Back to the Island of Knights & Knaves

It is known that the bank robbery was committed by Arthur York.

But nobody knows who he is or whether he is a knight or a knave.

A suspect is brought in and questioned:

Question: What do you know about Arthur York? Answer: Arthur York once claimed I was a knave.

Question: Are you by any chance Arthur York?

Answer: Yes!

Is the suspect Arthur York?

One day on the Island of Knights & Knaves you meet someone for the first time.

You ask: Are you a knight or a knave?

The person replies: 'I refuse to tell you!' and stomped away; you never see that person ever again.

Is the person a knight or a knave?