals to you here and in other Program Pathways that apply to you. Note that this Pathway is only a suggestion. For the most up to date information, please check the UTSC Calendar.

**YEAR 1 (0 - 3.5 Credits)**
- 1.0 credit as follows: HLTA02H3 and HLTA03H3.
- Explore different kinds of courses; this will also help with fulfilling breadth requirements and electives.
- Use Degree Explorer to plan your courses and program of interest.
- See the UTSC Calendar for course requirements.

**YEAR 2 (4 - 8.5 Credits)**
- 2.5 credits: HLTA01H3, HLTA04H3, HLTA05H3, [HLTB09H3 or HLTB13H3].
- 1.0 credit: HLTA01H3, HLTA04H3.
- 0.5 credit: HLTA09H3.
- 0.5 credit from: GGRB20H3, HLTA11H3, HLTA20H3, HLTA42H3, HLTA60H3, IDsA04H3.

**YEAR 3 (9 - 13.5 Credits)**
- 0.5 credit from: ANTC07H3, HLTA27H3.
- 1.5 C-level credits from ANT, HLTA, and IDS (See the UTSC Calendar for course list).
- Use Degree Explorer to ensure you are on track to graduate.

**YEAR 4 or FINAL YEAR (14 - 20 Credits)**
- 0.5 D-level credit in HLTA courses.
- Ensure you have fulfilled your breadth requirements.
- Use Degree Explorer to ensure you are on track to graduate.
- Register your “Intent to Graduate” on ACORN by the deadline.

**CHOOSE YOUR COURSES WISELY**

**DEVELOP YOUR ACADEMIC & RESEARCH SKILLS**

**APPLY THEORY TO PRACTICE**

**BECOME AN ENGAGED CITIZEN (LOCALLY & GLOBALLY)**

**PLAN FOR YOUR FUTURE CAREER**

• Attend the AA&CC’s Get Hired job search conference in April/May.
• Attend a Jobs for Grads orientation for a job search “crash course” and for access to full-time job listings.
• Get your personal statement reviewed in the AA&CC.

• Volunteer with organizations to explore your interests; check listings on CLNx.
• Attend the Get Experience Fair in September and register with SCSU’s Volunteer Network Program to explore opportunities.

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• Get involved with the Health and Society Students’ Association (HSSA); also explore other relevant student clubs and activities on campus.
• Volunteer in DSL’s Alternative Reading Week program to gain experience and knowledge about social change and community development.

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• Get involved in relevant opportunities on and/or off campus; apply to Work Study, or other part-time and summer jobs on CLNx.
• Check CLNx to search for Work Study or volunteer positions on campus to gain experience and to get involved.

• Build on your skills and knowledge through relevant events offered through your department, student groups, DSL and the AA&CC.

• Volunteering in the Health and Society Students’ Association (HSSA).
• Look into volunteering or working overseas to expand your network through ISC’s Global Learning programs.

• Participate in the AA&CC’s Partners in Leadership program to learn and network with an alumni mentor about transitioning to work or further education.

• Considering grad school? Speak to professors and advisors early so you are on track.
• Explore careers through the AA&CC’s Job Shadowing and In The Field programs.

• Run for an elected position in the Health and Society Students’ Association (HSSA).
• Look into volunteering or working overseas to expand your network through ISC’s Global Learning programs.

• Attend the AA&CC’s Get Hired job search conference in April/May.
• Attend a Jobs for Grads orientation for a job search “crash course” and for access to full-time job listings.
• Get your personal statement reviewed in the AA&CC.
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SERVICES AT UTSC THAT SUPPORT YOU:
To learn about resources and departments that can support you, download the UTSC Student Experience app or visit uoft.me/STARTNow

Diversity & Inclusion
The University of Toronto Scarborough commits to intentionally foster a welcoming and supportive environment for students, faculty, and staff where diversity is valued, and every member of the community feels a sense of belonging on campus.
utsc.utoronto.ca/edo/

Academic Integrity
The university community supports an environment of academic integrity; these are values that include honesty, trust, fairness, respect and responsibility. Learn about the university’s academic rules and how to avoid accidental plagiarism by attending an Academic Integrity Matters (AIM) workshop.
academicintegrity.utoronto.ca/

Healthy Campus
UTSC provides supportive environments, resources and services to empower students to maintain their overall physical and mental health and foster their academic success.
uoft.me/healthycampus/

Co-Curricular Record
The co-curricular record is an official institutional document that recognizes your involvement outside the classroom as a significant part of your U of T experience.
clnx.utoronto.ca/CCR

DID YOU KNOW...
We have a community-based experiential learning opportunity that you can complete in your field of interest.

FUTURE STUDENTS
For admission requirements to UTSC, check out the U of T Scarborough Viewbook or contact:
Admissions & Student Recruitment
University of Toronto Scarborough
Room HL104, Main Floor, Highland Hall
416-287-7529
admissions@utsc.utoronto.ca

CURRENT STUDENTS
Departmental Contact
dhsadvisor.utsc@utoronto.ca

Health Studies - Health Policy Librarian
Kathryn Barrett, kathryn.barrett@utoronto.ca, 416-208-5199

Academic Advising & Career Centre
Room AC213 | 416-287-7561

Department of Student Life
Room SL157 | 416-208-4760

Health and Society Students’ Association (HSSA)
https://www.utsc.utoronto.ca/healthsociety/health-and-society-students-association-hssa

Glossary of acronyms:
AA&CC - Academic Advising & Career Centre
CLN x – Career & Co-Curricular Learning Network
CCR - Co-Curricular Record
CTL - Centre for Teaching & Learning
DSL - Department of Student Life
HSSA - Health and Society Students’ Association
ISC – International Student Centre
SCSU - Scarborough Campus Students’ Union