AccessAbility Services Presents

Navigating Social Realms:
Group Work & Participation Skills

• Do you get anxious when a Professor announces there is group work to complete or there are marks for participation that involve speaking in-class?
• Do you find it challenging to speak up during group work or during class discussion because of a lack of confidence?
• Do you wonder how to contribute effectively to the group so it achieves its goal?
• Do you want to know how to manage when the group isn’t getting along?
• Do you want to learn skills to work effectively in groups and participate in class?

If you answer YES to any of the above questions then this session is for you!

The session will help you:
• Gain the necessary skills to help you actively participate in group work and class discussions
• Reduce your anxiety about working in groups or participating in class discussions
• Look forward to the enriching experience of working in groups and speaking up in class

Wednesday, February 1st
5:00pm - 6:00pm
AC321

Registration: ability@utsc.utoronto.ca or 416-287-7560

Please inform us of any accommodation needs in advance
NOTE: This session is open to all UTSC students