Psychological Clinical Science

Faculty Affiliation
University of Toronto Scarborough (UTSC)

Degree Programs Offered
Counselling and Clinical Psychology – MA, PhD
Fields:
• Clinical Psychology (offered by the Graduate Department of Psychological Clinical Science, UTSC)
• Clinical and Counselling Psychology (offered by the Department of Applied Psychology and Human Development, Ontario Institute for Studies in Education [OISE], St. George campus)

Notes: The MA and PhD degree programs in Counselling and Clinical Psychology are offered by the Graduate Department of Applied Psychology and Human Development at OISE, and the graduate Department of Psychological Clinical Science at the University of Toronto Scarborough (UTSC).

Collaborative Programs
The following collaborative programs are available to students in participating degree programs as listed below:
1. Aboriginal Health
   • Counselling and Clinical Psychology, MA, PhD
2. Addiction Studies
   • Counselling and Clinical Psychology, MA, PhD
3. Aging, Palliative and Supportive Care Across the Life Course
   • Counselling and Clinical Psychology, MA, PhD
4. Community Development
   • Counselling and Clinical Psychology, MA, PhD
5. Environmental Studies
   • Counselling and Clinical Psychology, MA, PhD
6. Sexual Diversity Studies
   • Counselling and Clinical Psychology, MA, PhD
7. Women and Gender Studies
   • Counselling and Clinical Psychology, MA, PhD

Overview
The Department of Psychological Clinical Science (UTSC) and the Department of Applied Psychology and Human Development (OISE) offer a graduate program in Counselling and Clinical Psychology (MA/PhD).

Field: Clinical Psychology (MA, PhD) (offered by the Department of Psychological Clinical Science, UTSC).

Consult the Department of Psychological Clinical Psychology for further details about the Clinical Psychology field, including admission requirements, program requirements, and descriptions of programs as well as information about financial support for students.

Note: Normally, students may not transfer between fields in the Counselling and Clinical Psychology program once admitted.

Contact and Address
Web: www.utsc.utoronto.ca/~psych/clinical
Email: clinical-psych@utsc.utoronto.ca
Telephone: (416) 208-4867
Department of Psychological Clinical Science
University of Toronto Scarborough (UTSC)
Science Wing, Room SW427D
1265 Military Trail
Toronto, Ontario M1C 1A4
Canada

Degree Programs
Counselling and Clinical Psychology
The Counselling and Clinical Psychology program offers studies leading to the MA and PhD degrees. It is offered by the Department of Applied Psychology and Human Development (OISE), and the Department of Psychological Clinical Science at the University of Toronto Scarborough (UTSC).

This graduate program is intended for students seeking to pursue careers in research, teaching, and clinical practice. At the time of application, students will be required to identify a preference for a specific field and for a potential supervisor with whom they would work if admitted to the program. The program has two fields: Clinical Psychology offered primarily by UTSC; Clinical and Counselling Psychology offered primarily by OISE.

Field: Clinical Psychology
The field in Clinical Psychology is offered primarily by the Department of Psychological Clinical Science at UTSC. Clinical Psychology is the applied psychological science concerned with the assessment and treatment of individuals’ mental disorders. This field within the Counselling and Clinical Science program builds on the research strengths of the UTSC faculty in personality, neuropsychological, and neuroimaging-based approaches to assessment. A unifying theme of the core faculty is its expertise in state-of-the-art methods.
of assessment, specifically personality assessment and clinical neuropsychological assessment.

**Master of Arts**

The full-time, two-year MA program is designed for applicants interested in working as researchers or practitioners in a variety of psychological and educational settings. This program enables students to apply for registration with the College of Psychologists of Ontario as a Psychological Associate. It also meets the needs of students who plan to apply to the PhD program in Counselling and Clinical Psychology.

**Minimum Admission Requirements**

- Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.
- An appropriate bachelor's degree from a recognized university with at least an A- (or first-class standing) in the final two years of undergraduate study, and at least 4.0 to 6.0 full-course equivalents (FCEs) in psychology including statistics and some laboratory research experience. Students who are admitted to the program without 4.0 to 6.0 FCEs in required undergraduate coursework may be required to complete additional courses in the master's program. Applicants with a strong background in mathematics, computer science, statistics, biological science, or neuroscience are encouraged to apply.
- Competitive scores on General and Subject tests of the Graduate Record Examinations (GRE).
- Two academic letters of reference.
- A personal statement.
- Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent according to SGS regulations, prior to submitting the application.

**Program Requirements**

- The MA in Counselling and Clinical Psychology (Clinical Psychology field) consists of 5.0 FCEs of total coursework, which is organized each year into bundles, and includes an ethics course and a clinical practicum. Students complete either Course Bundle A or B in Year 1 and the other Course Bundle in Year 2.
  - Course Bundle A:
    - Fall courses: CPS 1501H, CPS 1601H;
    - Winter courses: CPS 1701H, CPS 1801H
  - Course Bundle B:
    - Fall courses: CPS 1101H, CPS 1102H;
    - Winter courses: CPS 1103H, CPS 1809H
- Students must complete an ethics course (CPS 1901H) in Year 1.
- Students must complete a clinical practicum at a pre-approved placement site in the final summer of the program (CPS 2999H).
- Research thesis to be completed and orally defended in Year 2 of the program.

**Program Length:** 6 sessions (2 years) full-time

**Time Limit:** 3 years full-time

**Doctor of Philosophy**

The principal aim of this degree program is the development of research and theoretical knowledge in counselling and clinical psychology, assessment skills, and knowledge and training in professional issues. Students are expected to conduct advanced research and to develop professional knowledge and skills. Graduates will be prepared to assume a variety of positions in psychological teaching, research, and practice in universities, community settings and agencies offering psychological services, and in university or college counselling centres.

The Counselling and Clinical Psychology program (Clinical Psychology field) is offered on a full-time basis, and progress in the program will be reviewed annually. The program is accredited by the Canadian Psychological Association.

**Minimum Admission Requirements**

- Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.
- A master's degree with specialization in Clinical Psychology (or its equivalent) from a recognized university, with a minimum A- average and an excellent research performance.
- Two academic letters of reference.
- A personal statement.
- Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent according to SGS regulations, prior to submitting the application.

**Program Requirements**

The PhD program requires 4.0 full-course equivalents (FCEs) including three clinical placements, plus a thesis proposal, thesis, and thesis defence:

- 4.0 FCEs in clinical coursework normally completed by the end of Year 2 (CPS 1201H, CPS 1301H, CPS 1401H, CPS 3901H), and including:
Field: Clinical and Counselling Psychology

The field in Clinical and Counselling Psychology is offered primarily by the OISE Department of Applied Psychology and Human Development. This field is based on a bio-psycho-social model with an emphasis on diversity. It shares an emphasis with the other field on assessment and the treatment of psychopathology in adults and adolescents.

Contact and Address

Web: [www.oise.utoronto.ca/aphd](http://www.oise.utoronto.ca/aphd)

Department of Applied Psychology and Human Development
The Ontario Institute for Studies in Education (OISE)
University of Toronto
252 Bloor Street West
Toronto, Ontario M5S 1V6
Canada

Master of Arts

This MA program is designed for applicants interested in working as researchers or practitioners in a variety of psychological and educational settings. This program enables students to apply for registration with the College of Psychologists of Ontario as a Psychological Associate. It also fulfils the requirements of students who plan to apply to the PhD program in Counselling and Clinical Psychology. The MA is taken on a full-time or part-time basis. However, students in the part-time program will be required to complete one year of full-time study to fulfil their degree requirements.

Minimum Admission Requirements

- Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Applied Psychology and Human Development’s additional admission requirements stated below.
- An appropriate bachelor’s degree in psychology or any appropriate bachelor’s degree that would contain the psychology requirement equivalent (defined as 6.0 full-course equivalents [FCEs] in psychology, including 0.5 FCE in research methods, 0.5 FCE in statistics, and at least 3.0 FCEs at the third- and fourth-year levels).
- A standing equivalent to a University of Toronto A- or better in the final year.

Program Requirements

The MA consists of:

- 4.0 FCEs of total coursework; every student’s program of study includes courses in counselling theory, practice, assessment, ethics, personality and cognitive assessment skills, and research methodology.
- 500 hours of practicum.
• A master’s thesis.
• **Full-time option:** Full-time, on-campus study is required from September to April, which represents the Fall and Winter sessions; however, students may begin their program of study in the preceding Summer session. Normally, 1.5 FCEs are taken in each of the Fall and Winter sessions and a maximum of 1.0 FCE in the Summer session. Under this option, it is expected that all degree requirements will be completed within two years.
• **Part-time option:** For this option, students can register as part-time students at the beginning of their program. However, they will be required to register as full-time students for one year of the program. In this option, students will normally take 1.0 FCE annually during the beginning of their program and 1.5 FCEs in each of the Fall and Winter sessions in their year of full-time study. Under this option, it is expected that all degree requirements will be completed within two to three years, up to a maximum of six years.

**Program Length:** 6 sessions full-time; 9 sessions part-time
**Time Limit:** 3 years full-time; 6 years part-time

**Doctor of Philosophy**

The principal aim of this degree program is the development of research and theoretical knowledge in counselling and clinical psychology, assessment skills, and knowledge and training in professional issues. Students are expected to conduct advanced research and to develop professional knowledge and skills. Graduates will be prepared to assume a variety of positions in psychological teaching, research, and practice in universities, community settings and agencies offering psychological services, and in university or college counselling centres.

The Counselling and Clinical Psychology program offers both a full-time and flexible-time PhD, and progress in the program will be reviewed annually. The program is accredited by the Canadian Psychological Association.

**Minimum Admission Requirements**

• Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Applied Psychology and Human Development’s additional admission requirements stated below.

**Full-Time PhD**

• An appropriate bachelor’s degree in psychology or any appropriate bachelor’s degree that would contain the psychology requirement equivalent (defined as 6.0 full-course equivalents [FCEs] in psychology, including 0.5 FCE in research methods, 0.5 FCE in statistics, and at least 3.0 FCEs at the third- and fourth-year levels), with a standing equivalent to a University of Toronto A- or better in the final year.
• A University of Toronto MA degree with specialization in Clinical and Counselling Psychology with a grade of A- or better, or its equivalent.

**Flexible-Time PhD**

• Applicants to the flexible-time PhD option are accepted under the same admission requirements as applicants to the full-time PhD option. However, applicants to the flexible-time PhD should demonstrate that they are active professionals engaged in activities relevant to their proposed program of study.

**Program Requirements**

• The PhD program requires a minimum of 5.0 FCEs, including practicum AEC 3217Y and internship AEC 3268Y. See details below.
• **Practicum:** Complete a 500-hour practicum in conjunction with the doctoral practicum course AEC 3217Y.
• **Internship:** 2,000 hours of internship (AEC 3268Y). All internship arrangements must be made in consultation with the Coordinator of Internship and Counselling Services.
• **Comprehensive examination:** In addition to normal course requirements, students will be examined systematically in general psychology and in professional psychology. The examination will normally be taken at the end of Year 2 of full-time study.
• **Doctoral dissertation:** All students must develop, complete, and defend in a Doctoral Final Oral Examination a doctoral dissertation supervised by a full-time member of the Counselling Psychology faculty. The content of such dissertation research may address theoretical issues applicable to counselling concerns and practice, relate to the development of programs in a variety of educational or applied settings, or in some other way contribute to the development and practice of counselling psychology.

**Program Length:** 5 years full-time; 6 years flexible-time
**Time Limit:** 6 years full-time; 8 years flexible-time

**Course List**

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
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<tbody>
<tr>
<td>AEC 1201H</td>
<td>Personality Theories</td>
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<tr>
<td>AEC 1202H</td>
<td>Theories and Techniques of Counselling</td>
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<tr>
<td>AEC 1219H</td>
<td>Ethical Issues in Professional Practice in Psychology</td>
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<tr>
<td>AEC 1263H</td>
<td>Seminar in Research Methods for MA Students</td>
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<tr>
<td>AEC 3215H</td>
<td>Seminar in Counselling Psychology: Part I</td>
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<tr>
<td>AEC 1203Y</td>
<td>Practicum I: Interventions in Counselling Psychology</td>
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AEC 3217Y  Practicum II: Interventions in Counselling Psychology
AEC 3218Y  Research Seminar in Counselling Psychology
AEC 3224H  Individual Cognitive and Personality Assessment
AEC 3225Y  Assessment and Diagnosis of Personality and Psychopathology
AEC 3260H  Psychopathology and Diagnosis
AEC 3268Y  PhD Internship
HDP 1287H  Introduction to Applied Statistics
HDP 1288H  Intermediate Statistics and Research Design
HDP 3204H  Contemporary History and Systems in Human Development and Applied Psychology

**Graduate Faculty**
Faculty data current at time of publication.

**Full Members**
Cree, George - *(Interim Graduate Chair)*

**Members Emeriti**

**Associate Members**