

Topic Review Sheet – Final Exam

How to use this review sheet: Below you will find a bulleted list of topics that may be on the exam. Anything that is bulleted is a distinct topic that you may find on the exam. The topics are arranged hierarchically to help you organize the ideas in your mind. The best way to study for the exam is to briefly describe each topic in your own words. Then, go back through the review sheet and come up with an example of each topic or make your own test question for the topic. If you can do these things, then you have fully learned the material.

Important Note: The indentation is simply to help you organize the concepts in your mind, but any bulleted topic below is fair game for the exam. Even the top-level topics are considered to be unique concepts that you should be able to define (e.g., you need to be able to define “Culture” as well as “Ethnicity”).

Culture

- Culture
 - Nationality
 - Ethnicity
 - Identification
 - Meaning System
- Studying Culture
- Methodological Orientations
 - Culture-comparative
 - Cross-cultural
 - Typical Methods of each orientation
- Methodological Concerns in Cultural Psych
 - Language Issues
 - Translation Efficacy (i.e., “Lost in Translation?”)
 - Back translation
 - Interrater reliability
 - Response Bias Issues
 - Use of Likert Scales
 - Midpoints
 - Extremes
 - How to overcome these issues
- Describing Culture
- How Does Culture Affect Us?
 - Cognitive Mechanisms
 - Cognitive Framing
 - Cultural Primes
 - Dialectical Thinking
- Culture effects on Affect:

- Emotional Complexity
- Cultural Behaviour:
 - Social Norms
 - Social Roles
- Moving Between Cultures
 - Acculturation
 - Assimilation
 - Bicultural Identity Integration

Social Power & Hierarchy

- Social Hierarchy
 - Formal Hierarchy
 - Informal Hierarchy
- Social Power
- Social Status
- Attention, Power, and Status
- Development of Hierarchy
 - Hierarchical Differentiation ...
 - ... in Formal Hierarchies
 - ... in Informal Hierarchies
 - ... Based on Personality
 - ... Based on Group Needs
- Functions of Hierarchy
 - Social Order
 - Co-ordination
 - Incentives
- Hierarchy Maintenance
 - Power and Psychological Processes
 - Power Approach Theory
 - Power and Social Interactions
 - Power and Social Perception
 - Perspective-taking abilities
 - Emotion detection
 - Power and Compassion
 - Expectations and Hierarchy Reinforcement
 - Expectancy Confirmation
 - Hierarchy-Enhancing Beliefs
 - Social Dominance Orientation
 - Legitimizing Myths
 - Hierarchy-enforcing behaviours
 - Teasing and Status
- Hierarchy Instability
 - External Change

- Fairness and Legitimacy
- Competition
- Status Constraints
- Effects of Instability

Intergroup Processes

- Intergroup Processes
 - Ingroup
 - Outgroup
 - Intergroup Processes
- Social Identity Theory
 - Assumptions
 - Components
 - Group Categorization
 - Why categorize?
 - Minimal Groups & Minimal Groups Paradigm
 - Identification
 - Comparison
 - Ingroup Favouritism
 - Outgroup Derogation
 - Psychological Distinctiveness
- Realistic Conflict Theory
 - Robber's Cave Experiment
 - Super-ordinate Goals

Stereotyping & Prejudice

- Group-Based Bias
 - Affective Component: Prejudice
 - Nature of Prejudice
 - Psychodynamics Perspectives on Prejudice
 - Frustration-Aggression Hypothesis
 - Reaction Formation Defence Mechanism
 - Social Cognitive Approach to Prejudice
 - Explicit Prejudice
 - Modern forms of Prejudice / Racism
 - Aversive Racism
 - Motivation to Control Prejudice
 - Behavioural Component: Discrimination
 - Cognitive Component
 - Stereotypes
 - Stereotyping across time
 - Mechanisms
 - Who stereotypes?

- Automatic and Controlled Processes among Egalitarians
 - Cognitive Load and Stereotyping
- Meta-Stereotyping
- Consequences of Stereotyping
 - Outcomes for Perceiver
 - Selective Encoding
 - Attributional Biases
 - Ultimate Attribution Error
 - Outcomes for Target
 - Stereotype Threat
 - Self-fulfilling Prophecies
- Outgroup Homogeneity
- Reducing Prejudice & Discrimination
 - Self-affirmation
 - Mutual Interdependence
 - Contact Hypothesis
 - Optimal Conditions for Contact
 - Does Contact Work?
 - Necessity of Optimal Conditions
 - Generalization
 - Group specificity (i.e., “Which Groups?”)
 - Contact Quality
 - Indirect Contact Effect / Extended Contact Hypothesis
 - Jigsaw classroom

Aggression

- Aggression
 - Physical Aggression
 - Verbal or Relational Aggression
 - Hostile Aggression
 - Instrumental Aggression
- Approaches to Aggression
 - Genetic Predisposition
 - Amygdala
 - Pre Frontal Cortex
 - Testosterone
 - Serotonin
 - Chemical Influence: Alcohol
 - Pain, Discomfort, and Aggression
 - Frustration-Aggression Theory
 - Relative Deprivation
 - Social Exclusion
 - Neo-associationism

- Gun Study
- Social Learning Theory
 - Social Modelling
 - Bobo Doll Experiment
- Television and Aggression
 - Moderating Factors
 - How TV relates to aggression
- Reducing Aggression

Prosocial Behaviour

- Co-operative Dilemmas
 - Escalation of Conflict
 - Tragedy of the Commons
 - Prisoner's Dilemma
- Prosocial Behaviour
 - Altruism
 - Altruistic Personality
- How do we help?
 - Casual Helping
 - Substantial Helping
 - Emotional Helping
 - Emergency Helping
- When do we help?
 - Mood
 - Spare time
 - Good Samaritan Study
 - Environment
 - Urban versus Rural Environments
 - Urban Overload Hypothesis
 - Bystander Apathy
 - Bystander Apathy / Bystander Effect
 - Pluralistic Ignorance
 - Diffusion of Responsibility
 - Sequential Model of Bystander Apathy or Sympathy
 - Breaking Bystander Apathy
 - Relationship with Person in Need
 - Communal Relationship
 - Ingroups and Outgroups
- Why do we help?
 - Genuine Altruism
 - Social Exchange Theory
 - Reciprocal Altruism
 - Evolutionary Theories

- Kin Selection
- Inclusive Fitness
- Negative State Relief
- Social Rewards
 - Reinforcement of Prosocial Behaviour
- Social Norms
 - Reciprocity Norm / Norm of Reciprocity
 - Helping Norm
- Learning Perspective
 - Social Modelling of Prosocial Behaviour
- Altruism & Empathy
- Empathy-Altruism Theory
- Social Exchange

Stress & Health

- Stress
 - Psychological Stress
 - Stressful Events
 - Physiological Stress
 - Allostasis
 - Allostatic Load
- Stress & Performance
 - Fight-or-Flight Response
 - Challenge or Threat
 - Extreme Stress & Memory
- Stress & Health
 - Stress & Immunity
 - Cohen's Hotel Study
 - Stress & Long-term Health
- Perceived Control
 - Self-Efficacy
 - Learned Helplessness
 - Stable Attribution
 - Internal Attribution
 - Global Attribution
- Physiological Thriving
 - Physiological Toughening
 - Psychological Thriving
- Reducing Stress
 - Exercise
 - Meditation
 - Left Pre-Frontal Cortex Asymmetry
 - Coping styles

- Social Support
- Buffering Hypothesis
- Personality and Coping Styles