Christmas Eve Schedule

Fitness Centre
8:00am – 3:30pm

GYM 1: Basketball
9:00am-3:15pm (All Ages)

GYM 2: Badminton/Table Tennis
9:00am-3:15pm

GYM 3 & 4
Closed

Climbing Wall
10:00am-3:00pm

Group Fitness
10am-11am Cycling with Jessica (Studio 3)
12pm-1pm Bootcamp with Chris (Fitness Centre)

Lane Swim
8:30am-3:30pm

Leisure Swim
1:30pm-3:30pm

Walking Track
8:00am-11:00am

Saturday, December 24th
Building Hours 8am-4pm
Christmas Day Schedule

Fitness Centre
8:00am – 3:30pm

GYM 1: Basketball
8:30am-3:15pm (10-14 years old)

GYM 2: Badminton/Table Tennis
8:30am-3:30pm

GYM 3: Basketball
8:30am-3:30pm (15+ years old)

GYM 4: Family Sport
8:30am-3:30pm

Climbing Wall
10:00am-3:00pm

Group Fitness
10am-11am Bootcamp with Mischa (Fitness Centre)

Lane Swim
8:30am-3:30pm

Leisure Swim
1:30pm-3:30pm

Walking Track
8:00am-11:00am

Sunday, December 25th
Building Hours 8am-4pm
Boxing Day Schedule

Fitness Centre
8:00am – 3:30pm

GYM 1: Basketball
8:30am-3:15pm (10-14 years old)

GYM 2: Badminton/Table Tennis
8:30am-3:30pm

GYM 3: Basketball
8:30am-3:30pm (15+ years old)

GYM 4: Family Sport
8:30am-3:30pm

Climbing Wall
10:00am-3:00pm

Group Fitness
10am-11am Cycling with Jessica (Studio 3)
12pm-1pm Bootcamp with Paul (Fitness Centre)

Lane Swim
8:30am-3:30pm

Leisure Swim
1:30pm-3:30pm

Walking Track
8:00am-11:00am
New Year’s Eve Schedule

Fitness Centre
8:00am – 3:30pm

GYM 1 & 2: Closed
GYM 3: Basketball
9:00am-12:00pm (10-14 years old)
12:15pm-3:15pm (15+ years old)
GYM 4: Badminton/Table Tennis
8:30am-3:30pm

Climbing Wall
10:00am-3:00pm

Group Fitness
10am-11am Pilates with Eike (Studio 2)
12pm-1pm Bootcamp with Chris (Fitness Centre)

Lane Swim
8:30am-3:30pm
Leisure Swim
1:30pm-3:30pm
Walking Track
8:00am-11:00am
New Year’s Day Schedule

Fitness Centre
8:00am – 3:30pm

GYM 1: Basketball
8:30am-3:15pm (10-14 years old)

GYM 2: Badminton/Table Tennis
8:30am-3:30pm

GYM 3: Basketball
8:30am-3:30pm (15+ years old)

GYM 4: Family Sport
8:30am-3:30pm

Climbing Wall
10:00am-3:00pm

Group Fitness
10am-11am Bootcamp with Tian (Fitness Centre)

Lane Swim
8:30am-3:30pm

Leisure Swim
1:30pm-3:30pm

Walking Track
8:00am-11:00am