



Interpreting Your Career Profile Summary

Now you have completed all the exercises, you can look for patterns and themes between the different sections. For example:

- look for patterns relating to working with people, things or ideas
- do the career areas that resulted from your interest inventory fit with the skills you selected?
- are there careers that come to mind looking at your skills and the patterns you noted?
- do the values and personal qualities match the careers of interest?
- are there seeming differences, two or three directions or patterns that may not readily appear to be related? These may require more creative thinking to find the common themes
- do careers you have already been considering emerge and/or new options that you have not?

Brainstorm, with your family, friends or a Career Counsellor, ways that the patterns can come together into specific career areas. **Many people find this part quite challenging; if so, please make a 1 hour appointment to see the career counsellor and he/she can help you understand your summary.**

Interested in Finding Out About Specific Careers?

If you are curious about some of the careers that came up under your top work interests (in your profile below) or if you want to know more about a career you have been thinking about, come into our Career Resource Library in AC213 to research occupations. We have a wealth of information on a multitude of careers. You can use our print and web resources, the Career Cruising website, the Networking Binder (list of people who are willing to talk to students about what they do) and find out about Extern (job shadowing the career that interests you). The staff at the Resource Desk are available to help you. To find out more about these services, visit our website at <http://www.utsc.utoronto.ca/~career/work.htm>.

Online Self Assessment

Name: **ACE**
 Confirmation ID: **5077**
 Date: **2009-03-13 15:06:35**

Skills
 Top 10 skills I want to use

- 1 Influence/persuade (communication)
- 2 Promote/sell (communication)
- 3 Public speak (communication) - need to develop further
- 4 Coordinate (organizational)
- 5 Generate ideas (creative)
- 6 Perform (creative)
- 7 Advise (people)

Personal Qualities
 My top 10 qualities

- | | | |
|---|--------------|---------|
| 1 | leadership | like me |
| 2 | initiating | like me |
| 3 | humorous | like me |
| 4 | flexible | like me |
| 5 | enthusiastic | like me |
| 6 | energetic | like me |
| 7 | empathetic | like me |

8	Motivate (people)	8	efficient	like me
9	Analyze (problemsolving) - need to develop further	9	compassionate	like me
10	Investigate (problemsolving)	10	adventurous	like me

Work Interests
Top 3 work areas of interest

Values
My Top Values

- 1
Art, Culture, Recreation and Sport

(Results:49)
[Art, Culture, Recreation and Sport - General](#)
[Art, Culture, Recreation and Sport Library and Information Science, Archives, Conservation and Museums](#)
[Writing, Translation, Communications and Media](#)
[Performing Arts](#)
[Visual Arts, Craft and Design](#)
[Sports](#)

- | | | |
|----|---------------------------|------|
| 1 | Variety | high |
| 2 | Helping society | high |
| 3 | Public contact | high |
| 4 | Influencing others | high |
| 5 | Challenging myself | high |
| 6 | Moral fulfillment | high |
| 7 | Belonging or affiliation | high |
| 8 | Helping others | high |
| 9 | Flexible schedule | high |
| 10 | Working as part of a team | high |

- 2
Social Science, Education and Religion

(Results:45)
[SOC - General](#)
[Law / Law Enforcement](#)
[Teaching - University](#)
[Teaching - College, Vocational Training, Professional Dev.](#)
[Teaching - Secondary, Elementary, ECE, ESL, Special Ed.](#)
[Psychology / Social Work / Counselling / Religion](#)
[Government / Social Policy / Research](#)

- 3
Business, Finance and Administration

(Results:43)
[BFA - General](#)
[Auditing, Accounting, and Investment](#)
[Human Resources and Business Service](#)
[Finance and Insurance](#)
[Administrative Support](#)

Work Interests
Your Top Answers

Question #	Question	Rating
1	using a computer and surfing the net	5
2	throwing a party	5
3	educating people about nutrition, lifestyle or health issues	5

4	co-ordinating and organizing events such as conferences, conventions or promotional events	5
5	taking a trip or travelling	5
6	attending a social gathering; spending time with friends and family	5
7	writing speeches, media releases, pamphlets and brochures for the public	5
8	developing marketing or advertising plans	5
9	working with things (tools, machines, equipment)	4

Send results to e-mail:

[Comments/Suggestion](#) • [UTSC Career Centre](#) • [UTSC Home Page](#) • [Online Self Assessment](#)

© Academic Advising and Career Centre, University of Toronto at Scarborough, All Rights Reserved.