

UTSC Learning Style Inventory

What's Your Preferred Learning Style?

Directions: In order to take a more active role in your success as a learner it is important to understand your learning style. This instrument will help you to identify your areas of strength which, in turn, will help you with your studying. In addition, knowing your preferred learning style helps you to know what techniques that you can use to your advantage in other learning situations.

For each statement below, circle the **one number** that best reflects your preference.

	Often	Sometimes	Seldom
1. Rather than going out on a field trip, I prefer to learn by seeing information on overheads or a chalkboard.	2	1	0
2. I remember best by listening to lectures.	2	1	0
3. I prefer to construct models or actually practice activities in class.	2	1	0
4. I like to write things down and take notes so that I can look at them later.	2	1	0
5. When I see diagrams, graphs and maps I need someone to explain them to me to help me to understand them.	2	1	0
6. I like making graphs and charts to help me learn.	2	1	0
7. I get better grades in courses which emphasize lectures rather than practicals.	2	1	0
8. I enjoy working with my hands or making something.	2	1	0
9. I can understand and follow directions on maps.	2	1	0
10. I remember best by writing things down several times.	2	1	0

	Often	Sometimes	Seldom
11. I improve my spelling by reciting words out loud rather than by re-writing them.	2	1	0
12. I have been asked to orient a group of students to UTSC. I would rather take them on a campus tour than tell them about the campus.	2	1	0
13. I can understand things better by reading than by having someone talk about them.	2	1	0
14. If given a choice, I would rather listen to a lecture than read the same content in a book.	2	1	0
15. I learn to spell words or remember numbers by drawing them in the air.	2	1	0
16. The best way for me to remember something is by having a picture of it in my head.	2	1	0
17. I like to chew gum or snack while learning.	2	1	0
18. I prefer listening to news on the radio rather than reading about it.	2	1	0
19. I am good at making jigsaw puzzles and at solving mazes.	2	1	0
20. I like to walk around and manipulate objects (i.e., squeeze a stress ball, twirl my pencil) while learning.	2	1	0
21. I am staying in a hotel and have a rental car. I want to visit my friend and would prefer him to draw me a map to his house than come and get me in his car.	2	1	0
22. A group of new students has been assigned to me for orientation to UTSC. I prefer to talk to them about the school rather than take them on a tour.	2	1	0
23. I like a teacher who arranges field trips and practical sessions rather than one who lectures all of the time.	2	1	0

		Often	Sometimes	Seldom
24.	When learning to spell a new word, I prefer to see the word in my mind and choose the best way it looks rather than sound it out in my mind.	2	1	0
25.	I like to walk around or pretend that I am teaching a class while I am studying.	2	1	0
26.	I am about to buy a new CD player. Other than price, I would rather ask someone to recommend one than read consumer reports on the best machine.	2	1	0
27.	I am deciding whether or not to go to see a new movie. I make my decision based on a preview that I have seen rather than because it is about something that I like to do (i.e., playing baseball).	2	1	0
28.	I have to learn a new computer program. I would phone a friend to help me before reading the manual.	2	1	0
29.	I use gestures a lot when explaining a concept to my friends.	2	1	0
30.	I select my courses based on teachers who use discussion and guest speakers rather than those who use field trips, labs or practical sessions.	2	1	0
31.	I like to learn from a teacher who uses flow charts, diagrams and slides.	2	1	0
32.	I would rather act the part of Hamlet than read Shakespeare's <u>Hamlet</u> .	2	1	0
33.	My friend, who is new to the area, is staying in a hotel in town. She wants to drive over to visit me. I prefer to tell her the directions over the phone rather than draw her a map to my house.	2	1	0

Scoring Key

Place your score for each item on the chart below by writing the number 0, 1 or 2 beside the appropriate item.

Visual	Auditory	Kinesthetic
1.	2.	3.
4.	5.	8.
6.	7.	10.
9.	11.	12.
13.	14.	15.
16.	18.	17.
19.	22.	20.
21.	26.	23.
24.	28.	25.
27.	30.	29.
31.	33.	32.
Total <input type="text"/>	Total <input type="text"/>	Total <input type="text"/>

My preferred learning style is: _____

Remember: Styles can change over time. You may capitalize more on one style than another in different situations. There is no one right or wrong way to learn and your goal may be to develop in all areas in order to maximize your learning.