



# Career Options after Health Studies

the study of contemporary health issues  
[www.utsc.utoronto.ca/healthstudies](http://www.utsc.utoronto.ca/healthstudies)

## What is Health Studies?

Health Studies is an interdisciplinary field of study that provides students with a comprehensive understanding of contemporary health issues, the biological and social determinants of health, health humanities, and the impact of policy on health and well-being.

Two streams of study are available:

**Population Health (BSc):** biological determinants of health, epidemiology, aging and the life cycle, social and behavioral determinants of health.

**Health Policy (BA):** health care systems, public health policies, epidemiology, government and civil society responses to issues related to health.

## Skills of Health Studies Grads

- Research social, historical, political and economic processes shape people's health and well-being, including how people mobilize to bring about progressive social change
- Research biological, behavioural, and environmental factors that affect human health and our susceptibility and resistance to disease
- Analyse how cultural factors mediate health practices, and in turn, shape health outcomes through tradition, customs, ritual, and concepts of health, illness, and disease
- Draw from humanistic perspectives and arts-based knowledge (including literature, film, drama, visual and performing arts) to reveal and inform the lived experience of health and illness
- Navigate the Canadian health care system as it adapts to ongoing challenges presented by changing societal values and political arrangements

### What makes Health Studies at UTSC unique?

Our critical and interdisciplinary approach, and interesting service learning and co-op opportunities!

## Entry-Level Jobs for Bachelor Grads

- Team Assistant in Community Care Centres
- Junior Health Policy Analyst
- Project Assistant in Health Promotion Services
- Customer Service Agent in Biomedical Products
- Coordinator in Health Services
- Clinical Research Assistant in Pharmaceuticals
- Activationist in Long-Term Care Homes
- Administrative Associate in Medical Centres

The Career Directory: [www.canadastop100.com/tcd](http://www.canadastop100.com/tcd)

## Graduate & Professional Studies

Popular further education opportunities include:

- Public Health – Master of Public Health (MPH)
- Health Science – Master (MSc, MHSc)
- Epidemiology – Master (MSc, MHSc, MPH)
- Gerontology – Master or Graduate Certificate
- Health/Public Policy & Administration – Master
- Community Health or Development – Master
- Community Education – Master (MEd)
- Medicine or Nursing – MD or BScN
- Rehabilitation Sciences (MSc, MScOT, MScPT)
- Regulatory Affairs – Post-Graduate Certificate
- Fitness – Post-Graduate Certificate

### Use LinkedIn!

UTSC graduates from Health Studies are working in education, university & hospital research, community & social services.

Attend our LinkedIn workshop to learn about the *Find Alumni* tool for networking!

### Health Studies Grads from UTSC have gone on to:

- CAMH (Research)
- MSF (Program Unit Coordinator)
- Ministry, Health & LT Care (Lead - Implementation)
- Roche (Study Data Manager)



## Examples of Fields that 'Fit' the Skills of Health Studies Grads

- Education (Post-Secondary & School Boards)
- Hospitals, Health & Community Centres
- Insurance Companies & Law Firms
- Health & Safety Inspection Agencies
- Pharmaceutical & Biotech Developers
- Non-Government Health Advocacy Groups
- Government (Federal, Provincial, Regional, Municipal)
- Public Health Authorities & Health Access Centres

## Your 4-Year Career Exploration Action Plan

### 1 Do Your Research

The databases below provide details about job prospects, nature of work, educational requirements, working conditions, pay and related career paths:

**Career Cruising:** Log into [cln.utoronto.ca](http://cln.utoronto.ca), click on Resources, and click on Career Cruising to be logged in automatically.

**O\*Net:** [online.onetcenter.org](http://online.onetcenter.org) (U.S. site).

Attend our workshop **Discover Your Skills and Career Options**, meet with a Career Counsellor, and use our resources to get to know your skills, values, personality and interests:

[www.utsc.utoronto.ca/aacc/get-know-yourself](http://www.utsc.utoronto.ca/aacc/get-know-yourself)

Use the advice on our tip sheets for gathering information:

[www.utsc.utoronto.ca/aacc/tipsheets](http://www.utsc.utoronto.ca/aacc/tipsheets)

- Information Interviews
- Working On-Campus
- Internships
- Volunteering

### 3 Build Your Network

Explore **Professional Associations** and get involved: volunteer for their events and conferences, and get to know people in your industry of interest. These are your future mentors, supervisors and colleagues!

Anthropology and Health Studies Association – [ahautsc.com](http://ahautsc.com)

Canadian Public Health Association – [www.cpha.ca](http://www.cpha.ca)

American Public Health Association – [www.apha.org](http://www.apha.org)

Canadian Institute of Health Research – [www.cihr-irsc.gc.ca](http://www.cihr-irsc.gc.ca)

Canadian Institute for Health Information – [secure.cihi.ca](http://secure.cihi.ca)

Public Health Agency of Canada – [www.phac-aspc.gc.ca](http://www.phac-aspc.gc.ca)

Canadian Federation for the Humanities and Social Sciences – [www.ideas-idees.ca](http://www.ideas-idees.ca)

Regulated Health Professions in Canada – [www.regulatedhealthprofessions.on.ca](http://www.regulatedhealthprofessions.on.ca)

### 2 Explore Career Options & Get Experience

Gain exposure to your options in the world of work and make connections while you're a student via campus events and programs listed on [cln.utoronto.ca](http://cln.utoronto.ca) and [ccr.utoronto.ca](http://ccr.utoronto.ca):

- [Extern Job Shadowing](#)
- [In the Field](#)
- [Explore It!](#) (course-based)
- [Partners in Leadership](#) (4<sup>th</sup> year students)
- [iLead, uLead, weLead](#) (Dept of Student Life)
- Employer Information Sessions
- Career & Volunteer Fairs
- [Departmental Student Association](#) Events

Apply for [Work Study](#) jobs in CLN in Fall and Spring! You might also find work via [www.scsu.ca/jobs](http://www.scsu.ca/jobs).

Find networking opportunities, internship programs and entry-level jobs via websites like [www.talentegg.ca](http://www.talentegg.ca) and [www.charityvillage.ca](http://www.charityvillage.ca).

As an upper year student (14+ credits), attend UTSC's [Get Hired Conference](#) and participate in [Jobs for Grads](#).

As a graduate, explore internships and other trainee programs like [www.careeredge.ca](http://www.careeredge.ca)