Partnering to Support Your Student

GET STARTED
with the Academic Advising & Career Centre
Land Acknowledgement
Housekeeping

- Respect
- Parking
- Cellphones
- Washroom
- Alternative Formats
Supports & Presentation

For Additional Supports

• Visit uoft.me/GetStarted

• Scroll to the bottom of the page to the “Additional supports for first year students” section

• Select the “For parents and supporters” drop down section

Would You Like a Copy of the Presentation?

• visit bit.ly/45y2Y2d

• Or scan the QR code
What We Will Cover Today

What to Expect: 1st Year

Campus Supports

Life & Career
One University, Three Campuses

Scarborough Campus

St. George Campus

Mississauga Campus
Academic Advising & Career Centre

We help students navigate transitions, both academic and career. We provide opportunities for students to develop skills. We support students in making informed decisions about their future. We connect students to supportive resources.
First Year

Roles

Needs

Student Engagement

Transition Stress

The Ups and Downs of 1st Year
Your Role

Your role is essential but changing and evolving
Roles

FAMILY

STUDENT

UTSC
The Main Character in the Story

• Act as independent adults
• Responsible for adhering to Code of Student Conduct & Code of Academic Conduct
• Responsible to seek out and take advantage of opportunities to learn and develop (inside and outside of the classroom)
• Responsible to self-assess and seek out help and supports
Environment and Supports

• Treat students as independent adults
• Challenge students to reach their potential
• Administer policy & rules that make university fair for all
• Provide opportunities for students to learn and develop in a safe environment
• Provide supports for students to understand and navigate the system
Trusted Advisors and Supports

- Provide needed support and reassurance
- Encourage students to take advantage of opportunities to develop personally, academically, professionally
- Encourage students to meet their potential and responsibilities
Transition Factors

Ask Questions, Access Services

- Physical Environment
- Class & Study Time
- Academic Demand
- Evaluation Methods
- Social Environment
- Freedom, Flexibility, & Responsibility
- Self-Development & Identity
Time Management for School

High School: 5-month term + 1-week exam period

University: 3-month term + 1 month of exams/holidays
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<td>3PM</td>
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<td>Class 5</td>
<td>Class 5</td>
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<td>4PM</td>
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<td>Study</td>
<td>Commute</td>
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<td>5PM</td>
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<td>Study</td>
<td>Commute</td>
<td>Commute</td>
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<tr>
<td>6PM</td>
<td>Commute</td>
<td></td>
<td>Tutorial 1</td>
<td>Study</td>
<td>Study</td>
<td>Family &amp; Friends</td>
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<tr>
<td>7PM</td>
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<td>Class 1</td>
<td>Study</td>
<td>Study</td>
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<td>8PM</td>
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<td>Study</td>
<td>Part Time Job</td>
<td>Basketball</td>
<td>Study</td>
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<tr>
<td>9PM</td>
<td>Study</td>
<td></td>
<td>Study</td>
<td>Study</td>
<td>Study</td>
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</tbody>
</table>
The Upcoming Year
For Your Student
University of Toronto Scarborough’s Orientation
utsc.utoronto.ca/orientation
September

- Adjusting to new living arrangements or a new commute (perhaps longer)
- Adjusting to new academic environment and structure
- Making friends
- Managing time and money
- FOMO (Fear of missing out on what’s going on back home – especially for student living away from home)

- Orientation
- 1st Day of Classes – Sept. 3rd
- Deadline to Add/Change Classes – Sept. 16
- 100% Refund Deadline Comes Quickly!
October

• Mid-term exams

• Adjusting to new workload (continuous assessment)

• Adjusting to differences in marks

• Learning how to manage time, money, may be thinking about dropping courses

• Developing deeper friendships, roommate issues

• Trying to live in two places at the same time

Reading week is October 28 – November 1
November

• Weather changes
• Physical illness; feeling drained
• Stress from mid-term results
• Changes in academic behaviour (good or not so good)

Deadline to Drop Classes - Nov. 18

December

• Studying for Final exams
• Foregoing healthy behaviour for studying (sleeping, exercise, healthy eating, friendships)
• Looking forward to time off or visiting home
• Re-evaluation of courses for Winter semester

Late Withdrawal and Credit/No Credit
Deadlines – Dec. 3 & Final Exams: Dec 6-23
January

• Fresh start to the Semester

• Marks from Fall semester are released – some surprises

• Changes in academic behaviour (study habits, seeking resources/help)

• Summer job search begins

• 1st Day of Classes on Jan. 6th

• Deadline to Add/Change Classes – Jan. 19

• 100% Refund Deadline Comes Quickly!
February

• Winter blues
• Illness, feeling drained
• Stress with workload
• Mid-term exams

Reading Week (week of Family Day: Feb 17-21 – no March Break)

March

• Choosing a program (Specialist, Majors, Minors)
• Mid-term and Final exam preparation
• Planning for housing changes (moving out of residence/housing)
• Choosing to do summer semester (and choosing courses)

Deadline to Drop Classes – March 24
Choosing Programs At the End of First Year

UTSC has over 250 Programs!

Students Could Consider These Factors When Choosing a Program

• What types of programs are available?
• What are you interested in?
• Where do your strengths lie?
• What types of career opportunities are available?

Resources

• Program Pathways
• Student Testimonials & Online Guide
• March is "Choosing Your Program Month"
NEW at the University of Toronto Scarborough

EARN A BACHELOR OF SCIENCE DEGREE PLUS A UNIQUE CERTIFICATE IN PATHWAYS TO HEALTH PROFESSIONS

LEARN ABOUT THE PATHWAYS TO HEALTH PROFESSIONS CERTIFICATE
April

- Final Exams

- Foregoing healthy behaviour for studying (sleeping, exercise, healthy eating, friendships)

- Looking forward to returning home (if living in Residence) / commuting less

- Proud for finishing the year

- Concern re getting into a program (Specialist, Majors, Minors)

- Late Withdrawal Deadline – April 4
- Credit/Credit No Credit Deadline – April 4
- Exams: April 9-30
May to August

• Move home / commute less OR continue because studying in summer
• Study Full-Time or Part-Time at UTSC
• Summer Abroad Program (research, unique courses)
• Work or volunteer
• Time off to travel or pursue hobbies
Visit the Registrar’s Office Website for Important Academic & Financial Information

Registrar’s Guide:

• Program and course enrolment
• Important Dates
• Fees, OSAP & Scholarships
• Support Services on Campus

Academic Calendar

• List of Courses
• List of programs
• Enrolment Requirements
• Program and Degree Requirements
• Academic Policies that Students Need to Know
## Significant Academic Dates For Your Student

<table>
<thead>
<tr>
<th>2024 – 2025</th>
<th>Fall Semester</th>
<th>Winter Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classes Start/End</td>
<td>September 3 – December 3</td>
<td>January 6 - April 4</td>
</tr>
<tr>
<td>Course Add/Waitlist Ends</td>
<td>September 11 (waitlist ends) &lt;br&gt; September 16 (add course)</td>
<td>January 14 (waitlist ends) &lt;br&gt; January 19 (add course)</td>
</tr>
<tr>
<td>Reading Week</td>
<td>October 28 – November 1</td>
<td>February 17-21 (week of Family Day) &lt;br&gt; - No March Break</td>
</tr>
<tr>
<td>Midterm Exams for 2 weeks before and 1 week after – check Syllabus</td>
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<td></td>
</tr>
<tr>
<td>Course Drop Date</td>
<td>November 18</td>
<td>March 24</td>
</tr>
<tr>
<td>Course Late Withdrawal and Credit/No Credit</td>
<td>December 3</td>
<td>April 4</td>
</tr>
<tr>
<td>Exam Period</td>
<td>December 6-23 &lt;br&gt; (no classes December 4-5)</td>
<td>April 9-30 &lt;br&gt; (no classes April 7-8)</td>
</tr>
</tbody>
</table>
First Year @ UTSC Online Hub
Encourage Your Student to Show You this Resource

Your student should have received an invitation to access this online resource including:

- Tips on navigating first-year
- Course selection
- Meeting academic expectations
- Digital toolkit resources
- First Year Peer mentors
- Getting involved
- Wellbeing and safety
- Career and program planning
- International student resources
Student Information is Digital

Your student’s records are digital, and confidential, including:

• Grades and Records
• Financial Accounts
• Class Timetable

The University is bound by the Freedom of Information and Protection of Privacy Act

FIPPA:
e-laws.gov.on.ca/html/statutes/english/elaws_statutes_90f31_e.htm#BK55

Please ask your student for information.
Getting the Most Out of the University of Toronto
Outside the Classroom

Student time and effort in educationally purposeful activities
(e.g. office hours, study groups, also clubs and part-time jobs)

Institutional efforts towards supporting students to participate
(e.g. funding the Work Study program to create part-time jobs)

Positive Correlation with Academic Success
(National Survey of Student Engagement)
Class/Program Academic Supports

Help students understand:

• Solutions to homework
• Course material
• Course expectations
• Program expectations & progression
• Exam/test formats

Online Access through:

• Email, Appointments, Office Hours

Professor

Teaching Assistant (TA)

Student Associations

Facilitated Study Groups

Departmental Advisor

Registrar’s Office
Developing Academic Skills

- Help student develop:
  - Academic Language Skills
  - Academic Writing Skills
  - Time Management
  - Test Taking skills
  - Research skills

- Online Access through:
  - Academic Advising & Career Centre
  - Centre For Teaching & Learning (CTL)
  - English Language Development Centre
  - Library
  - Math & Statistics Learning Centre
  - Writing Centre

**Online Access through:**
- Email, Appointments, Office Hours
Health Supports

• Doctors & Nurses
• Counsellors & Social Workers
• Health Education
• Spiritual guidance (15 religious/spiritual leaders)
• Sports, Exercise, Nutrition
Mental Health Resources

• U of T Telus Health Student Support
• Online tool, available 24/7
Safety & Security

• Campus Safety (Special Constables)
• Community Safety Office
• Travel Safer
• Sexual Violence Education & Prevention Office
• Fire Prevention
Life & Career Supports

• Work opportunities
• Career planning
• Budgeting advice
• Volunteering and meeting people
• Exchange and Immigration support
• Housing on - and off -campus
Plan For Your Future
Plan to Get Involved for Your Success

Clubs & Departmental Student Associations
Student Governance (SCSU)
Peer Programs
Mentorship Programs
Volunteer Opportunities
Part-Time Employment
Work Study Jobs – 2 streams
Research Opportunities
Social & Professional Events
Work Integrated Learning in courses

UTSC has over 250 Clubs!
Your Student Is Prepared For:  
A strong professional profile takes time to develop!

<table>
<thead>
<tr>
<th>Further Education</th>
<th>Employment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional and Graduate Schools Require:</td>
<td>Employers Will Ask You For:</td>
</tr>
<tr>
<td>• High Grades</td>
<td>• Performance</td>
</tr>
<tr>
<td>• Experiences</td>
<td>• Experience</td>
</tr>
<tr>
<td>• Personal Statement and CV</td>
<td>• Interview</td>
</tr>
<tr>
<td>• Interview</td>
<td>• Education</td>
</tr>
<tr>
<td>• Specific Courses</td>
<td>• Cover Letter and Resume</td>
</tr>
<tr>
<td>• Admissions Testing</td>
<td>• Skills Testing</td>
</tr>
<tr>
<td>• Reference Letters</td>
<td>• References</td>
</tr>
</tbody>
</table>
Many Paths to a Destination

Popular destinations for our students

• Professional designations (i.e., CPA, CFA, CHRP, etc.)
  ◦ BBA is not the only path to these designations

• Jobs in tech (i.e., software developer, data analyst, UX designer, etc.)
  ◦ Computer science is not the only path to these opportunities

• Health-related professional programs and careers (i.e., medicine, dentistry, occupational therapy, etc.)
  ◦ Biology major is not the only path to healthcare
Henry Wong
12 Anyway Street, Toronto, ON M1N 2P3  henrywong@hotmail.com  416 123 4567

SUMMARY OF QUALIFICATIONS
- Excellent marketing skills in researching and evaluating client needs
- Exceptional communication and presentation skills, fluent in English, proficient in Cantonese
- Demonstrated ability to act as a team player
- Ability to prioritize and complete deadline-sensitive tasks efficiently
- Knowledge of MS Office, Adobe Photoshop

EDUCATION
Honours Bachelor of Arts; Double Major in Psychology and Economics  June 2012
University of Toronto Scarborough
Relevant Courses: Statistics, Human Brain and Behaviour, Personality, Social Psychology

RELEVANT EXPERIENCE
Sales Associate  Sept 2011- Present
Future Shop
- Market merchandise to customers and exceeded sales quotas by 10-25%
- Respond promptly to customer inquiries regarding sales, products, warranty and return policies
- Handle financial transactions including cash, debit and credit in an accurate and efficient manner
- Provide excellent service to all customers to ensure customer satisfaction and loyalty

Marketing Assistant  May-July 2011
Academic Advising & Career Centre, University of Toronto Scarborough
- Marketed services and events through in-class presentations of up to 500 students to increase awareness of Academic Advising & Career Centre services
- Created display boards, handouts and brochures for Professional and Graduate School Fair and other events, ensuring that event was marketed successfully
- Developed and assessed results of electronic client evaluation of 2000 students to determine how to best meet the career and employment needs of UTSC students

Academic Programmer & Promoter  Aug 2010-Apr 2011
Student Housing & Residence Life, University of Toronto Scarborough
- Provided academic support to student living in residence utilizing strong communication skills
- Promoted a range of campus resources and supports to student and made appropriate referrals

VOLUNTEER & EXTRACURRICULAR EXPERIENCE
Volunteer Digitization Assistant  May-August 2009
University of Toronto Scarborough Library
- Demonstrated proficiency with Adobe Photoshop by cropping and manipulating files
- Worked as part of a team with other students and staff to complete tasks

Member  Sept 2009- June 2012
MESA (Management and Economics Student Association) University of Toronto Scarborough
- Attended monthly networking events and assisted with generating topics for future events
Modern University Experience

**Transition:**
High School to University and Beyond?  
**New ways of learning!**

**Career Paths:**
What’s the connection to program?  
**Many routes to the same destination!**

[Download the PDF for free](#)
Thank You for Attending!

We hope you found this time to be informative.

Please take a moment to complete the survey and the volunteer card to partner with us.

We wish you and your student all the best.

Enjoy your summer!
Connect With Us

Hours of Service
Mon, Tues, Thurs: 10am – 4pm
Wed: 10am – 6:45pm
Fri: 10am – 3pm

Contact Info
Phone: (416) 287-7561
Email: aacc.utsc@utoronto.ca
Website: utsc.utoronto.ca/aacc