



UNIVERSITY OF  
**TORONTO**  
SCARBOROUGH

**ARTS &  
SCIENCE CO-OP**

# ARTS & SCIENCE CO-OP GET STARTED DIGITAL TOOLKIT



# WHY ARTS & SCIENCE CO-OP?

Welcome to Arts & Science Co-op! Integrate the University of Toronto's hallmark academic excellence with our supportive co-op program to gain:

- 8-12 months of paid full-time work or research experience during your degree
- An average starting salary that's 12% higher than your peers after you graduate
- Extensive job search preparation before your work term begins, as well as ongoing support while on your work terms
- A competitive edge for grad, law, medical, and other professional schools

## OVERVIEW OF YOUR CO-OP DEGREE

In Arts & Science Co-op, you'll follow either a Specialist program, a Double Major program, or a Major with two minors, leading to a four-year degree. This is comprised of 20 full-credit equivalents (FCEs).

In addition to completing the academic component of your degree, you'll complete at least four co-op courses and spend 8 to 12 months working – called co-op work terms – that are relevant to your program of study.

For most programs, you'll follow the same academic program of requirements as your non-co-op peers. However, some programs have specific additional course and timing requirements that are outlined in [the Academic Calendar](#).

Learn more about available Co-op programs [here](#).

# HEAR FROM YOUR PEERS

Why choose co-op? What's life like on a work term? What do students do after they finish their degree? Check out what [life is like as a co-op student](#) and check out our [Voices of Co-op Podcasts](#) to help you get started!

## YOUR FIRST YEAR IN CO-OP

### Attend Orientation and Participate in the Arts & Science Co-op Portal

Once the academic year starts in September, you will gain access to the Arts & Science Co-op Portal on Quercus. It hosts a suite of orientation materials that outline tools, resources and additional information that you require as you embark on your journey with us through first year and beyond. In September, we will also have our Co-op Orientation, stay tuned for more details!

### Take Your First Co-op Course: COPB50

Start off on the right foot with our foundational co-op preparation course, COPB50: Foundations for Success in Arts and Science Co-op. There, you'll have a chance to investigate co-op options, create and receive feedback on job search documents, and gain insight into industry trends. Read more about this course in the [Academic Calendar](#). Read more about course enrolment for co-op courses [here](#).

## Receive Your Co-op Work Term Sequence

Your work term sequence is your plan of action for your time as a co-op student. It is essentially a map of when your two or three work terms and academic requirements will be completed. Work Term Sequences are determined after completion of COPB50, and are set based on: your program of study, when you were admitted into the co-op program, your co-op program requirements, and the minimum number of work terms required for your program of study. Depending on your program, you'll begin work after you complete three, four or five study terms. Once work terms begin, they normally alternate with study terms until they've all been completed.

Learn more about work term sequences [here](#).

## Complete COPB51: Preparing to Compete for your Co-op Work Term

Depending on your work term sequence, you may also take COPB51: Preparing to Compete for your Co-op Work Term in your first year. After successfully completing COPB50 and receiving your work term sequence, you will work one-on-one with your Student Development Coordinator to tailor your job search documents (resume, cover letter, references) and develop interview preparation skills (mock interviews) in COPB51. In this course, you will further develop your job search skills to compete for work terms in industries specific to your program area.

## Complete Your Work Term Eligibility Requirements

To be eligible for your first work term, you will need to complete your Work Term Eligibility Requirements. [Learn more about these requirements here](#) and ensure that you fulfill all requirements prior to your first work term (which will be determined after you complete COPB50 and receive your work term sequence), so that you will be eligible to compete for your work term.

# CONTACT US

Meet the Arts & Science Co-op Team! [Here's an introduction to our team and how each of their roles support your success.](#)

[Check us out on Instagram](#), where we regularly feature takeovers in our Stories from real students to share their perspectives, experiences, and answer your questions.

If you have a question about the program, you can reach the Arts & Science Co-op Office by emailing [askcoop@utoronto.ca](mailto:askcoop@utoronto.ca) or calling 416-287-7260. Alternatively, you can submit an inquiry using [this form](#).

Finally, we look forward to seeing you at our Co-op Orientation in September. Stay tuned, more details to come!

