Christmas Eve Schedule

Fitness Centre
8:00am – 3:30pm

Gym 1 & 2: Badminton/Table Tennis (17+ yrs)
8:30am – 3:15pm

Gym 3: Youth Basketball (10-16 yrs)
8:30am – 12:15pm

Gym 3: Basketball (17+ yrs)
12:30pm – 3:15pm

Gym 4: Family Sport (All Ages)
8:30am – 3:15pm

Climbing Wall
10:00am – 1:00pm

Group Fitness
Synrgy: 10:00am – 11:00am (Fitness Centre)
Pilates: 10:00am – 11:00am (Studio 2/3)
Yoga: 11:00am – 12:00pm (Studio 2/3)
Cycling: 1:15pm – 1:45pm (Studio 3)

Lane Swim
8:30am – 3:30pm

Leisure Swim
1:30pm – 3:30pm

Walking Track
8:00am – 11:00am
Christmas Day Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 1 & 2: Badminton/Table Tennis (17+ yrs)**
8:30am – 3:15pm

**Gym 3: Youth Basketball (10-16 yrs)**
8:30am – 12:15pm

**Gym 3: Basketball (17+ yrs)**
12:30pm – 3:15pm

**Gym 4: Family Sport (All Ages)**
8:30am – 3:15pm

**Climbing Wall**
CLOSED

**Group Fitness**
Cycling: 10:00am – 11:00am (Studio 1)
Synrgy: 12:00pm – 1:00pm (Fitness Centre)

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
1:30pm – 3:30pm

**Walking Track**
8:00am – 11:00am
Boxing Day Schedule

Fitness Centre
8:00am – 3:30pm

Gym 1: Badminton/Table Tennis (17+ yrs)
8:30am – 3:15pm

Gym 2: Youth Basketball (10-16 yrs)
8:30am – 12:15pm

Gym 2: Basketball (17+ yrs)
12:30pm – 3:15pm

Gym 3: High Performance Training
CLOSED

Gym 4: Family Sport (All Ages)
8:30am – 3:15pm

Climbing Wall
10:00am – 1:00pm

Group Fitness
Pilates: 10:00am – 11:00am (Studio 1)
Synrgy: 12:00pm – 1:00pm (Fitness Centre)

Lane Swim
8:30am – 3:30pm

Leisure Swim
1:30pm – 3:30pm

Walking Track
8:00am – 11:00am
New Year’s Eve Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 1 & 2: Badminton/Table Tennis (17+ yrs)**
8:30am – 3:15pm

**Gym 3: Family Sport (All Ages)**
8:30am – 3:15pm

**Gym 4: Youth Basketball (10-16 yrs)**
8:30am – 12:15pm

**Gym 4: Basketball (17+ yrs)**
12:30pm – 3:15pm

**Climbing Wall**
10:00am – 1:00pm

**Group Fitness**
*Synrgy: 10:00am – 11:00am (Fitness Centre)*
*Pilates: 10:00am – 11:00am (Studio 1)*
*Yoga: 11:00am – 12:00pm (Studio 1)*

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
1:30pm – 3:30pm

**Walking Track**
8:00am – 11:00am
New Year’s Day Schedule

Fitness Centre
8:00am – 3:30pm

Gym 1 & 2: Badminton/Table Tennis (17+ yrs)
8:30am – 3:15pm

Gym 3: Family Sport (All Ages)
8:30am – 3:15pm

Gym 4: Youth Basketball (10-16 yrs)
8:30am – 12:15pm

Gym 4: Basketball (17+ yrs)
12:30pm – 3:15pm

Climbing Wall
CLOSED

Group Fitness
Cycling: 10:00am – 11:00am (Studio 1)
Synrgy: 12:00pm – 1:00pm (Fitness Centre)

Lane Swim
8:30am – 3:30pm

Leisure Swim
1:30pm – 3:30pm

Walking Track
8:00am – 11:00am