Install VPN client on Mac OS

Step1:

Download Tunnelblick beta release from https://tunnelblick.net/downloads.html

Double click to install, click Install to proceed with the installation.
Step 2:

Provide your Mac login password to authorize.

Step 3:

When install has finished, click Launch to launch Tunnelblick.
Step 4:

When asked configuration file, click “I have configuration file”

Step 5:

Download the UTSC OpenVPN config file from following URL and unzip it.

https://hive.utsc.utoronto.ca/protected/utor/iits/utscvpnconfig.zip

When the “Add a Configuration” window show up, click “Done” and double click the files you just downloaded.
Step 6:

Choose the user to install configuration for. You can select “Only Me”

Step 7:

Provide your Mac login password to authorize.
Step 8:

Click "OK" when configuration install successfully.
Connect to the VPN server on Mac OS

Step1:
Tunnelblick has placed an icon in the menu bar. Click on it and select VPN Details.

Step2:
Select the openvpn version 2.3.4 above.
Step 3:

Click on the Tunnelblick icon in the menu bar and select Connect Pfsense-udp-1194-pfsense.utsc.utoronto.ca to connect to utsc vpn.

Step 4:

Enter your UTORID and UTORID password to connect.