Christmas Eve Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 2: Badminton/Table Tennis (17+ yrs)**
8:30am – 3:00pm

**Gym 3: Youth Basketball (10-16 yrs)**
8:30am – 12:00pm

**Gym 3: Volleyball (17+ yrs)**
12:30pm – 3:00pm

**Gym 4: Family Sport (All Ages)**
8:30am – 3:00pm

**Climbing Wall**
10:00am – 1:00pm

**Group Fitness**
Yoga: 11:00am – 12:00pm (Studio 2)
Synrgy: 12:00pm – 1:00pm (Fitness Centre)
Cycling: 1:10pm – 1:40pm (Fitness Centre)

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
11:00am – 1:00pm

**Walking Track**
8:00am – 11:00am
Christmas Day Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 2: Badminton/Table Tennis (17+ yrs)**
8:30am – 3:00pm

**Gym 3: Youth Basketball (10-16 yrs)**
8:30am – 12:00pm

**Gym 3: Volleyball (17+ yrs)**
12:30pm – 3:00pm

**Gym 4: Family Sport (All Ages)**
8:30am – 3:00pm

**Climbing Wall**
CLOSED

**Group Fitness**
Yoga: 10:00am – 11:00am (Studio 2)
Synrgy: 12:00pm – 1:00pm (Fitness Centre)

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
11:00am – 1:00pm

**Walking Track**
8:00am – 11:00am
Boxing Day Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 2: Badminton/Table Tennis (17+ yrs)**
8:30am – 12:00pm

**Gym 3: Youth Basketball (10-16 yrs)**
8:30am – 12:00pm

**Gym 3: Volleyball (17+ yrs)**
12:30pm – 3:00pm

**Gym 4: Family Sport (All Ages)**
8:30am – 3:00pm

**Climbing Wall**
10:00am – 1:00pm

**Group Fitness**
Zumba: 10:00am – 11:00am (Studio 2)
Yoga: 12:00pm – 1:00pm (Studio 2)

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
11:00am – 1:00pm

**Walking Track**
8:00am – 11:00am
New Year’s Eve Schedule

Fitness Centre
8:00am – 3:30pm

Gym 1 & 2: Can Am Holiday Volleyball Showcase
CLOSED

Gym 3: Badminton/Table Tennis (17+ yrs)
8:30am – 12:00pm

Gym 4: Youth Basketball (10-16 yrs)
8:30am – 12:00pm

Gym 4: Family Sport (All Ages)
1:00pm – 3:00pm

Climbing Wall
10:00am – 1:00pm

Group Fitness
Latin Dance Cardio: 10:00am – 11:00am (Studio2)
Pilates: 12:00pm – 1:00pm (Studio 2)

Lane Swim
8:30am – 3:30pm

Leisure Swim
11:00am – 1:00pm

Walking Track
CLOSED
New Year’s Day Schedule

**Fitness Centre**
8:00am – 3:30pm

**Gym 1 & 2**
CLOSED

**Gym 3: Family Sport (All Ages)**
8:30am – 12:00pm

**Gym 3: Badminton/Table Tennis (17+ yrs)**
12:30pm – 3:00pm

**Gym 4: Youth Basketball (10-16 yrs)**
8:30am – 12:00pm

**Climbing Wall**
CLOSED

**Group Fitness**
Cycling: 10:00am – 11:00am (Studio 3)
Zumba: 12:00pm – 1:00pm (Studio 2)

**Lane Swim**
8:30am – 3:30pm

**Leisure Swim**
11:00am – 1:00pm

**Walking Track**
8:00am – 11:00am