End your summer with a thrilling splash! Spend 3 nights camping and 4 days at the beautiful Wilderness Tours Resort.

Swim test and deep water orientation are required for this trip.

**Date:** Sun, Aug 27-Wed, Aug 30  
**Time:** Leave at 8am on Aug 27, Return by 3pm on Aug 30  
**Location:** Wilderness Tours Resort Ottawa  
**Price:** $225  
**Registration Deadline:** July 31

**HOW TO REGISTER**
Registration for most trips opens on **May 1st**

**REGISTERED STUDENTS**  
UofT students taking summer classes

**NON-REGISTERED STUDENTS**  
UofT students not taking summer classes  
UofT faculty, staff, and recent graduates

Note: Priority will be given to registered students. If spots are available, registration will open up to non-registered students at a higher price.

To register, visit: recreation.utoronto.ca or register in-person at TPASC front desk.

**REFUNDS**
Refund dates vary per trip. For more info, visit: utsc.utoronto.ca/athletics/outdoor-recreation

Please contact Laurie Wright at: laurie.wright@utoronto.ca or book online at recreation.utoronto.ca

**DEEP WATER ORIENTATION**
For all trips that include being on boat or in the water, we are now providing a **FREE** deep water orientation session at the Toronto Pan Am Sports Centre.

This one hour class will include jumping into the water with a life jacket on and getting to the edge of the pool safely. No swim experience necessary.

To book your session, please contact Ramona Seupersad at: ramona.seupersad@utoronto.ca or book online at recreation.utoronto.ca
Zipline and climb through obstacle courses during this 3-hour treetop trekking adventure. Beginner, intermediate, and advanced courses are available. No experience necessary!

**Date:** Friday, May 26  
**Time:** Trip 1 - 11am-5pm, Trip 2 - 2-8pm  
**Location:** Ganaraska Forest  
**Price:** $30  
**Registration Deadline:** May 18

Travel to the spectacular Niagara Peninsula at Rattlesnake Point to climb up to 80ft on some of the best rocks in southern Ontario. All climbers must have experience climbing indoors.

**Date:** Thursday, June 22  
**Time:** 7:30am-8pm  
**Location:** Rattlesnake Point Park  
**Price:** $40  
**Registration Deadline:** June 14

Enjoy outdoor fun with the beauty of nature as your backdrop at Heart Lake. Catch and release fish from the stocked lake, explore the trails, and enjoy some leisure time. Ziplining & boat rentals are offered at your own cost.

**Date:** Friday, July 7  
**Time:** 8:30am-4pm  
**Location:** Heart Lake, Brampton  
**Price:** $25  
**Registration Deadline:** June 27

Kayak the calm hidden gem of Humber River. An instructor will take you through a paddling orientation and guide our group down Humber River to the mouth of Lake Ontario. All equipment is included & all levels welcome.

**Date:** Thursday, July 20  
**Time:** 3:30-9pm  
**Location:** Humber River  
**Price:** $45  
**Registration Deadline:** July 14

Get the full experience of a working farm! Interact and feed the farm animals, hike the forest trails, go on a wagon ride and pick strawberries. There will also be free-time to roam and visit the farmers market.

**Date:** Friday, June 16  
**Time:** 11am-5:30pm  
**Location:** Forsythe Farm  
**Price:** $25  
**Registration Deadline:** June 9

Hike the scenic trails with incredible lookout points. Enjoy the afternoon at the beach relaxing, exploring, and trying out standup paddleboarding on the reservoir.

**Date:** Thursday, June 22  
**Time:** 7:30am-8pm  
**Location:** Kelso Conservation Area  
**Price:** $25  
**Registration Deadline:** June 14

Enjoy sunset guided tours with standup paddleboarding and kayaking along local rivers. All equipment and safety orientations will be provided.

**Date:** Fri, July 14 OR Fri, July 28  
**Time:** 4:30-9:30pm  
**Location:** Ajax Rotary Park  
**Price:** $20  
**Registration Deadline:** June 29 OR July 14

Kayak the calm hidden gem of Humber River. An instructor will take you through a paddling orientation and guide our group down Humber River to the mouth of Lake Ontario. All equipment is included & all levels welcome.

**Date:** Thursday, July 20  
**Time:** 3:30-9pm  
**Location:** Humber River  
**Price:** $45  
**Registration Deadline:** July 14

The adventurous hike will take you over southern Ontario’s longest suspension bridge, through a labyrinth of caves and crevices and through nature trails with a panoramic view of the surrounding blue mountains.

**Date:** Friday, August 4  
**Time:** 10am-7pm  
**Location:** Collingwood  
**Price:** $30  
**Registration Deadline:** July 28