

Winter 2024 Rock Climbing Schedule UTSC Students, Staff & Faculty (with memberships) ONLY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop-In Climbing 4:00pm-10:00pm		Drop-In Climbing 4:00pm-10:00pm	SB Skill Building Series 6:00pm-7:30pm	Drop-In Climbing 4:00pm-10:00pm	Drop-In Climbing 12:00pm-4:00pm	Drop-In Climbing 12:00pm-4:00pm
LC Learn to Climb 4:00pm & 6:00pm		Learn to Climb 4:00pm & 6:00pm		LC Learn to Climb 4:00pm & 6:00pm		

- Drop-In Climb: Fee: \$2 per person/ drop-in (pay at Toronto Pan Am Sports Centre Registration Desk prior to climbing)

 Come individually or with a friend to practice your climbing techniques. You must have taken a Learn to Climb or Skill Building

 Series course and/ or successfully be able to show the supervisor a belay test and understand the safety guidelines prior to climbing. All equipment and shoes will be provided.
- Learn to Climb: Fee: \$2 (excl. HST) per person / session (pay at Toronto Pan Am Sports Centre Registration Desk prior to climbing)

 These 1.5hr instructor led workshops are appropriate for beginners or as a refresher course. The course will go over how to use equipment along with an introduction to belaying and basic climbing techniques. Please limit yourself to one Learn to Climb Workshop and then join the drop-in times. All equipment and shoes will be provided.
- Skill Building Series: 5 weeks: Fee: \$10 (excl. HST) Register at Registration Desk or online at recreation.utoronto.ca

 This course is appropriate for beginner or intermediate climbers and will include how to use the equipment, belaying techniques, progressive climbing, and time on the wall with a coach. All equipment and shoes will be provided.

 Session 1: Thursday, January 18 February 15

Session 2: Thursday, February 29 - March 28

NOTE: Everyone must fill out an electronic waiver prior to climbing at the kiosk beside the Sport & Recreation desk on the lower level

