

Practise Questions – Midterm 1

1. Lisa spends many hours a day playing minesweeper. Her friend Rahman hears of a Minesweeper Tournament, and encourages Lisa to enter. Rahman has just completed a social psychology course. Drawing on his knowledge of social facilitation, what is Rahman's prediction about Lisa's performance at the tournament?

- a. Lisa's performance will depend upon the audience's feedback
- b. Lisa will win if she is meant to win
- c. Lisa's performance will be hindered by the presence of others
- d. Lisa's performance will be enhanced by the presence of others
- e. Lisa will croak under the pressure of the competition

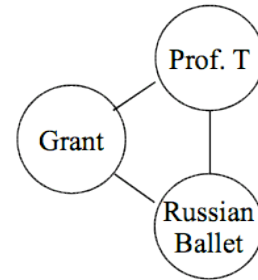
2. Dat is a very successful student, and being studious is central to his self-concept. When he is home on winter break, he runs into an old teammate and friend who says, "You must do nothing but party at school! That is so cool!" According to self-verification theory,

- a. Dat will say, "In fact, I party harder than the average student!"
- b. Dat will say, "You bet!" because he wants the teammate to like him
- c. Dat will correct the teammate and emphasize his studiousness
- d. Dat will make plans to see the teammate again
- e. Dat will comply with the teammate's expectations for fear of being beaten

3. Jeff wants Brenda to like him. According to the theory of cognitive dissonance, which of the following strategies should Jeff use to make Brenda have a positive attitude towards him?

- a. Jeff should move closer to Brenda
- b. Jeff should buy Brenda a bouquet of roses
- c. Make Brenda behave nicely towards him by asking her for a favour
- d. Tell Brenda he is a millionaire
- e. Disagree with Brenda on a political issue that is important to her

4. The circles to the right represent three entities: 1) a college student named **Grant**; 2) his honors thesis advisor, **Prof. T**; and, 3) **Russian Ballet**. Which set of attitudes would put the relationship between these three entities in balance?



- a. Grant likes Prof. T and Russian Ballet; Prof. T does not like Russian Ballet
- b. Grant does not like Prof. T or Russian Ballet; Prof. T does not like Russian Ballet
- c. Grant likes Prof. T but does not like Russian Ballet; Prof. T likes Russian Ballet
- d. Grant does not like Prof. T but he does like Russian Ballet; Prof. T likes Russian Ballet.
- e. Grant does not like Prof. T or Russian Ballet; Prof. T loves Russian Ballet

5. *** Which of the following is NOT a defining characteristic of destructive cults?

- a. Persecution by government authorities
- b. The group leader is the focus of veneration
- c. Charismatic, self-appointed leader(s)
- d. Group culture tends toward totalitarianism
- e. Usually operate by 2 sets of rules and ethics for old members and new recruits

***** Note: I didn't go over destructive cults in detail in PSYB10, but this question is here to be an example of a "type" of question that you might see on the exam.**

Matching

Directions: Name that self-regulatory strategy!

A. Suppression

B. Self-distancing

C. Situation Selection

D. Reappraisal

E. Self-immersion

1. ___ Alma feels very stressed about her medical school applications, because her parents really want her to go to medical school. She avoids interacting with them because she knows they will ask her what she is doing to study, which will just stress her out more.
2. ___ Luc feels happy that his sister didn't do well on her history exam, but he knows he shouldn't let anyone know about the way he feels. He masks his expressions and does not display any outward signs of happiness.
3. ___ Whenever Jack remembers his last fight with the guy who lives in the apartment next door, he imagines the way he saw his neighbour's face and how it felt when his neighbour stepped forward and towered over him. This fills him with anger and a sense of threat.
4. ___ Anna's favourite coworker, Juan, was acting quiet and didn't really want to talk to her the last time they had a shift together. Normally, she and Juan joke and have a raucous time together. However, Juan's behaviour did not make Anna feel rejected, because another coworker had told her before the shift that Juan's grandfather had passed away. So, Anna had gone into work expecting Juan to be acting different, and just hopes he feels better soon.
5. ___ Dinesh's professor ridiculed him in front of the class when he asked a question. Dinesh felt very angry and wanted to yell back at the professor, but knew it would be inappropriate. So, he tried to remain calm by not showing any anger on his face, and reclining in his chair like he was cool and didn't care.
6. ___ When Mathy recalls when her partner broke up with her, she sees the scene like an outside observer. She can see both herself and her partner standing in the middle of the park. She sees herself crying, and her partner looking sad but determined.

Answers to Practise Questions

Multiple Choice

1. d
2. c
3. c
4. e
5. a

Matching

1. C
2. A
3. E
4. D
5. A
6. B