5 TIPS FOR FIRST YEARS

1. Stay organized!
2. Back up your files
3. Get involved with clubs on campus!
4. Keep an eye out for presentations and events
5. Don’t be afraid to make use of all the resources available to you
STAY ORGANIZED!

Develop a reliable method to keep track of assignments, exams, and other deadlines using an agenda, or online calendar. Having everything laid out will help you plan your time and prevent yourself from getting overwhelmed.
BACK UP YOUR FILES!

THERE'S NOTHING MORE FRUSTRATING THAN WORKING HARD ON AN ASSIGNMENT AND LOSING IT TO YOUR COMPUTER! MAKE SURE TO SAVE FREQUENTLY, AND IN MULTIPLE PLACES. YOUR U OF T LOGIN GIVES YOU ACCESS TO ALL MICROSOFT APPS, INCLUDING ONEDRIVE, WHICH IS A GREAT STORAGE OR BACKUP AREA.
GET INVOLVED WITH CLUBS ON CAMPUS!

There are tons of clubs on campus (or online!) that have opportunities across all interests and fields of study. Check out Ulife to find clubs you're interested in and follow them on social media to stay up to date on events! Clubs are a great way to meet people and attend, or even help create meaningful experiences.
KEEP AN EYE OUT FOR EVENTS AND PRESENTATIONS

University offers a variety of opportunities for academic and professional development at workshops, seminars, and other presentations. Keep an eye out for posters or online listings for events in fields you’re interested in. There will often be a chance to talk to the presenters and attendees as well which is a great way to make connections.
DON’T BE AFRAID TO MAKE USE OF ALL THE RESOURCES AVAILABLE TO YOU

University can be stressful, but UTSC has a variety of supports you can make use of from academics to personal health. Don’t be afraid to use these services and remember to take care of yourself!