Career Options after Psychology and Mental Health Studies
Co-op, Specialist, Major, Minor

What is Psychology?

Psychology is a Science focused on understanding mental processes and behavior. Psychology has many areas of specialization:

- Social
- Developmental
- Educational
- Cognitive
- Clinical
- Counselling
- Industrial and organizational psychology

Skills of Psychology Grads

- Communications Skills (aural and written)
- Interpersonal Abilities
- Mediate and Negotiate
- Knowledge of Mental Health Issues
- Analytical and Critical Thinking Skills
- Research Skills
- Teamwork
- Planning/Organizing skills
- Problem-Solving and Reasoning
- Leadership Skills
- Multicultural Sensitivity and Awareness
- Collect, analyze and interpret data
- Utilize statistical tests to predict outcomes
- Write literature reviews and scientific reports

What makes UTSC Psychology unique?

At UTSC many of the Psychology faculty members are award-winning researchers and instructors! Faculty are engaged in research in 5 key areas: Clinical, Developmental and Social psychology, and Cognitive and Behavioural Neuroscience.

Entry-Level Jobs for Bachelor Grads

Common employment destinations include:

- Case Manager in Social Services
- Psychometrist’s Assistant in Psychological Services
- Research Assistant in Hospitals
- Human Resource Assistant in Business
- Youth Worker in Community Services
- Marketing Representative in Business Services
- Employment Consultant in Non-Profits
- Crisis Intervention Worker in Emergency Services
- Probation Officer in Corrections (Government)

The Career Directory: [www.canadastop100.com/tcd](http://www.canadastop100.com/tcd)

Graduate & Professional Studies

Popular further education opportunities include:

- Psychology – Master of Arts / Science (Research)
- Clinical or Counselling Psychology – Master of Arts (Psychotherapy)
- Social Work – Bachelor or Master
- Occupational Therapy – Master
- Education – Bachelor or Master
- Law School – JD (Juris Doctor)
- ABA Behaviour Therapy – Graduate Certificate
- Human Resources – Certificate (earning CHRP)

Use LinkedIn!

UTSC Psychology graduates are working in Education, Healthcare, and Business. Attend our LinkedIn workshop to learn about the Find Alumni tool for networking!

Psychology Grads from UTSC have gone on to:

- Sunnybrook Health Sciences Centre
- York Region
- Ontario Ministry of Labour
- Humber College
- TD Canada Trust
- Rouge Valley
Explore Professional Associations and get involved: volunteer for their events and conferences, and get to know people in your industry of interest. These are your future mentors, supervisors and colleagues!

Psychology and Neuroscience Department Association - www.thepnda.ca
Careers in Mental Health and relevant associations - www.workinginmentalhealth.ca/forms/career.aspx
Canadian Psychological Association - www.cpa.ca
Canadian Psychiatric Association - www.cpa-apc.org
Canadian Counselling and Psychotherapy Association - www.ccpa-acccp.ca
Social Psychology Network and partners - www.socialpsychology.org/psych.htm
Society for Industrial and Organizational Psychology - www.siop.org

Other websites for finding networking opportunities and experience include:
Charity Village Events Listings - www.charityvillage.com
Toronto Hostels Training Centre - thtcentre.com

Please note: This document is a starting point for your further research into career options in this field of study. For more information on this program and course requirements, please visit the departmental website at the top of the first page.