



Are Your Immunizations Up-To-Date?

Welcome to UTSC!

The Health & Wellness Centre, located in the Student Centre (SL270), is a student service that provides health care, counselling and promotes wellness on campus. We have doctors, nurses, counsellors and student volunteers who support University of Toronto Scarborough students maintain their overall health and wellbeing.

With the recent outbreaks and re-emergence of specific diseases in the Toronto area, we would strongly encourage you to review your immunizations, using the charts below, with your family doctor to ensure your health is protected while you pursue your studies at University of Toronto Scarborough.

You are also welcome to book an appointment, when you are on campus to receive any outstanding vaccinations at our centre as of September. To book an appointment, please arrive with your valid T-Card and health card.

Vaccine	Ontario Schedule Recommendations
Measles, Mumps, Rubella (also known as MMR)	2 doses as a child, and if not 2 doses 28 days apart as an adult
Tetanus, Diphtheria, Pertussis (also known as Tdap)	Received as a child and booster as teen or young adult then every 10 years
Varicella	2 doses as a child, and if not 2 doses as young adult if not immune
Meningococcal Quadrivalent (for A, C, Y, W-135 strains)	1 dose received in Grade 7
Hepatitis B	2 doses received in Grade 7
Human Papillomavirus (Gardasil® - covers 4 strains)	2 doses received in Grade 7 – if vaccinated prior to September 2017
Polio	immunized as an infant
Pneumococcal	Immunized as an infant
Influenza	yearly

Please note that some of the vaccines are publicly funded and others may have a cost associated that may be covered through your SCSU Health & Dental Plan with your student union as of September.

Vaccine	Additional Recommendations by the Health & Wellness Centre for Post-Secondary Students
Human Papillomavirus (Gardasil® 9 - covers 9 strains of HPV)	3 doses for those over 15 years old
Meningococcal Quadrivalent (for A, C, Y, W-135 strains)	Booster dose 16-18 years or older

Cost associated with this vaccine is covered through your SCSU Health & Dental Plan with your student union as of September.

Vaccine	Additional Vaccinations for Post-Secondary Students
Meningococcal sero B	2 doses one month apart
Hepatitis A	2 doses 6-36 months apart depending on vaccine

Cost associated with this vaccine is covered through your SCSU Health & Dental Plan with your student union as of September.