ACM Engage
Mentee Tips

A MENTOR TO BECOME
ATTEND TRAINING WE MUST

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TIP 1 – Prioritize Your Mental Health

Before taking any course or enrolling in any program or extra-curricular activity, ask yourself, would this jeopardize my mental health? Nothing is more important than your mental well being!!

Unfortunately, it almost took me a month of my first year to realize this and how stressful things can be in the virtual world.

Resources that helped me -
https://www.utsc.utoronto.ca/hwc/mental-health-resources-0
TIP 2 – Form A Routine

"Go to lectures" "Finish your assignments" "Get a job" "look at grad schemes" "study for exams"

Setting a flexible agenda for each day would help you cope up with the lectures, assignments and exams. Somehow knowing what do and when do it makes the task seem less daunting.

I found having a weekly planner on the desk extremely comforting. I was able to take out time to exercise and other leisure activities aka Netflix.

Resources that helped me –
https://www.utsc.utoronto.ca/twc/assignment-calculator
https://acorn.utoronto.ca/sws/#/plan
TIP 3: Network

Connect and reach out to as many batch mates, upper year students, and former students as they can provide invaluable advice, opportunities to consider, and extra skills to work on. Moreover, meeting people from diverse cultures broadens one’s own worldview.

I found conversing with other students via Facebook chat groups and other social media platforms, exchanging experiences and hardships, very cathartic as well as made a few friends on the way.
TIP 4 – Explore UTSC’s Online Tools

There are numerous online tools and services provided by UTSC, often included in the fee, that effortlessly organize academic plans and other activities. Explore the UTSC website, ACORN and CLNx to uncover these tools.

I found the Writing Centre, the RWE program, Assignment Calculator and Degree Explorer extremely helpful.

Resources that helped me –
https://utsc.utoronto.ca/twc/
https://www.utsc.utoronto.ca/eld/reading-and-writing-excellence-rwe-program
https://acorn.utoronto.ca/sws/#/plan
TIP 5 : Ask Away

Never hesitate to email a professor or a TA as they always welcome it. Reaching out for feedback on assignments can make huge difference on one’s understand of a concept. Though, make sure to format these emails as this is a formal conversation.

Coming from a very different education system, having several one to one conversations with my TA’s and Professors during office hours helped comprehend the university system and acquire some academic tips and tricks.
Me trying to listen to my own advice

At the end of the day, create unique experiences. You do you!!!