



Council on Student Services
Minutes of the meeting held on Wednesday, November 18, 2020
4 pm – 6 pm
Zoom meeting

Members: Desmond P., Nadia R., Varsha P, Sheila J, Sarah A, Lulu G, Kanitha U, Eesha C, Stephanie E, Tristine A, Menilek B, Bill F, Fae A, Kiana J, Sabrina P, TJ H, Yansunen C, Tianna T, Greg H, Erika L, James D,

Non-Members: Chris B., Tasneem N., (Acting Secretary) , Delicia A, Christine S, Marg L, Shari R, Mohsin B, Jonathan C, Edwina S, Elsa K, Emily Z, Chanda C, Dana N, Darlene P, Amber W, Cornell J, Tarak A, Tayyab R

1. Approval of Agenda

Moved: TJ H

Second: Lulu G

All in favour. Agenda approved.

2. Approval of Meeting Minutes – September 23, 2020

Move: Eesha C

Second: Lulu G

All in favour. Agenda approved.

3. Approval of Motion from the Enhancement Fund Committee (Round 1)

Move: TJ H

Second: Kiana J

Eesha and TJ spoke briefly about the applications that were received in Round 1, and the new format of requests for the COVID year – request for funding for apps, equipment, etc.

All in favour. Motion approved and carried.

4. Presentations from Portfolios of Student Experience and Wellbeing:

- **Health and Wellness**

Sheila introduced herself and began by introducing the team manager Shari and leads Emily, Elsa, Tarek.

Shari provided an overview of the services provided by the Health and Wellness centre. There were over 20k visits conducted last year with students, over 15k primary care appointments, and over 4700 counselling appointments. Over 2000 students received personal counselling.

Shari said their priorities for the 21/22 year is to optimize virtual care, support and services , provide inclusive care, enhance embedded counselling services, support student Mental Health, and strengthen community partnerships. Elsa spoke briefly about Health Promotion programming - wellness peer programs, suicide intervention, mental health network and mental health training. Emily spoke briefly about primary medical care – clinical care, advocacy, referrals, vaccinations, mental health nursing, etc. Tarek spoke about the peer support program, online group counselling, personal counselling, embedded

Menilek asked for details on schedule and events. Sheila said everything is available on the HWC website and social media. Fae asked if the sessions mentioned earlier are drop in –Tarek responded that some need prior registration, some don't, and it depends on the workshops being offered and its content.

Elsa also shared information on wellness talks at home as listed on CLNx and social media. HWC groups are available at: <https://www.utsc.utoronto.ca/hwc/group-therapy-schedule> . Emily shared mental health wayfinder at: <https://prod.virtualagent.utoronto.ca/>

- **Athletics and Recreation**

Mohsin began by introducing himself and the athletics department and facilities. Some of the priorities are embedding equity principles into programming, enhancing international student experience, increase women's participation and experience, increase programming for residence students , increase social media presence to promote our programming, and adapted programming due to COVID.

Some social media initiatives undertaken by the athletics and recreation department during COVID have been – how are you staying active, keep up challenge, step up challenge, quarantine series and the November challenge. Tennis began July, and just recently shut down due to winter season. Over 1000 students took part in summer, and over 985 in Fall. Lane Swimming & Lane Jogging has been running consistently since TPASC opened July 4th. UTSC-Only Drop-ins Began on October 15.

Drop in programming began in Fall 2020 for basketball and badminton. Esports has been a favourite for many. Virtual programming such as movie nights, game nights, nutrition workshops, Friday night socials, Monday MoveU workouts, and let's talk series have been great so far. In person classes moved online such as ballet, boxing, dancefit, latin dance and MMA conditions.

TJ asked what programming is planned for the winter term. Mohsin said they're collaborating with HWC to offer hikes, for physical activity and mental wellbeing.

Mohsin reiterated that all programming is conducted in the safest way possible, and are taking every precaution possible in light of COVID.

- **Student Housing and Residence Life**

Greg introduced himself and began speaking about how the SHRL Pre-COVID the numbers were 850 spaces on campus plus 49 at centennial place. 90% were first year students, and 60% were international. Due to the COVID pandemic, there are currently only 153 students living on residence out of which 64 are international students. 115 are FY and 38 are UY. As of now, there are 149 students registered for the winter term.

Due to the pandemic, only single rooms have been occupied – there is reduced occupancy, with increased cleaning of all public spaces. Common areas are closed. Greg also spoke about the various residence supports that are offered to students on campus such as residence counsellor, off campus resources, outdoor movie night, care packages, grocery deliveries etc. Greg also discussed the new residence that is coming up.

5. Adjournment

Moved: Eesha C

Seconded: Desmond P

All in favour. Meeting adjourned.